

COLONIAL LEAGUE WINTER 2020-2021 GAME DAY ACTION PLANS

General:

- Prior to each scrimmage or contest, the Athletic Trainer (preferred) or their adult designee will:
 - Collect each coach, player, team personnel, etc. “screening form”.
 - Hard Copy or Electronic Copy
 - Perform a temperature check with a forehead or touchless thermometer.
 - Temperature greater than 100.4 for children and greater than 100 for individuals over the age of 18 is considered a fever.
 - Traveling school’s representative will complete the “[Colonial League COVID-19 Travel Screening Verification Form](#)” and sign verifying all team personnel were screened and cleared.
 - Provide the Travel Screening Verification Form to the Team to take with them on the trip.
 - Upon arrival at the facility, the Head Coach will provide the Travel Screening Verification Form to the Host Athletic Trainer or their designee.
 - If schools have student-athletes or coaches not traveling with the team then it will be that student-athlete’s responsibility to either bring their completed “school screening questionnaire form” or complete the host school’s screening questionnaire form and present it to the host site Athletic Trainer and/or their designee. Upon submission, host site Athletic Trainer or their designee will perform the temperature check.
 - All PIAA referees will complete the “[Colonial League COVID-19 Questionnaire Screening Form](#)” prior to arriving at the facility. Upon arrival, they will turn the form into the athletic trainer or their designee. Upon submission, host site Athletic Trainer or their designee will perform the temperature check.
- LVHN is the proud sports medicine partner of The Colonial League and has provided the following “[Guidelines for Returning to Sport Competition](#)”.
- The PIAA has also provided general and sport specific “[Return to Competition Guidelines](#)”
- Coaches, Players, Referees, Event Staff, Spectators, etc. MUST all wear a face covering at all times, including during competition and practice.
- Provide Hand Sanitizing Stations for both teams and referees.
- Provide Option(s) for Refilling Stations for both teams and referees.
 - If touchless cannot be provided, a single dedicated person should be placed in charge of refilling.
 - Traveling Teams should still bring their own drinking vessels.
- Post Game handshakes / high fives are prohibited.
- Pregame Conference Procedures:
 - Limit conference to one official, head coach from each team, and single captain.
 - No handshakes.
 - Maintain social distancing throughout the conference.

Spectator General Guidelines:

- Follow updated guidance from the Governor's Office.
- All sporting events must adhere to the gathering limitations set forth by PA Dept. of Health.
 - The facility as a whole cannot exceed 10% of total occupancy otherwise permitted by law.
 - ALL individuals present at the facility count towards the gathering limitations.
 - See sport specific Spectator Plan below.
- Currently, spectators are not permitted at any contest with the exception of special events such as senior nights, 1,000 point scorers, 100 wrestling wins, etc.
 - All spectators will be required to wear a mask at all times unless the individual falls under an exception listed in [Section 3 of Universal Face Covering Order](#).
 - Individuals who cannot wear a mask due to a medical condition, including those with respiratory issues that impede breathing, mental health condition, or disability.
 - Individuals who are unable to remove a mask without assistance.
 - Individuals two (2) years of age and under.
 - Individuals who are communicating or seeking to communicate with someone who is hearing impaired or has another disability, where the ability to see the mouth is essential for communications.
 - Household family members may sit in clusters closer than the social distancing standard of 6 feet.
 - Spectators should not enter bench areas or competition areas and must exit the facility immediately following the conclusion of the contest.
 - Meeting the teams as they come off the court / mat will not be permitted..
- Limit cash transactions to the extent possible.
 - Find alternative ways to charge admission and pay for concessions
- If operating concession stands or distributing food, must adhere to [Guidance for Businesses in the Restaurant Industry](#).

Colonial League Plan for Sport Specific Spectator Management:

- Basketball & Wrestling
 - All Spectators prohibited at this time with the exception of senior nights, 1,000 point scorers, 100 wrestling wins, etc.
 - If spectators are eventually permitted:
 - Host School Spectator Procedures will apply.
 - Spectators attending a game as part of a doubleheader or tripleheader should exit the facility if they do not have a family member playing in the subsequent games.
 - Exchange of money should be avoided according to the Governor's Guidance.
 - Ticket Sales are discouraged.
 - Live Streaming of events is strongly encouraged by host schools for all levels whenever possible.

Sport Specific Procedures:

Basketball

- Team benches should allow for bench players & coaches to be socially distanced (6 feet).
 - Use of bleachers as team areas is strongly encouraged.
- No locker room usage.
 - Visiting Teams must come dressed.
 - At halftime, away teams will remain in the bench area / court area.
 - Teams must provide their own white boards.
- Pregame Conference:
 - Limit attendees to the referee, the head coach from each team, and a single captain from each team.
 - Will take place at midcourt.
 - Suspend handshakes prior to and following the Pregame Conference.
- Scorer's Table:
 - Limited to essential personnel which includes home team scorer, announcer, and timer with a recommended distance of 6 feet between individuals.
 - Visiting team personnel (scorer, statisticians, etc.) are not deemed essential personnel and will be provided an alternative location in close proximity to the scorer's table.
 - Host school will provide hand sanitizer at the table for all participants.
- Other:
 - Standard Media Time-Outs will be utilized to provide players and referees with "mask breaks".
 - One (1) 70 second media time-out each quarter. This time-out shall occur at the first stoppage of play. Time out length may be altered by game management under the 4:00 mark (or the 3:00 mark for games that are 6-minute quarter length).
 - There will be NO media time-out used in any extra period(s).
 - If the stoppage will result in free throws, the media timeout shall be granted and the free throws will be taken after the expiration of the media timeout.
 - If the first stoppage under 4/3 minutes is for a team called time-out, this time-out will be granted but will not become the media time-out. On the next stoppage of play the media time-out will be taken.
 - Warm-up balls will be provided by the host school.
 - No post game shaking hands.
 - Line-Up foul line extended in front of bench and acknowledge opponents.
 - Face coverings are **required at ALL times** for coaches, players, referees, spectators, and event staff.
 - Teams may refuse to compete against opponents who have decided to not wear face coverings.
 - If a team or member of a team is not wearing a face covering, that Athletic Director must notify their opponent's Athletic Director at least 24 hours in advance of the contest to discuss the situation.
 - Host school Athletic Trainer to provide sanitizer for basketballs.
 - Host school will provide basketball for warm-ups.
 - Visiting teams have the option of bringing their own basketball for warm-ups.

- Overtime periods will NOT be played in sub-varsity contests.
- Visiting Team Cheerleaders & Visiting Team Pep Bands will NOT be permitted.
- Traditional Introduction of Starting Line-ups should be adapted:
 - Spread all players out.
 - Eliminate shaking hands / fist bumping of opposing coach and referees.
 - Eliminate running through “gauntlet” of teammates and physical contact “routines” after being introduced.

Wrestling

- Pregame Conference
 - Limit pregame conference attendees to one referee, the head coach from each team, and a single captain from each team.
 - Location at center of mat.
 - All individuals should maintain a social distance of 6 feet.
 - No handshakes prior to and following the Pregame Conference.
- Team areas should have chairs 6 feet apart OR schools may utilize their bleachers to maintain social distancing of wrestlers.
 - Interaction of spectators with student-athletes is strongly discouraged.
- Limited Locker Room Use
 - Visiting Team should come dressed whenever possible.
 - Locker Room Use should be restricted to post bout showers.
- Scorer’s Table
 - Limit scorers table to essential personnel who includes home team scorer, announcer, and timer with a recommended distance of 6 feet between individuals.
 - Visiting team personnel (scorer, statisticians, etc.) are not deemed essential personnel and will be provided an alternative location in close proximity to the scorer’s table.
- Weigh - Ins:
 - Teams will stage in an area where social distancing can be achieved.
 - Host school will determine weigh-in procedures to allow for social distancing of wrestlers, coaches, and referees.
 - Teams will NOT weigh-in shoulder to shoulder for the 2020-2021 season and will instead weigh-in by team.
- Other
 - No post game shaking hands.
 - Line-up on your team's side of the mat and acknowledge your opponent.
 - Face coverings are **required at ALL times** for coaches, wrestlers, referees, spectators, and event staff.
 - Teams may refuse to compete against opponents who have decided to not wear face coverings.
 - If a team or member of a team is not wearing a face covering, that Athletic Director must notify their opponent’s Athletic Director at least 24 hours in advance of the contest to discuss the situation.
 - Mats should be sanitized prior to the Jr. High match and again prior to the Varsity match.
 - Host schools should make showers available to all wrestlers after each bout OR Kenshield Cleaning Wipes

- (<https://kennedyindustries.com/kennedy-athletic-body-cleaning-wipes/>) .
- Individual schools are responsible for supervising their own teams and to make sure their respective health & safety plans are adhered to.
- Eliminate introduction of starting lineups.
 - Wrestlers competing in the bout can be introduced just prior to the bout.
 - When meeting in the circle upon introduction, fist bump instead of hand shake.