

**COLONIAL LEAGUE**

**GIRL'S VOLLEYBALL RULES AND REGULATIONS**

1. Varsity matches shall start fifteen (15) minutes after the termination of the Junior Varsity match game, but should not start prior to the advertised start time. The timer is to begin running the clock for varsity warm-ups as soon as the floor clears at the conclusion of the JV contest.
  - a. The length of JV matches will be the best 2 out of 3 sets. The first JV team to win 2 sets is declared the winner and the match is over. All sets shall be 25 points with no cap and a team must win by 2 points. The third set shall not be played unless it is necessary to determine the winner of a match.
  - b. The length of Varsity matches will be the best 3 out of 5 sets. The first team to win 3 sets is declared the winner and the match is over. The 4th and 5th sets shall not be played unless it is necessary to determine the winner of the match.
  - c. The first 4 sets of a Varsity match shall be 25 points with no cap and a team must win by 2 points. The 5th, and deciding set, if necessary, shall be 15 points with no cap and a team must win by 2 points.
2. Varsity players are to report promptly to the playing floor upon completion of the JV match. All players must be in uniform prior to taking the court for warm-ups. Warm-ups prior to the JV and Varsity matches will be as follows:
  - a) 6 minutes of shared court time
  - b) 7 minutes hitting time for the serving team
  - c) 7 minutes hitting time for the receiving team
  - d) Please note that prior to the JV match, only JV players should be warming up and prior to the Varsity match, only Varsity players should be warming up.
3. Scoreboard operators, Scorekeepers, Libero trackers, and Line Judges should be responsible adults. When it is physically possible, the scorekeeper from each school must sit next to each other at the scorer's table.
4. Seating on the players' bench shall be limited to players, coaches, faculty, student managers, a doctor, if possible, and a trainer.
5. No noisemakers or individual banners will be permitted at any Colonial League volleyball game. Recorded music is permitted at volleyball games with the following conditions:
  - a) Home team only may have recorded music at regular season games only.

- b) Music may be played during pre-game, intermissions, and home team time-outs only.
6. Seats for the visiting JV players are to be provided behind the varsity bench.
  7. It is recommended that member schools establish a policy restricting fan movement during the varsity game.
  8. The coach and/or scorekeeper of the home team is responsible to submit the results of the contest using the Statistician Submission Form on the Colonial League website. These results must be reported on the same day the competition took place.
  9. The Colonial League prohibits the use of tobacco and/or tobacco products by participating and non-participating team personnel, including coaches, during any interscholastic athletic contest at any level of interscholastic athletic competition.
  10. The home team should provide a minimum of twelve (12) good volleyballs for visiting teams to use for warm-ups.
  11. Any ball approved by the National Federation will be accepted as an official game ball and shall be provided by the home team.
  12. The teams with the best 2 regular season league records will play for the Colonial League Championship in a best 3 out of 5 match at a neutral site to be determined by the league on a date to be determined by the league.
    - a) Ties in the standings will be broken using the following procedure in order:
      - i. Best overall league record.
      - ii. Head to Head Competition of all tied teams.
      - iii. Win/Loss Record of all tied teams against any team already qualified for the tournament.
      - iv. Home Record vs. league opponents.
      - v. One match playoff.

Miscellaneous:

1. Starting Times:

	<b>Saturdays</b>	<b>Evenings</b>	<b>Afternoons</b>
<b>JV</b>	10:00 AM	6:00 PM	4:30 PM
<b>Varsity</b>	11:15 AM	7:15 PM	5:45 PM