

2007 Colonial League Championship Meet - 3/10/2007
Memorial Park, Bangor Pennsylvania
Bangor Memorial Park, Bangor Pennsylvania
Results

Girls 100 Meter Dash**8 Advance: Top 2 Each Heat plus Next 2 Best Times**

Meet Record: @ 12.10 1984 Debbie Linton, Catasauqua

Name	Year School	Prelims	H#
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Preliminaries

1 Angulo, Allie	Bangor	12.4Q	1
2 Delong, Rebecca	NL Girls	12.7Q	2
2 Hahn, Breanna	Palisades	12.7Q	2
4 Freidl, Caitlin	WIL	13.1Q	3
5 Nemeth, Liz	Southern Lehigh	12.9Q	1
6 Klein, Lauren	Palisades	13.4Q	3
7 Bromfield, Liz	Saucon Valley Girls	13.0q	2
8 Taschler, Nicole	Nwlg	13.1q	1
9 Berry, Laura	Bangor	13.3	2
10 Schlofer, Steph	Catasauqua	13.4	3
11 Brown, Arielle	Catasauqua	13.4	1
12 Albright, Jessica	Salisbury Track	13.4	1
13 Mish, Alexa	Nwlg	13.5	2
14 Foster, Brianna	Blue Bombers	13.7	1
15 Adams, Tasia	Palisades	13.7	2
16 Boorse, Alex	Southern Lehigh	13.8	3
17 DaSilva, Danielle	Saucon Valley Girls	13.9	1
18 Letlow, Jade	Salisbury Track	14.0	1
19 Johnson, A	Saucon Valley Girls	14.0	3
20 Labert, Kris	Southern Lehigh	14.0	3
21 Labar, Allegra	Bangor	14.1	3
21 Iobst, Lauren	WIL	14.1	3
23 Carita, Carlin	WIL	14.2	2
24 Gerbino, Nina	WIL	14.3	2

Girls 100 Meter Dash

Meet Record: @ 12.10 1984 Debbie Linton, Catasauqua

Name	Year School	Finals	Points
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Finals

1 Angulo, Allie	Bangor	12.7	10
2 Delong, Rebecca	NL Girls	12.7	8
3 Hahn, Breanna	Palisades	12.8	6
4 Nemeth, Liz	Southern Lehigh	12.9	5
5 Bromfield, Liz	Saucon Valley Girls	13.2	4
6 Taschler, Nicole	Nwlg	13.2	3
7 Klein, Lauren	Palisades	13.4	2

Girls 200 Meter Dash**8 Advance: Top 2 Each Heat plus Next 2 Best Times**

Meet Record: @ 25.70 1989 Jen Gerstemeier, Palisades

Name	Year School	Prelims	H#
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Preliminaries

1 Ord, Casey	Blue Bombers	25.9Q	3
2 Angulo, Allie	Bangor	26.0Q	2
3 Hahn, Breanna	Palisades	26.4Q	1
4 Klein, Lauren	Palisades	26.9Q	1
5 Nemeth, Liz	Southern Lehigh	27.0Q	2
6 Bromfield, Liz	Saucon Valley Girls	27.1Q	3
6 Berry, Laura	Bangor	27.1Q	3

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8 Taschler, Nicole	Nwlg	27.6q	1
9 Schlofer, Steph	Catasauqua	27.9	1
10 Flesher, Kristi	Saucon Valley Girls	28.4	2
11 Johnson, Ariel	Saucon Valley Girls	28.7	3
12 Dooley, Kim	NL Girls	28.8	1
13 Labert, Kris	Southern Lehigh	28.8	2
14 Albright, Jessica	Salisbury Track	28.8	2
15 Iobst, Lauren	WIL	28.9	2
16 Boorse, Alex	Southern Lehigh	29.0	3
17 Coulson, Sammy Jo	Southern Lehigh	29.4	3
17 Dougherty, Samantha	Palisades	29.4	1
19 Labar, Allegra	Bangor	29.6	1
20 Arnold, Ashleigh	NL Girls	29.6	3
20 Wehr, Katrina	NL Girls	29.6	3
22 Gerbino, Nina	WIL	29.9	2
23 Kolowitz, Lauren	Salisbury Track	32.8	1

Girls 200 Meter Dash

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 Meet Record: @ 25.70 1989 Jen Gerstemeier, Palisades

Name	Year School	Finals	Points
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Finals

1 Ord, Casey	Blue Bombers	25.7@	10
2 Angulo, Allie	Bangor	26.4	8
3 Klein, Lauren	Palisades	26.7	6
4 Hahn, Breanna	Palisades	26.8	5
5 Berry, Laura	Bangor	27.5	4
6 Bromfield, Liz	Saucon Valley Girls	27.7	3
7 Nemeth, Liz	Southern Lehigh	27.8	2
8 Taschler, Nicole	Nwlg	28.6	1

Girls 400 Meter Dash

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 Meet Record: @ 58.00 1980 Sherry Hershey, Saucon Valley

Name	Year School	Finals	H#	Points
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1 Nemeth, Liz	Southern Lehigh	1:00.9	2	10
2 Schoffstall, Sarah	Nwlg	1:01.9	2	8
3 Berry, Laura	Bangor	1:02.5	2	6
4 Coulson, Sammy Jo	Southern Lehigh	1:03.6	2	5
5 Iobst, Lauren	WIL	1:03.6	2	4
6 Buhay, Deanna	Saucon Valley Girls	1:04.2	2	3
7 Dooley, Kim	NL Girls	1:04.4	2	2
8 Green, Bronwyn	Blue Bombers	1:05.0	1	1
9 Gornick, Danielle	Bangor	1:05.3	1	
10 Brown, Alyssa	Salisbury Track	1:05.7	1	
11 Wehr, Katrina	NL Girls	1:06.0	2	
12 Labar, Allegra	Bangor	1:07.2	1	
13 Garr, Alysia	ND	1:07.4	1	
14 Gerbino, Nina	WIL	1:09.6	1	

Girls 800 Meter Run

Name	Year School	Finals	Points
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1 Bearish, Steph	Southern Lehigh	2:27.3	10
2 Fransico, Emily	Bangor	2:29.4	8
3 Gordon, Amie	Southern Lehigh	2:30.2	6
4 Heffelfinger, Jessica	Blue Bombers	2:32.0	5
5 Stauffer, Sasha	Catasauqua	2:32.7	4

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6 Payung, Ashley	Saucon Valley Girls	2:33.3	3
7 Ziegenfuss, Sarah	Bangor	2:34.6	2
8 Wehr, Kina	Nwlg	2:36.2	1
9 Stensen, Kiera	Palisades	2:36.7	
10 Paskewicz, Mary Beth	Saucon Valley Girls	2:38.6	
11 Holby, Katy	Palisades	2:39.2	
12 Gosciniak, Gabrielle	ND	2:39.9	
13 Schilling, Victoria	Palisades	2:40.3	
14 Mullen, Nicole	NL Girls	2:40.7	
15 Koegler, Katherine	ND	2:43.3	
16 Kluskiewicz, Paula	Palisades	2:43.7	
17 Pazzaglia, Sara	Saucon Valley Girls	2:43.8	
18 Kudla, Megan	Southern Lehigh	2:44.0	
19 Gallagher, Kelsey	NL Girls	2:45.8	
20 Mulicka, Deanna	Saucon Valley Girls	2:45.9	
21 Singer, Ashley	WIL	2:46.7	
-- DiBenedetto, Brooke	Pen Argyl	NT	

Girls 1600 Meter Run

=====
 Meet Record: @ 5:00.40 1987 Sue Kozelnicky, Southern Lehigh
 Name Year School Finals Points
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1 Bearish, Steph	Southern Lehigh	5:23.6	10
2 Constant, Allison	ND	5:32.9	8
3 DiBenedetto, Brooke	Pen Argyl	5:41.2	6
4 Glueck, Alyssa	Bangor	5:49.8	5
5 Naughton, Shelby	Salisbury Track	5:50.4	4
6 Hamrick, Cassandra	Palisades	5:51.7	3
7 Jensen, Amanda	Bangor	5:52.6	2
8 Singer, Ashley	WIL	5:55.5	1
9 Gosciniak, Gabrielle	ND	5:58.3	
10 McDevitt, Briana	Palisades	5:58.9	
11 Mays, Allison	Nwlg	5:59.3	
12 Malloy, Maria	Southern Lehigh	5:59.6	
13 Pazzaglia, Sara	Saucon Valley Girls	6:01.1	
14 Wagner, Jessica	NL Girls	6:01.5	
15 Mulicka, Deanna	Saucon Valley Girls	6:01.8	
16 Drzewicki, Melissa	WIL	6:02.8	

Girls 3200 Meter Run

=====
 Meet Record: @ 11:22.80 1985 Sue Kozelnicky, Southern Lehigh
 Name Year School Finals Points
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1 Constant, Allison	ND	12:21.5	10
2 Jensen, Amanda	Bangor	12:39.3	8
3 Payung, Ashley	Saucon Valley Girls	12:43.7	6
4 Pryor, Steph	NL Girls	12:48.2	5
5 Malloy, Maria	Southern Lehigh	12:49.3	4
6 Hamrick, Cassandra	Palisades	12:51.5	3
7 Naughton, Shelby	Salisbury Track	12:56.8	2
8 McDevitt, Briana	Palisades	13:02.8	1
9 Mays, Allison	Nwlg	13:08.1	
10 Lower, Lisa	Blue Bombers	13:14.7	
11 Elphick, Heather	Pen Argyl	13:19.8	
12 Glueck, Alyssa	Bangor	13:40.2	
13 Snyder, Hollie	Catasauqua	13:48.9	
14 Drzewicki, Melissa	WIL	13:55.5	
15 Hughes, Samantha	ND	14:04.1	

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16 Ott, Abby Bangor 14:11.1

Girls 100 Meter Hurdles**8 Advance: Top 2 Each Heat plus Next 2 Best Times**

Name	Year School	Prelims	H#
Preliminaries			
1 Brokaw, Alyson	Palisades	15.6Q	3
2 Serafin, Alyson	NL Girls	16.3Q	2
3 Vanek, Caitlin	WIL	16.8Q	1
4 Salvemini, Gabby	Bangor	17.2Q	2
5 Billig, Julie	Nwlg	17.3Q	3
6 Brown, Heather	Palisades	17.9Q	1
7 Mulicka, Tanya	Saucon Valley Girls	17.8q	3
8 Hilton, Aimee	Palisades	17.9q	2
9 Metzger, Alli	Southern Lehigh	18.6	3
10 Nesbitt, Lauren	ND	18.7	2
11 Darling, Amanda	Bangor	18.7	1
12 DeVivo, Amy	ND	18.9	3
13 Kulp, Megan	Catasauqua	19.0	1
14 Young, Bree Ann	Palisades	19.8	3
14 Letlow, Jade	Salisbury Track	19.8	3
16 Ramos, Ariel	Blue Bombers	20.1	3
-- McCoy, Mel	NL Girls	NT	1
-- Colson, Amber	WIL	NT	2
-- Krupp, Regina	NL Girls	NT	1
-- Stauffer, Sasha	Catasauqua	NT	2
-- Cicalese, Natalie	WIL	NT	2
-- Solt, Taryn	Blue Bombers	NT	2
-- Senters, Kelly	Southern Lehigh	NT	1

Girls 100 Meter Hurdles

Name	Year School	Finals	Points
Finals			
1 Brokaw, Alyson	Palisades	15.4	10
2 Serafin, Alyson	NL Girls	15.6	8
3 Vanek, Caitlin	WIL	16.4	6
4 Salvemini, Gabby	Bangor	16.9	5
5 Billig, Julie	Nwlg	17.2	4
6 Mulicka, Tanya	Saucon Valley Girls	17.9	3
7 Hilton, Aimee	Palisades	18.1	2
8 Brown, Heather	Palisades	18.4	1

Girls 300 Meter Hurdles

Meet Record: @ 45.00 1984 Debbie Linton, Catasauqua

Name	Year School	Finals	H#	Points
1 Salvemini, Gabby	Bangor	48.9	2	10
2 Mulicka, Tanya	Saucon Valley Girls	49.6	2	8
3 Senters, Kelly	Southern Lehigh	50.2	2	6
4 Serafin, Alyson	NL Girls	50.3	2	5
5 Brokaw, Alyson	Palisades	50.4	2	4
6 Wilson, Davi	Southern Lehigh	50.6	1	3
7 Billig, Julie	Nwlg	50.9	2	2
8 Nesbitt, Lauren	ND	51.9	1	1
9 Hilton, Aimee	Palisades	52.8	2	
10 Pennington, Roxanne	Bangor	52.9	2	

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11 Harmon, Kayley	Nwlg	53.3	1
12 Brown, Heather	Palisades	53.5	1
13 Green, Bronwyn	Blue Bombers	53.7	1
14 Smith, Katie	WIL	55.2	1
15 Letlow, Jade	Salisbury Track	56.6	1

Girls 4x100 Meter Relay

Meet Record: @ 50.60 2002 Palisades, Palisades
School Finals H# Points

1 Bangor	53.0	2	10
1) Poliskiewicz, Tori	2) Berry, Laura		
3) Hahn, Ashley	4) Angulo, Allie		
2 Northern Lehigh Girls	53.1	2	8
1) Farber, Kala	2) Dooley, Kim		
3) Serafin, Alyson	4) Delong, Rebecca		
3 Palisades	53.4	2	6
1) Adams, Tasia	2) Klein, Lauren		
3) Hahn, Breanna	4) Tange, Kaitlyn		
4 Northwestern Lehigh Girls	54.0	2	5
1) Taschler, Nicole	2) Everett, Alyssa		
3) Mish, Alexa	4) Hicks, Robbie		
5 Saucon Valley Girls	54.2	2	4
1) Johnson, Ariel	2) DaSilva, Danielle		
3) Buhay, Deanna	4) Wentz, Samantha		
6 Southern Lehigh	55.7	2	3
1) Boorse, Alex	2) Trump, Kaitlyn		
3) Thompson, Sonja	4) Labert, Kris		
7 Salisbury Track & Field	57.9	1	2
1) Letlow, Jade	2) Kolowitz, Lauren		
3) Zovko, Abigayle	4) Albright, Jess		
8 Notre Dame H.S. Green Pond	57.9	1	1
1) Garr, Alysia	2) Caffrey, Julie		
3) Finegan, Tara	4) DeVivo, Amy		
-- Palmerton Area High School	DQ		1
1) Ringler, Maria	2) Koller, Jocelyn		
3) Billig, Amanda	4) Foster, Brianna		

Girls 4x400 Meter Relay

Meet Record: @ 4:08.00 1986 Palisades, Palisades
School Finals Points

1 Southern Lehigh	4:13.1	10
1) Coulson, Sammy Jo	2) Bearish, Steph	
3) Senters, Kelly	4) Nemeth, Liz	
2 Northwestern Lehigh Girls	4:20.9	8
1) Everett, Alyssa	2) Hicks, Robbie	
3) Mish, Alexa	4) Schoffstall, Sarah	
3 Saucon Valley Girls	4:22.0	6
1) Mulicka, Tanya	2) Flesher, Kristi	
3) Johnson, Ariel	4) Buhay, Deanna	
4 Bangor	4:22.7	5
1) Gornick, Danielle	2) Ziegenfuss, Sarah	
3) Fransico, Emily	4) Fransico, Abbey	
5 Notre Dame H.S. Green Pond	4:29.5	4
1) Garr, Alysia	2) Gosciniak, Gabrielle	
3) Nesbitt, Lauren	4) DeVivo, Amy	
6 Palisades	4:31.3	3

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1) Stensen, Kiera	2) Dougherty, Samantha
3) Adams, Tasia	4) Klein, Lauren
7 Northern Lehigh Girls	4:31.6 2
1) Mullen, Nicole	2) Dooley, Kim
3) Gallagher, Kelsey	4) Wehr, Katrina
8 Wilson Area High School	4:49.1 1
1) Singer, Ashley	2) Gerbino, Nina
3) Iobst, Lauren	4) Freidl, Caitlin

Girls 4x800 Meter Relay

Meet Record: @ 9:41.10 1986 Southern Lehigh, Southern Lehigh
 School Finals Points

1 Bangor	10:10.9 10
1) Ziegenfuss, Sarah	2) Fransico, Abbey
3) Glueck, Alyssa	4) Fransico, Emily
2 Saucon Valley Girls	10:24.2 8
1) Mulicka, Deanna	2) Pazzaglia, Sara
3) Paskewicz, Mary Beth	4) Payung, Ashley
3 Southern Lehigh	10:37.7 6
1) Malloy, Maria	2) Kudla, Megan
3) Gordon, Amie	4) Bearish, Steph
4 Notre Dame H.S. Green Pond	11:02.2 5
1) Gosciniak, Gabrielle	2) Koegler, Katherine
3) Hughes, Samantha	4) Constant, Allison
5 Palisades	11:07.7 4
1) Schilling, Victoria	2) Stensen, Kiera
3) Kluskiewicz, Paula	4) Holby, Katy
6 Northern Lehigh Girls	11:13.0 3
1) Mullen, Nicole	2) Gallagher, Kelsey
3) Wagner, Elizabeth	4) Pryor, Steph
7 Northwestern Lehigh Girls	11:25.0 2
1) Miller, Kelsey	2) Hudak, Lea
3) Bockman, Lindsay	4) Wehr, Kina

Girls High Jump

Meet Record: @ 5-09.75 1988 Leslie Lippincott, Palisades
 Name Year School Finals Points

1 Binder, Sarah	Blue Bombers	5-03.00	10
2 Serafin, Alyson	NL Girls	4-10.00	7
2 Heffelfinger, Jessica	Blue Bombers	4-10.00	7
4 Sauerzopf, Kelly	Saucon Valley Girls	4-08.00	4.50
4 Siegfried, Cara	WIL	4-08.00	4.50
6 Wentz, Samantha	Saucon Valley Girls	4-08.00	3
7 Derck, Pam	Bangor	4-08.00	2
8 Moran, Elizabeth	Palisades	4-06.00	0.20
8 Quinn, Kayleigh	WIL	4-06.00	0.20
8 George, Erin	NL Girls	4-06.00	0.20
8 Delong, Rebecca	NL Girls	4-06.00	0.20
8 Detweilwer, Kirsten	Bangor	4-06.00	0.20
13 Hicks, Robbie	Nwlg	4-06.00	
13 Bartholomew, Nicole	Salisbury Track	4-06.00	
15 Talijan, Amanda	ND	4-04.00	
15 Bonisese, Morgan	Pen Argyl	4-04.00	

Girls Pole Vault

Meet Record: @ 9-06 2000 Tara Gemmel, Catasauqua

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Name	Year School	Finals	Points
1 Weber, Steph	Catasauqua	11-06.00@	10
2 Adams, Whitney	Nwlg	9-00.00	8
3 Poliskiewicz, Tori	Bangor	8-06.00	5.50
3 Eldridge, Molly	Saucon Valley Girls	8-06.00	5.50
5 Olexson, Aleyna	WIL	8-06.00	4
6 Stubitz, Laura	Catasauqua	8-06.00	3
7 Humes, Brandi	Nwlg	8-00.00	2
8 Weber, Chantelle	Salisbury Track	8-00.00	1
9 Holby, Katy	Palisades	8-00.00	
10 Springer, Kayla	Salisbury Track	7-06.00	
11 Ott, Abby	Bangor	7-06.00	
12 Elphick, Heather	Pen Argyl	7-00.00	
13 Paskewicz, Emily	Saucon Valley Girls	6-06.00	
-- Rice, Sarah	Pen Argyl	NH	

Girls Long Jump**Top 9 Advance by Time**

Meet Record: @ 17-05 7504 Lori James Megan Welsh, Catas

Name	Year School	Prelims
Preliminaries		
1 Angulo, Allie	Bangor	17-04.50q
2 Vanek, Caitlin	WIL	16-10.25q
3 Ord, Casey	Blue Bombers	16-07.50q
4 Delong, Rebecca	NL Girls	16-03.50q
5 Bromfield, Liz	Saucon Valley Girls	16-02.50q
6 Hahn, Breanna	Palisades	15-04.00q
7 Salvemini, Gabby	Bangor	15-02.75q
8 Mulitsch, Mariah	Bangor	15-02.00q
9 Bartholomew, Nicole	Salisbury Track	14-10.75q
10 Brokaw, Alyson	Palisades	14-09.25
11 Springer, Kayla	Salisbury Track	14-09.00
12 Harmon, Kayley	Nwlg	14-06.50
13 Trump, Kaitlyn	Southern Lehigh	13-06.00
14 Quinn, Kayleigh	WIL	13-00.50
15 Geiger, Kristin	NL Girls	12-02.00

Girls Long Jump

Meet Record: @ 17-05 7504 Lori James Megan Welsh, Catasauqua P

Name	Year School	Finals	Points
Finals			
1 Angulo, Allie	Bangor	17-04.50	10
2 Vanek, Caitlin	WIL	16-10.25	8
3 Ord, Casey	Blue Bombers	16-07.50	6
4 Delong, Rebecca	NL Girls	16-07.00	5
5 Bromfield, Liz	Saucon Valley Girls	16-02.50	4
6 Hahn, Breanna	Palisades	15-08.50	3
7 Mulitsch, Mariah	Bangor	15-04.00	2
8 Salvemini, Gabby	Bangor	15-02.75	1
9 Bartholomew, Nicole	Salisbury Track	14-10.75	

Girls Triple Jump**Top 9 Advance by Time**

Meet Record: @ 37-07.75 1978 Lori James, Catasauqua

Name	Year School	Prelims
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Preliminaries

1 Ord, Casey	Blue Bombers	35-10.50q
2 Vanek, Caitlin	WIL	35-06.25q
3 Bromfield, Liz	Saucon Valley Girls	33-01.50q
4 Salvemini, Gabby	Bangor	33-00.50q
5 Wentz, Samantha	Saucon Valley Girls	32-03.00q
6 Mulitsch, Mariah	Bangor	32-02.75q
7 Harmon, Kayley	Nwlg	31-09.00q
8 Springer, Kayla	Salisbury Track	30-10.50q
9 Bodisch, Sierra	ND	30-07.75q
10 Quinn, Kayleigh	WIL	30-00.00
11 Binder, Sarah	Blue Bombers	29-11.50
12 Siegfried, Cara	WIL	29-06.50
13 Geiger, Kristin	NL Girls	28-11.50
14 Derck, Pam	Bangor	28-07.75
15 George, Erin	NL Girls	28-03.00
16 Moran, Elizabeth	Palisades	27-11.50

Girls Triple Jump

Meet Record: @ 37-07.75 1978 Lori James, Catasauqua
 Name Year School Finals Points

Finals

1 Ord, Casey	Blue Bombers	35-10.50	10
2 Vanek, Caitlin	WIL	35-06.25	8
3 Bromfield, Liz	Saucon Valley Girls	33-06.25	6
4 Salvemini, Gabby	Bangor	33-00.50	5
5 Mulitsch, Mariah	Bangor	32-05.50	4
6 Wentz, Samantha	Saucon Valley Girls	32-02.00	3
7 Harmon, Kayley	Nwlg	31-09.00	2
8 Springer, Kayla	Salisbury Track	30-10.50	1
9 Bodisch, Sierra	ND	30-07.75	

Girls Shot Put**Top 9 Advance by Time**

Meet Record: @ 42-07 1984 Penny Roth, Nazareth
 Name Year School Prelims

Preliminaries

1 Roscioli, Sarah	WIL	33-05.25q
2 Glovas, Jessica	ND	30-08.75q
3 Rehm, Shamay	Bangor	30-03.50q
4 Carr, Amanda	Palisades	30-02.00q
5 Miller, Megan	Nwlg	30-00.25q
6 DaSilva, Danielle	Saucon Valley Girls	29-10.25q
6 Shaud, Emily	Saucon Valley Girls	29-10.25q
8 Amber, Catherine	Saucon Valley Girls	28-09.50q
9 Stocks, Kammeron	WIL	28-05.75q
10 Szukics, Jade	Blue Bombers	28-01.25
11 Suter, Elyse	Nwlg	27-07.75
12 Gano, Lindsey	ND	27-03.25
13 Hensing, Shannan	Salisbury Track	27-00.00
14 Barner, Mary	Blue Bombers	26-11.50
15 Teel, Elizabeth	Blue Bombers	26-11.00
16 Alston, Shakeera	WIL	26-02.00

Girls Shot Put

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Meet Record: @ 42-07 1984 Penny Roth, Nazareth
 Name Year School Finals Points

Finals

1 Roscioli, Sarah	WIL	33-05.25	10
2 Glovas, Jessica	ND	30-08.75	8
3 Rehm, Shamay	Bangor	30-03.50	6
4 Shaud, Emily	Saucon Valley Girls	30-03.00	5
5 Carr, Amanda	Palisades	30-02.00	4
6 Miller, Megan	Nwlg	30-00.25	3
7 DaSilva, Danielle	Saucon Valley Girls	29-10.25	2
8 Stocks, Kammeron	WIL	29-01.00	1
9 Amber, Catherine	Saucon Valley Girls	28-09.50	

Girls Discus Throw

Top 9 Advance by Time

Meet Record: @ 125-09 1988 Stacey Becker, Palisades
 Name Year School Prelims

Preliminaries

1 Yaich, Jocelyn	Salisbury Track	94-02q	
2 Miller, Megan	Nwlg	93-09.50q	
3 Steckel, Gwen	NL Girls	93-05.50q	
4 Siegfried, Cara	WIL	86-07q	
5 Teel, Elizabeth	Blue Bombers	86-02q	
6 Strohie, Taylor	Bangor	84-07q	
7 Perkowski, Kayla	NL Girls	81-06q	
8 Duffy, Jilian	Bangor	80-06q	
9 Nace, Natalie	WIL	78-09q	
10 Murray, Katie	Saucon Valley Girls	76-02	
11 Decrezenzo, Katherine	Bangor	74-09	
12 Judd, Ericka	Palisades	72-00	
13 Browne, Victoria	Catasauqua	71-09.50	
14 Renninger, Allsion	Blue Bombers	64-04	
15 Stocks, Kammeron	WIL	57-05	
-- Eyer, Rebekah	Pen Argyl	ND	

Girls Discus Throw

Meet Record: @ 125-09 1988 Stacey Becker, Palisades
 Name Year School Finals Points

Finals

1 Steckel, Gwen	NL Girls	94-04.50	10
2 Yaich, Jocelyn	Salisbury Track	94-02	8
3 Miller, Megan	Nwlg	93-09.50	6
4 Siegfried, Cara	WIL	86-11	5
5 Teel, Elizabeth	Blue Bombers	86-02	4
6 Strohie, Taylor	Bangor	84-07	3
7 Nace, Natalie	WIL	83-00	2
8 Perkowski, Kayla	NL Girls	81-06	1
9 Duffy, Jilian	Bangor	80-06	

Girls Javelin Throw

Top 9 Advance by Time

Meet Record: @ 140-08 1985 Heather Korhammer, Wilson
 Name Year School Prelims

Preliminaries

2007 Colonial League Championship Meet - 3/10/2007
Memorial Park, Bangor Pennsylvania
Bangor Memorial Park, Bangor Pennsylvania
Results

1 Roscioli, Sarah	WIL	110-03q
2 Hahn, Ashley	Bangor	99-04q
3 Geiger, Kristin	NL Girls	99-00.50q
4 Cunningham, Kelly	Saucon Valley Girls	96-05q
5 Miller, Heather	Nwlg	96-04q
6 Bowman, Katie	WIL	93-10q
7 Teel, Elizabeth	Blue Bombers	92-03q
8 Reiss, Morgan	Bangor	90-11q
9 Duffy, Jilian	Bangor	88-03q
10 Sauerzopf, Kelly	Saucon Valley Girls	88-02
11 Hunsicker, Nicole	Southern Lehigh	87-08
12 Schilling, Victoria	Palisades	87-03
13 Amber, Katherine	Saucon Valley Girls	85-04
14 Hirejosa, Katherine	Bangor	83-08
15 Glovas, Jessica	ND	81-05
16 Wilson, Brittany	WIL	69-08

Girls Javelin Throw

=====
 Meet Record: @ 140-08 1985 Heather Korhammer, Wilson
 Name Year School Finals Points
 =====

Finals

1 Roscioli, Sarah	WIL	113-03	10
2 Cunningham, Kelly	Saucon Valley Girls	100-10	8
3 Hahn, Ashley	Bangor	99-04	6
4 Geiger, Kristin	NL Girls	99-00.50	5
5 Bowman, Katie	WIL	98-03	4
6 Miller, Heather	Nwlg	96-04	3
7 Teel, Elizabeth	Blue Bombers	92-03	2
8 Reiss, Morgan	Bangor	90-11	1

Boys 100 Meter Dash**8 Advance: Top 2 Each Heat plus Next 2 Best Times**

=====
 Meet Record: @ 10.80 8589 John Funk & Steve Lapekas, Palis
 Name Year School Prelims H#
 =====

Preliminaries

1 Santos, Anuerys	Salisbury Track	11.0Q	3
2 Goldstone, Rico	ND	11.1Q	1
3 Carter, Kevin	Catasauqua	11.1Q	2
4 Apgar, Jeremy	Palisades	11.4Q	2
5 Wetzell, Tyler	Southern Lehigh	11.5Q	3
6 Patterson, Bradley	Palisades	11.6Q	1
7 Hinton, Dalton	Pen Argyl	11.5q	2
8 Cooper, Brian	WIL	11.6q	3
9 Koenig, Mike	Nwlb	11.6	2
10 Poliskiewicz, Jimmy	Bangor	11.6	1
11 Handelong, Guy	Bangor	11.6	2
12 Kern, Josh	NL Boys	11.7	1
13 O'Toole, Tim	Saucon Valley Boys	11.7	1
14 Strauss, Eric	Saucon Valley Boys	11.7	2
15 Arcario, Alex	Southern Lehigh	11.8	3
16 Saxton, William	Palisades	11.8	3
17 Higgins, William	WIL	11.9	1
18 Bergeris-Cortright, Drew	NL Boys	11.9	1
19 Billger, Bryan	Salisbury Track	11.9	2
20 James, Antontio	WIL	12.0	3
21 Hoffman, James	Nwlb	12.0	2

2007 Colonial League Championship Meet - 3/10/2007
Memorial Park, Bangor Pennsylvania
Bangor Memorial Park, Bangor Pennsylvania
Results

22 Stofko, Jake	Catasauqua	12.0	1
23 Hantz, Dave	Southern Lehigh	12.2	3
24 Little, Ryan	WIL	12.4	3

Boys 100 Meter Dash

=====
 Meet Record: @ 10.80 8589 John Funk & Steve Lapekas, Palisades
 Name Year School Finals Points
 =====

Finals

1 Santos, Anuerys	Salisbury Track	10.8@	10
2 Carter, Kevin	Catasauqua	10.9	8
3 Goldstone, Rico	ND	10.9	6
4 Patterson, Bradley	Palisades	11.6	5
5 Wetzel, Tyler	Southern Lehigh	11.6	4
6 Apgar, Jeremy	Palisades	11.6	3
7 Hinton, Dalton	Pen Argyl	11.6	2
8 Cooper, Brian	WIL	11.7	1

Boys 200 Meter Dash**8 Advance: Top 2 Each Heat plus Next 2 Best Times**

=====
 Meet Record: @ 22.10 1985 John Funk, Palisades
 Name Year School Prelims H#
 =====

Preliminaries

1 Santos, Anuerys	Salisbury Track	22.4Q	1
2 Goldstone, Rico	ND	22.5Q	3
3 Carter, Kevin	Catasauqua	22.7Q	2
4 Cseh, Austin	Blue Bombers	23.0Q	1
5 Wetzel, Tyler	Southern Lehigh	23.1Q	3
6 Patterson, Bradley	Palisades	23.6Q	2
7 Apgar, Jeremy	Palisades	23.3q	1
8 Kern, Josh	NL Boys	23.4q	3
9 Koenig, Mike	Nwlb	23.5	1
10 Higgins, William	WIL	23.6	1
11 Hantz, Dave	Southern Lehigh	23.9	3
12 Handelong, Guy	Bangor	24.0	3
12 Dundin, Tim	Southern Lehigh	24.0	2
14 Laputka, John	Saucon Valley Boys	24.0	1
15 Bergan, Andy	Southern Lehigh	24.1	1
16 Hinton, Dalton	Pen Argyl	24.2	3
17 Ravier, Josh	Saucon Valley Boys	24.2	3
18 Cooper, Brian	WIL	24.4	2
19 Altenbach, Kyle	Saucon Valley Boys	24.4	2
20 Bergeris-Cortright, Drew	NL Boys	24.7	2
21 Miller, Tyler	Catasauqua	24.9	3
22 Poliskiewicz, Jimmy	Bangor	26.4	1

Boys 200 Meter Dash

=====
 Meet Record: @ 22.10 1985 John Funk, Palisades
 Name Year School Finals Points
 =====

Finals

1 Santos, Anuerys	Salisbury Track	22.4	10
2 Carter, Kevin	Catasauqua	22.5	8
3 Goldstone, Rico	ND	22.9	6
4 Cseh, Austin	Blue Bombers	23.4	5
5 Apgar, Jeremy	Palisades	23.9	4
6 Kern, Josh	NL Boys	24.0	3

2007 Colonial League Championship Meet - 3/10/2007**Memorial Park, Bangor Pennsylvania****Bangor Memorial Park, Bangor Pennsylvania****Results**

7 Patterson, Bradley	Palisades	24.4	2
8 Wetzel, Tyler	Southern Lehigh	24.4	1

Boys 400 Meter Dash

Meet Record: @ 49.00 2002 Tony Hegedus, Southern Lehigh

Name	Year School	Finals	H#	Points
1 Santos, Anuerys	Salisbury Track	50.0	2	10
2 Davidson, Anthony	WIL	50.6	2	8
3 Tavormina, Joseph	Saucon Valley Boys	50.7	2	6
4 King, Alex	Southern Lehigh	51.9	2	5
5 Cseh, Austin	Blue Bombers	52.4	2	4
6 Stewart, Mannie	ND	52.8	2	3
7 Dundin, Tim	Southern Lehigh	53.8	1	2
8 Pitts, Thad	Blue Bombers	53.9	1	1
9 James, W.	WIL	53.9	2	
10 Coulson, Zac	Southern Lehigh	54.2	2	
11 Molinari, James	Saucon Valley Boys	54.4	1	
12 Gruver, John	Palisades	54.6	1	
13 Gilfert, Adam	Catasauqua	54.7	1	
14 Stelmack, Kyle	Nwlb	54.7	1	
15 Shoemaker, Kyle	Saucon Valley Boys	55.1	1	

Boys 800 Meter Run

Meet Record: @ 1:56.90 2004 Babich, Southern Lehigh

Name	Year School	Finals	Points
1 Richardson, Aaron	Pen Argyl	1:58.8	10
2 King, Alex	Southern Lehigh	2:00.0	8
3 Chacon, Alex	Southern Lehigh	2:01.4	6
4 Davidson, Anthony	WIL	2:02.2	5
5 King, Aaron	Southern Lehigh	2:02.9	4
6 Conroy, Matt	Pen Argyl	2:05.9	3
7 Fowler, Benjamin	Saucon Valley Boys	2:07.9	2
8 Harvilla, Chris	Blue Bombers	2:08.5	1
9 Decker, Eric	ND	2:08.5	
10 Brunk, Jon	Southern Lehigh	2:08.9	
11 Hanchick, Andrew	ND	2:09.4	
12 Piccerillo, Seth	Blue Bombers	2:09.5	
13 Henry, Benjamin	Saucon Valley Boys	2:09.5	
14 McKoy, Kevin	Bangor	2:10.0	
15 Wilkinson, William	WIL	2:10.1	
16 Gidlewski, Frank	Palisades	2:10.5	
17 Miller, Peter	Saucon Valley Boys	2:10.6	
18 Bartolacci, Guido	Southern Lehigh	x2:11.2	
19 Reiners, James	ND	2:12.4	
20 Schoffstall, Nathan	Nwlb	2:13.3	
21 Selvaggio, Nicholas	ND	2:13.6	
22 Decker, Dylan	ND	x2:13.8	
23 Edwards, Chris	Southern Lehigh	x2:14.9	
24 East, Timothy	Nwlb	2:16.1	

Boys 1600 Meter Run

Meet Record: @ 4:22.50 1983 Carl Kemmerer, Palisades

Name	Year School	Finals	Points
1 Chacon, Alex	Southern Lehigh	4:35.8	10
2 Rivenbark, Zach	Southern Lehigh	4:36.8	8

2007 Colonial League Championship Meet - 3/10/2007**Memorial Park, Bangor Pennsylvania****Bangor Memorial Park, Bangor Pennsylvania****Results**

3 Demmel, Cody	Southern Lehigh	4:40.7	6
4 Rodriguez, Matthew	ND	4:41.8	5
5 Wilcox, Evan	WIL	4:44.5	4
6 Haklar, Dave	Southern Lehigh	4:45.6	3
7 Brown, Patrick	Palisades	4:50.2	2
8 Sweitzer, Matthew	WIL	4:50.9	1
9 Henry, Benjamin	Saucon Valley Boys	4:51.0	
10 Geschardt, Thomas	Pen Argyl	4:52.8	
11 Shiffer, Jordan	Nwlb	4:54.2	
12 Clifford, Patrick	ND	4:56.4	
13 Piccerillo, Seth	Blue Bombers	4:56.8	
14 Hilliard, Ian	Salisbury Track	4:57.8	
15 Lanham, Charles	Bangor	4:58.5	
16 Wolst, Brian	Saucon Valley Boys	5:02.3	

Boys 3200 Meter Run

=====
 Meet Record: @ 9:34.10 1999 Jeff Dobias, Palmerton

Name	Year School	Finals	Points
1 Musum, Brian	Bangor	9:54.6	10
2 Rivenbark, Zach	Southern Lehigh	10:19.3	8
3 Haklar, Dave	Southern Lehigh	10:25.1	6
4 Chacon, Alex	Southern Lehigh	10:26.7	5
5 Rodriguez, Matthew	ND	10:35.1	4
6 Wolst, Brian	Saucon Valley Boys	10:39.3	3
7 Sweitzer, Matthew	WIL	10:42.5	2
8 Geschardt, Thomas	Pen Argyl	10:42.8	1
9 Strauss, Zach	Bangor	10:53.1	
10 Wolf, Christopher	ND	10:53.4	
11 Brown, Patrick	Palisades	10:55.5	
12 Hilliard, Ian	Salisbury Track	10:58.7	
13 Warman, Austin	WIL	11:00.6	
14 Wilcox, Evan	WIL	11:11.1	
15 Caliguire, Scott	ND	11:31.0	

Boys 110 Meter Hurdles**8 Advance: Top 2 Each Heat plus Next 2 Best Times**

=====
 Meet Record: @ 14.50 1992 Rudy Santana, Saucon Valley

Name	Year School	Prelims	H#
Preliminaries			
1 Tarby, Eric	Palisades	15.9Q	3
2 Hunsicker, Jeffrey	WIL	16.4Q	1
3 Apgar, Jeremy	Palisades	16.7Q	2
4 Abraham, Tony	Salisbury Track	16.1Q	3
5 Rivera, Alex	Bangor	16.5Q	1
6 Fleischer, Nick	Bangor	16.9Q	2
7 Borda, Nick	Catasauqua	16.5q	3
8 Harwick, David	Nwlb	16.8q	3
9 Ostander, Brian	WIL	17.2	1
10 Trinchere, Kevin	ND	17.2	3
11 Kidd, Charles	Saucon Valley Boys	17.4	2
12 Quinn, Ian	Catasauqua	17.6	2
13 Horton, Chris	Southern Lehigh	17.7	1
14 Hari, Richard	Palisades	17.7	1
15 Chernasky, Matt	Saucon Valley Boys	17.8	1
16 Russell, Brenton	ND	17.9	3
17 Ravier, Josh	Saucon Valley Boys	17.9	2

2007 Colonial League Championship Meet - 3/10/2007
Memorial Park, Bangor Pennsylvania
Bangor Memorial Park, Bangor Pennsylvania
Results

18 Groller, Cody	NL Boys	18.0	3
19 Yeisley, Sean	Salisbury Track	18.1	2
20 Principato, Davidm	ND	18.9	1
21 Dydynsky, Andrew	Blue Bombers	20.0	3
-- Cesare, Stephen	Pen Argyl	NT	2
-- Brizuela, Eric	WIL	FS	1
-- Page, Jason	Southern Lehigh	DQ	2

Boys 110 Meter Hurdles

Meet Record: @ 14.50 1992 Rudy Santana, Saucon Valley

Name	Year School	Finals	Points
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Finals

1 Hunsicker, Jeffrey	WIL	15.6	9
1 Abraham, Tony	Salisbury Track	15.6	9
3 Tarby, Eric	Palisades	15.8	6
4 Harwick, David	Nwlb	16.6	5
5 Rivera, Alex	Bangor	16.6	4
6 Borda, Nick	Catasauqua	16.6	3
7 Fleischer, Nick	Bangor	16.9	2
8 Apgar, Jeremy	Palisades	16.9	1

Boys 300 Meter Hurdles

Meet Record: @ 38.90 2004 Bob Sujack, Northern Lehigh

Name	Year School	Finals	H#	Points
------	-------------	--------	----	--------

1 Page, Jason	Southern Lehigh	41.6	2	10
2 Harwick, David	Nwlb	41.8	1	8
3 Olander, Brian	WIL	41.9	2	6
4 Piazza, Nicholas	ND	42.5	2	5
5 Brizuela, Eric	WIL	42.5	2	4
6 Hunsicker, Jeffrey	WIL	42.6	2	3
7 Tarby, Eric	Palisades	42.8	2	2
8 Ravier, Josh	Saucon Valley Boys	42.9	1	1
9 Horton, Chris	Southern Lehigh	43.5	2	
10 Bartholomew, Mike	Catasauqua	43.7	2	
11 Groller, Cody	NL Boys	43.8	1	
12 Kidd, Charles	Saucon Valley Boys	44.1	1	
13 Trinchere, Kevin	ND	44.1	1	
14 Rivera, Alex	Bangor	44.6	1	
15 Russell, Brenton	ND	45.4	1	
16 Fleischer, Nick	Bangor	45.7	1	

Boys 4x100 Meter Relay

Meet Record: @ 43.60 1999 Bangor, Bangor

School	Finals	H#	Points
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1 Catasauqua	44.2	2	10
1) Stofko, Jake	2) Borda, Nick		
3) Miller, Kyle	4) Carter, Kevin		
2 Southern Lehigh	45.2	2	8
1) Bergan, Andy	2) Hantz, Dave		
3) Wetzal, Tyler	4) Arcario, Alex		
3 Palisades	45.3	2	6
1) Gretzinger, Adam	2) Saxton, William		
3) Apgar, Jeremy	4) Patterson, Bradley		
4 Salisbury Track & Field	45.7	2	5
1) Baab, Nickolas	2) Billger, Bryan		

2007 Colonial League Championship Meet - 3/10/2007
Memorial Park, Bangor Pennsylvania
Bangor Memorial Park, Bangor Pennsylvania
Results

3) Hamane, Anthony	4) Santos, Anuerys		
5 Wilson Area High School		45.8	2 4
1) Cooper, Brian	2) Higgins, William		
3) James, Antontio	4) Little, Ryan		
6 Pen Argyl		46.1	1 3
1) Hinton, Dalton	2) Polkowski, Adam		
3) Sandt, Jay	4) McEvoy, Alex		
7 Northwestern Lehigh Boys		46.4	2 2
1) Grube, Noah	2) Stelmack, Kyle		
3) Hoffman, James	4) Koenig, Mike		
8 Bangor		46.4	1 1
1) Ward, Derek	2) Hill, Tyler		
3) Handelong, Guy	4) Cappella, Sam		
9 Northern Lehigh Boys		46.8	2
1) Heller, Zach	2) Krawchuck, Jason		
3) Kern, Josh	4) Bergeris-Cortright, Drew		
10 Notre Dame H.S. Green Pond		48.1	1
1) Kim, Jimmy	2) Donlan, Michael		
3) De Marco, Joseph	4) Ebeling, Samuel		
11 Palmerton Area High School		48.4	1
1) Gruber, Nick	2) Kleintop, Ryan		
3) Hunsicker, James	4) Wells, Jonathan		
-- Saucon Valley Boys		DQ	2

Boys 4x400 Meter Relay

=====
 Meet Record: @ 3:26.20 2004 Southern Lehigh, Southern Lehigh
 School Finals H# Points
 =====

1 Saucon Valley Boys		3:32.1	2 10
2 Wilson Area High School		3:32.7	2 8
1) Ostander, Brian	2) Davidson, Anthony		
3) Hunsicker, Jeffrey	4) James, Antontio		
3 Southern Lehigh		3:33.4	2 6
1) Dundin, Tim	2) Coulson, Zac		
3) Page, Jason	4) King, Alex		
4 Notre Dame H.S. Green Pond		3:33.9	2 5
1) Stewart, Mannie	2) Piazza, Nicholas		
3) Goldstone, Rico	4) Walsh, Michael		
5 Palmerton Area High School		3:36.1	2 4
1) Cseh, Austin	2) Pitts, Thad		
3) Harvilla, Chris	4) Piccerillo, Seth		
6 Pen Argyl		3:37.9	2 3
1) Polkowski, Adam	2) Conroy, Matt		
3) Sandt, Jay	4) Richardson, Aaron		
7 Northwestern Lehigh Boys		3:44.1	2 2
1) Stelmack, Kyle	2) Sutjak, James		
3) Harwick, David	4) Shiffer, Jordan		
8 Bangor		3:45.3	1 1
1) Hill, Tyler	2) Rebels, Zack		
3) Rivera, Alex	4) McKoy, Kevin		
9 Palisades		3:46.4	1
1) Patterson, Bradley	2) Gidlewski, Frank		
3) Gruver, John	4) Hari, Richard		

Boys 4x800 Meter Relay

=====
 Meet Record: @ 8:02.30 1983 Southern Lehigh, Southern Lehigh
 School Finals Points
 =====

2007 Colonial League Championship Meet - 3/10/2007
Memorial Park, Bangor Pennsylvania
Bangor Memorial Park, Bangor Pennsylvania
Results

1 Southern Lehigh	8:33.8	10
1) Edwards, Chris	2) Bartolacci, Guido	
3) Chacon, Alex	4) King, Alex	
2 Saucon Valley Boys	8:36.0	8
1) Henry, Benjamin	2) Miller, Peter	
3) Tavormina, Joseph	4) Fowler, Benjamin	
3 Notre Dame H.S. Green Pond	8:42.1	6
1) Decker, Eric	2) Hanchick, Andrew	
3) Selvaggio, Nicholas	4) Reiners, James	
4 Wilson Area High School	8:48.6	5
1) Olander, Brian	2) Davidson, Anthony	
3) Hunsicker, Jeffrey	4) James, Antontio	
5 Northwestern Lehigh Boys	9:00.3	4
1) East, Timothy	2) Schoffstall, Nathan	
3) Lyter, Paul	4) Shiffer, Jordan	
6 Pen Argyl	9:07.7	3
1) Conroy, Matt	2) Geschardt, Thomas	
3) Biggs, Andrew	4) Richardson, Aaron	
7 Palisades	9:23.1	2
1) Nick, Frank	2) Gidlewski, Frank	
3) Pratt, Nolan	4) Koba, John	
8 Catasauqua	9:26.6	1
1) Bollinger, Jaryth	2) Ettl, Lucas	
3) Kalman, Matthew	4) Case, Joshua	
9 Bangor	9:43.2	
1) Strauss, Zach	2) Bina, Alex	
3) Mezgar, Matt	4) Lanham, Charles	

Boys High Jump

Meet Record: @ 6-09 2000 Mike Newhart, Southern Lehigh

Name	Year School	Finals	Points
1 Heberling, Jonathan	NL Boys	6-03.00	10
2 Ruch, Andrew	WIL	6-01.00	8
3 Owens, Eric	Southern Lehigh	6-00.00	6
4 Robinson, Nathan	WIL	5-09.00	5
5 Eckhart, Adam	WIL	5-07.00	4
6 Stern, Will	Southern Lehigh	5-07.00	3
7 Wells, Jonathan	Blue Bombers	5-05.00	1.50
7 Tanhauser, Matthew	ND	5-05.00	1.50
9 Grube, Noah	Nwlb	5-05.00	
9 Slinski, Josh	Bangor	5-05.00	
11 Hall, Joe	Nwlb	5-05.00	
12 Bartholomew, Alexander	Salisbury Track	5-03.00	
12 Butcher, James	Blue Bombers	5-03.00	
12 Krawchuck, Kris	NL Boys	5-03.00	
-- O'Toole, Tim	Saucon Valley Boys	NH	
-- Clifford, Patrick	ND	NH	

Boys Pole Vault

Meet Record: @ 14-03 1988 Matt Foust, Salisbury

Name	Year School	Finals	Points
1 Miller, Kyle	Catasauqua	14-04.00@	10
2 Kaucher, Evan	Nwlb	12-06.00	8
3 Billig, Noah	Nwlb	12-00.00	6
4 Shupp, Jarrod	Blue Bombers	12-00.00	5
5 Woolley, Thomas	ND	11-06.00	3.50

2007 Colonial League Championship Meet - 3/10/2007
Memorial Park, Bangor Pennsylvania
Bangor Memorial Park, Bangor Pennsylvania
Results

5 Phillippi, Adam	Saucon Valley Boys	11-06.00	3.50
7 Lach, Steven	Nwlb	11-06.00	2
8 Holmes, James	Palisades	11-06.00	1
9 Shubrick, Josh	Blue Bombers	11-00.00	
10 Krawchuck, Jason	NL Boys	11-00.00	
11 Buck, Lanny	Blue Bombers	11-00.00	
12 Wimer, Zachary	WIL	10-06.00	
12 Carrington, Phillip	ND	10-06.00	
14 O'Neill, Ron	Salisbury Track	10-06.00	
-- Borda, Nick	Catasauqua	NH	

Boys Long Jump**Top 9 Advance by Time**

Name	Year School	Prelims
Meet Record: @ 22-07.75 1986 Dan Reichenbach, Salisbury		

Preliminaries

1 Ruch, Andrew	WIL	21-07.25q
2 Eckhart, Adam	WIL	20-07.75q
3 Goldstone, Rico	ND	20-04.50q
4 Wilkinson, William	WIL	20-02.00q
5 Patterson, Bradley	Palisades	20-01.75q
6 Grube, Noah	Nwlb	19-10.00q
7 Strauss, Eric	Saucon Valley Boys	19-09.50q
8 Hamane, Anthony	Salisbury Track	19-08.75q
9 Baab, Nickolas	Salisbury Track	19-07.50q
10 Cappella, Sam	Bangor	19-07.25
11 Robinson, Nathan	WIL	19-07.00
12 Heberling, Jonathan	NL Boys	19-06.75
13 Kaucher, Evan	Nwlb	19-05.00
14 Stern, Will	Southern Lehigh	18-10.50
15 Carper, Adam	Palisades	18-10.00
15 Hall, Ian	Southern Lehigh	18-10.00

Boys Long Jump

Name	Year School	Finals	Points
Meet Record: @ 22-07.75 1986 Dan Reichenbach, Salisbury			

Finals

1 Ruch, Andrew	WIL	21-07.25	10
2 Eckhart, Adam	WIL	20-07.75	8
3 Patterson, Bradley	Palisades	20-07.25	6
4 Goldstone, Rico	ND	20-05.00	5
5 Wilkinson, William	WIL	20-02.00	4
6 Strauss, Eric	Saucon Valley Boys	19-11.00	3
7 Grube, Noah	Nwlb	19-10.00	2
8 Hamane, Anthony	Salisbury Track	19-08.75	1
9 Baab, Nickolas	Salisbury Track	19-07.50	

Boys Triple Jump**Top 9 Advance by Time**

Name	Year School	Prelims
Meet Record: @ 45-04 1983 Jacob Kim, Nazareth		

Preliminaries

1 Ruch, Andrew	WIL	43-02.00q
2 Eckhart, Adam	WIL	41-03.25q
3 Baab, Nickolas	Salisbury Track	41-02.00q

2007 Colonial League Championship Meet - 3/10/2007**Memorial Park, Bangor Pennsylvania****Bangor Memorial Park, Bangor Pennsylvania****Results**

4 Butcher, James	Blue Bombers	40-08.50q
5 Carper, Adam	Palisades	40-05.00q
6 Wilkinson, William	WIL	40-01.00q
7 Strauss, Eric	Saucon Valley Boys	40-00.50q
8 Ackerman, Bretton	ND	39-10.00q
9 Robinson, Nathan	WIL	39-08.00q
10 Grube, Noah	Nwlb	38-02.75
11 Hamane, Anthony	Salisbury Track	38-02.25
12 Heberling, Jonathan	NL Boys	38-01.50
13 Shubrick, Josh	Blue Bombers	38-01.00
14 Sutjak, James	Nwlb	37-08.50
-- Davis, Zach	Bangor	ND
-- Tavormina, Joseph	Saucon Valley Boys	ND

Boys Triple Jump

=====
 Meet Record: @ 45-04 1983 Jacob Kim, Nazareth

Name	Year School	Finals	Points
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=====

Finals

1 Ruch, Andrew	WIL	43-02.00	10
2 Eckhart, Adam	WIL	41-10.00	8
3 Wilkinson, William	WIL	41-02.50	6
4 Baab, Nickolas	Salisbury Track	41-02.00	5
5 Butcher, James	Blue Bombers	40-08.50	4
6 Carper, Adam	Palisades	40-05.00	3
7 Strauss, Eric	Saucon Valley Boys	40-00.50	2
8 Ackerman, Bretton	ND	39-10.00	1
9 Robinson, Nathan	WIL	39-08.00	

Boys Shot Put**Top 9 Advance by Time**

=====
 Meet Record: @ 54-03.25 1996 Jarrett Weiss, Northwester

Name	Year School	Prelims
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Preliminaries

1 Broach, Grant	Palisades	47-02.50q
2 Isamoyer, Charles	Nwlb	45-05.25q
3 Ryan, Michael	WIL	44-10.00q
4 Bochini, Josh	WIL	44-01.75q
5 Steckel, Kevin	NL Boys	44-01.00q
6 Berrigan, John	Catasauqua	43-06.00q
7 Grant, James	Southern Lehigh	43-02.00q
8 Vosberg, Grant	WIL	43-01.50q
9 Kaiser, Donald	ND	42-07.75q
10 Malarchik, Devin	Catasauqua	40-10.25
11 Grim, Robbie	Nwlb	40-08.50
12 Emory, Mike	Bangor	40-08.00
13 Chromiak, Josh	Pen Argyl	40-01.75
14 Rosenkranz, Mark	WIL	40-01.50
15 Wetherhold, Steve	Catasauqua	39-06.50
16 Rutan, Richard	WIL	39-04.00

Boys Shot Put

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 Meet Record: @ 54-03.25 1996 Jarrett Weiss, Northwestern Lehigh

Name	Year School	Finals	Points
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Finals

1 Broach, Grant	Palisades	47-02.50	10
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2007 Colonial League Championship Meet - 3/10/2007**Memorial Park, Bangor Pennsylvania****Bangor Memorial Park, Bangor Pennsylvania****Results**

2 Isamoyer, Charles	Nwlb	45-09.00	8
3 Ryan, Michael	WIL	44-10.00	6
4 Grant, James	Southern Lehigh	44-05.25	5
5 Bochini, Josh	WIL	44-01.75	4
6 Steckel, Kevin	NL Boys	44-01.00	3
7 Kaiser, Donald	ND	43-08.50	2
8 Berrigan, John	Catasauqua	43-06.00	1
9 Vosberg, Grant	WIL	43-01.50	

Boys Discus Throw**Top 9 Advance by Time**

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 Meet Record: @ 166-08 2001 Travis Hand, Palmerton

Name	Year School	Prelims
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Preliminaries

1 Grant, James	Southern Lehigh	139-02q
2 Bochini, Josh	WIL	132-02q
3 Broach, Grant	Palisades	131-01.50q
4 Berrigan, John	Catasauqua	121-02.50q
5 Norris, Benjamin	WIL	121-00q
6 Rimmer, Sean	Palisades	118-02.50q
7 Chromiak, Josh	Pen Argyl	117-10q
8 Hoffner, Andrew	Blue Bombers	116-05q
9 Fritz, Matthew	ND	115-07q
10 Lundberg, Daniel	Nwlb	115-01
11 Itterly, Ben	Bangor	109-02
12 Mease, Matthew	WIL	108-06
13 Grim, Robbie	Nwlb	100-08
14 Ryan, Michael	WIL	94-04
-- Scholl, Michael	Saucon Valley Boys	ND
-- Kleintop, Kevin	Blue Bombers	FOUL

Boys Discus Throw

=====
 Meet Record: @ 166-08 2001 Travis Hand, Palmerton

Name	Year School	Finals	Points
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Finals

1 Grant, James	Southern Lehigh	139-02	10
2 Bochini, Josh	WIL	132-02	8
3 Broach, Grant	Palisades	131-01.50	6
4 Norris, Benjamin	WIL	122-11	5
5 Berrigan, John	Catasauqua	121-02.50	4
6 Hoffner, Andrew	Blue Bombers	120-04	3
7 Rimmer, Sean	Palisades	118-02.50	2
8 Chromiak, Josh	Pen Argyl	117-10	1
9 Fritz, Matthew	ND	115-07	

Boys Javelin Throw**Top 9 Advance by Time**

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 Meet Record: @ 203-08 1977 Tom Nikles, Nazareth

Name	Year School	Prelims
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Preliminaries

1 Marshall, James	Nwlb	176-00q
2 Malarchik, Devin	Catasauqua	168-08q
3 Wanamaker, Patrick	NL Boys	167-05q
4 Heller, Zach	Blue Bombers	164-00q
5 O'Toole, Tim	Saucon Valley Boys	159-00q

2007 Colonial League Championship Meet - 3/10/2007
Memorial Park, Bangor Pennsylvania
Bangor Memorial Park, Bangor Pennsylvania
Results

6	Bochini, Josh	WIL	157-04q
7	Broach, Grant	Palisades	154-02q
8	Stocker, Craig	Bangor	153-02q
9	Berrigan, John	Catasauqua	151-02q
10	Schantz, Andy	Southern Lehigh	150-02
11	Grant, James	Southern Lehigh	148-10
12	Hall, Brandon	Blue Bombers	148-00
13	Hoffner, Andrew	Blue Bombers	145-02
14	Bartholomew, Mike	Catasauqua	142-05
15	Stofko, Jake	Catasauqua	141-05
16	Lynn, Adam	Nwlb	138-10

Boys Javelin Throw

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 Meet Record: @ 203-08 1977 Tom Nikles, Nazareth
 Name Year School Finals Points
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Finals

1	Marshall, James	Nwlb	176-00	10
2	Malarchik, Devin	Catasauqua	173-02	8
3	Broach, Grant	Palisades	167-11	6
4	Wanamaker, Patrick	NL Boys	167-05	5
5	Bochini, Josh	WIL	166-05	4
6	Heller, Zach	Blue Bombers	165-08	3
7	O'Toole, Tim	Saucon Valley Boys	159-00	2
8	Stocker, Craig	Bangor	156-01	1

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 Women - Team Rankings - 18 Events Scored
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1) Bangor	138.70	2) Saucon Valley Girls	89
3) Southern Lehigh	80	4) Northern Lehigh Girls	69.40
5) Wilson Area High School	68.70	6) Palisades	63.20
7) Northwestern Lehigh Girls	58	8) Palmerton Area High School	55
9) Notre Dame H.S. Green Pond	37	10) Salisbury Track & Field	18
11) Catasauqua	17	12) Pen Argyl	6

=====
 Men - Team Rankings - 18 Events Scored
 =====

1) Wilson Area High School	150	2) Southern Lehigh	134
3) Palisades	67	4) Northwestern Lehigh Boys	57
5) Notre Dame H.S. Green Pond	53	5) Catasauqua	53
7) Salisbury Track & Field	50	8) Saucon Valley Boys	40.50
9) Palmerton Area High School	31.50	10) Pen Argyl	26
11) Northern Lehigh Boys	21	12) Bangor	19