



COLONIAL LEAGUE FOR INTERSCHOLASTIC SPORTS, INC.

Bangor Catasauqua Moravian Academy Northern Lehigh
Northwestern Lehigh Notre Dame G.P. Palisades Palmerton
Pen Argyl Salisbury Saucon Valley Southern Lehigh Wilson

2019 WRESTLING ALL LEAGUE

FIRST TEAM

106 pounds – Chris Arciulol – Saucon Valley
113 pounds – Blake Sheridan - Wilson
120 pounds – Ryan Crookham - Notre Dame
126 pounds – Brandan Chletsos – Notre Dame
132 pounds – Josh Jones – Saucon Valley
138 pounds – Nick Colasurdo – Southern Lehigh
145 pounds - Marckis Branford - Wilson
152 pounds – Andrew Cerniglia – Notre Dame
160 pounds – Matt Arciuolo – Saucon Valley
170 pounds – Isaiah DeJesus – Notre Dame
182 pounds – Braydyn Lugardo – Saucon Valley
195 pounds – Dane Csencsits – Saucon Valley
220 pounds – Nick Nittoli – Bangor
285 pounds – Nick Warnke – Saucon Valley

SECOND TEAM

106 pounds – Evan Maag – Notre Dame
113 pounds – Cael Markel – Saucon Valley
120 pounds – Lucas Buskirk – Pen Argyl
132 pounds - Richie Markulics – Notre Dame
138 pounds – Thomas Spirk – Saucon Valley
145 pounds – Nick Rosengrant – Saucon Valley
152 pounds – Lucas Christman - Palmerton
160 pounds – Ben Krauss - Salisbury
170 pounds – Damion Rodriguez – Northern Lehigh
182 pounds – Alec Snyder - Wilson
195 pounds – Joey Schrader - Bangor
220 pounds – Jonah Nisenbaum - Salisbury
285 pounds – Lavonte Bouie - Catasauqua

HONORABLE MENTION

106 pounds – Caden Poff - Wilson
113 pounds – Tony Morello – Notre Dame
120 pounds – Austin Brett - Catasauqua
132 pounds – Dennis Lombardi - Palmerton
138 pounds - Nicholas Vonelli - Notre Dame
145 pounds – Harrison Bernhard – Northwestern Lehigh
152 pounds - Dante Mahaffey - Saucon Valley
160 pounds – Anthony Micci - Wilson
170 pounds – Dylan Gonyo - Palmerton
182 pounds – Adam Reinhart - Catasauqua
195 pounds – Ryan Haverkamp – Northwestern Lehigh
220 pounds – Kolby Flank - Wilson
285 pounds – Joshua Schaffer – Northern Lehigh

“A tradition of excellence in interscholastic athletics and academics.”