

## 2017 Colonial League Track and Field League Meet - 5/9/2017 to 5/10/2017

## East Stroudsburg South High School

## Results

**Event 1 Girls 4x800 Meter Relay Colonial League**

Team	Relay	Finals
<b>Finals</b>		
1 Southern Lehigh		9:35.01
1) Yanega, Sarah SR	2) VandeBunte, Brianna SR	
3) VandeBunte, Alissa SR	4) Yanega, Allyson SR	
2 Saucon Valley		9:51.70
1) Riefenstahl, Kiele SO	2) Bernstein, Emma FR	
3) Ross, Katherine SR	4) Riefenstahl, Brooke SO	
3 Wilson Area		9:52.20
1) Rustay, Abby SR	2) Vega, Gaby JR	
3) Pote, Jillian FR	4) Henley, Ashley SR	
4 Northwestern Lehigh		9:52.71
1) Consuelos, Madeline SO	2) Zack, Alyssa SO	
3) Tarvin, Molly JR	4) Herzon, Hannah JR	
5 Notre Dame GP		11:04.04
1) Farina, Gianna FR	2) Kelly, Cassie SR	
3) Bennett, Fiona SR	4) Mills, Anna SO	
6 Pen Argyl Track 2017		11:09.04
1) Walsh, Meghan SR	2) Freda, Kristen SO	
3) O'Brien, Kelly SO	4) Kernosh, Annaleis SO	
7 Blue Bombers		11:42.92
1) Bruer, Lily FR	2) Coles, Morgan FR	
3) Morgan, Maggie FR	4) Nesfeder, Hanna JR	
8 Catasauqua		11:48.13
1) Emery, Madison JR	2) Elekes, Britni SR	
3) Sheldon, Bree JR	4) Sheldon, Lexi FR	

**Event 2 Boys 4x800 Meter Relay Colonial League**

Team	Relay	Finals
<b>Finals</b>		
1 Southern Lehigh		8:14.78
1) Fillman, Alex SO	2) Matsumura, Thomas JR	
3) Wetzel, Jack SR	4) Gray, Stephen SR	
2 Notre Dame GP		8:28.35
1) Hammerstone, Sheamus JR	2) Koons, John SO	
3) Koons, Tom SR	4) Hohl, Charlie JR	
3 Bangor		8:30.61
1) Ferguson, Tim SR	2) Giani, Chris JR	
3) O'Brien, Morgan SO	4) Kish, Hunter JR	
4 Wilson Area		8:31.52
1) Harris, Josh JR	2) Dutt, Jason SR	
3) Houghton, Shane JR	4) Race, Alex SR	
5 Northwestern Lehigh		8:32.77
1) Leiser, Robert JR	2) Searcy, Justin SR	
3) Vennera, Anthony SR	4) Mertz, Dominic SR	
6 Pen Argyl Track 2017		9:04.50
1) Weaver, Hunter FR	2) Coppolella, Anthony FR	
3) Taggart, Matt	4) Eibeck, Joshua SR	
7 Northern Lehigh		9:07.53
1) Haas, Hunter JR	2) Kemery, Preston SO	
3) Keller, Nathan SO	4) Davies, Carlton SO	
8 Palisades		9:16.89
1) Buccigrossi, Dylan SR	2) Snyder, Bobby FR	
3) Mekki, Adam JR	4) Leister, Jacob SO	

9 Saucon Valley	9:25.97
1) Kennedy, Ethan FR	2) Szydlow, Benjamin JR
3) Mawson, Joshua FR	4) Ward, Samuel JR
10 Blue Bombers	9:53.80
1) Geist, Trent FR	2) Bellesfield, Egan FR
3) Marlatt, Kory SO	4) Moyer, Colby JR

**Event 3 Girls 100 Meter Hurdles Colonial League**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Panek, Rachel	SR	SAU	16.32Q
2 Billings, Laura	SR	Southern Lehigh	16.64Q
3 Quinn, Shannon	JR	Southern Lehigh	17.13Q
4 Williams, Sierra	FR	Southern Lehigh	16.83Q
5 Evans, Jessica	SR	SAU	17.16Q
6 Martinez, Madison	SO	Blue Bombers	17.55Q
7 Moyer, Alexa	SO	Southern Lehigh	17.01q
8 Everett, Stacy	SR	NWL	17.09q
9 Goodman, Almond	FR	Wilson	17.64
10 Colley, Tanner	JR	Southern Lehigh	17.69
11 Medina, Raiana	FR	Wilson	17.72
12 Ott, Montana	SO	BAN	17.77
13 Pender, Darby	SR	NL	17.84
14 Ippolitto, Elyse	SO	BAN	17.87
15 Collier, Victoria	SR	BAN	18.51
16 Lynch, Kelly	JR	Notre Dame GP	18.70
17 Rohn, Emma	FR	SAU	18.78
18 Gillespie, Katelin	SR	CAT	19.11
19 Supplee, Sarah	SO	NWL	19.31
20 Fenstermaker, Kerrigan	FR	Southern Lehigh	19.34
21 Fogal, Emma	SO	NWL	19.37
22 Borelli, Rachael	SR	Southern Lehigh	19.96
23 VonHolden, Noemi	SR	Salisbury	20.26
24 Kolota, Anna	SO	Palisades	22.40

**Event 3 Girls 100 Meter Hurdles Colonial League**

Name	Yr	School	Finals
<b>Finals</b>			
1 Panek, Rachel	SR	SAU	15.79
2 Billings, Laura	SR	Southern Lehigh	16.56
3 Evans, Jessica	SR	SAU	16.64
4 Quinn, Shannon	JR	Southern Lehigh	16.66
5 Moyer, Alexa	SO	Southern Lehigh	16.77
6 Everett, Stacy	SR	NWL	16.85
7 Williams, Sierra	FR	Southern Lehigh	16.89
8 Martinez, Madison	SO	Blue Bombers	17.54

**Event 4 Boys 110 Meter Hurdles Colonial League**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Goodman, Job	JR	Wilson	14.85Q
2 Cunningham, Trevor	SR	NWL	15.87Q
3 Greene, Robert	SR	BAN	15.90Q
4 Holub, Brandon	SR	SAU	15.92Q

## 2017 Colonial League Track and Field League Meet - 5/9/2017 to 5/10/2017

## East Stroudsburg South High School

## Results

**Preliminaries ... (Event 4 Boys 110 Meter Hurdles Colonial League)**

Name	Yr	School	Prelims
5 Nelson, Jordan	FR	Blue Bombers	16.14Q
6 Lobb, Eric	SO	Pen Argyl Track	16.28Q
7 Eckhart, Mike	JR	Blue Bombers	16.38q
8 Barnes, Andrew	SR	Wilson	16.48q
9 Heisler, Austin	SR	Pen Argyl Track	16.81
10 Bronson, Daishawn	JR	Wilson	17.11
11 Brown, Will	JR	Palisades	17.72
12 Altenbach, Tristan	SO	Wilson	18.00
13 Fredrick, Jonathan	SO	Southern Lehigh	18.04
14 Robicheau, Connor	SR	Pen Argyl Track	18.11
15 Cooper, Zachary	SR	Southern Lehigh	18.29
16 Owens, Nate	FR	BAN	18.50
17 McGill, Justin	SO	Southern Lehigh	18.52
18 Stubits, Jake	SO	Notre Dame GP	18.80
19 Holub, Ryan	SO	SAU	19.16
20 Hundley, Ian	JR	Southern Lehigh	19.22
21 Fine, Ryan	JR	NL	19.26
22 Stringer, Zachary	SR	Salisbury	19.77

**Event 4 Boys 110 Meter Hurdles Colonial League**

Name	Yr	School	Finals
<b>Finals</b>			
1 Goodman, Job	JR	Wilson	14.75
2 Cunningham, Trevor	SR	NWL	15.34
3 Greene, Robert	SR	BAN	15.45
4 Barnes, Andrew	SR	Wilson	15.57
5 Nelson, Jordan	FR	Blue Bombers	15.77
6 Holub, Brandon	SR	SAU	15.80
7 Lobb, Eric	SO	Pen Argyl Track	16.24
8 Eckhart, Mike	JR	Blue Bombers	16.37

**Event 5 Girls 100 Meter Dash Colonial League**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Diggs, Talitha	FR	SAU	12.37Q
2 Bottelier, Lydia	SO	Palisades	12.68Q
3 Badman, Aimee	SR	Wilson	13.09Q
4 Schroy, Allison	SR	Southern Lehigh	13.12Q
5 Olewine, Jill	JR	NL	13.15Q
6 Brown, Tyra	JR	CAT	13.30Q
7 Fitzmaurice, Yemme	SR	Southern Lehigh	13.29q
8 Chase, Nerissa	FR	Southern Lehigh	13.35q
9 Hollie, Imani	SO	Southern Lehigh	13.37
10 Billig, Trisha	SR	Blue Bombers	13.46
11 Terry, Juliann	SR	Palisades	13.55
12 Salvi, Anjali	SO	Wilson	13.57
13 McGill, Megan	JR	Southern Lehigh	13.70
14 Burke, Sayler	SO	Blue Bombers	13.86
15 Grant, Brianna	JR	Wilson	13.92
16 Lopez, Lauren	JR	Notre Dame GP	13.95
17 Chemnitz, Alexis	JR	Southern Lehigh	13.96
18 Johnson, Amaiya	JR	CAT	13.98
19 Alexander, Anaiya	JR	Wilson	14.04

20 Rex, Cayden	SO	NWL	14.05
21 McGee, Sarah	JR	Salisbury	14.24
22 Antunes, Jenifer	SR	BAN	14.28
23 Yacynych, Emilee	SR	NWL	14.37
24 Mendez, Verenice	JR	BAN	14.89

**Event 5 Girls 100 Meter Dash Colonial League**

Name	Yr	School	Finals
<b>Finals</b>			
1 Diggs, Talitha	FR	SAU	12.16
2 Bottelier, Lydia	SO	Palisades	12.56
3 Badman, Aimee	SR	Wilson	12.63
4 Brown, Tyra	JR	CAT	12.87
5 Schroy, Allison	SR	Southern Lehigh	13.01
6 Fitzmaurice, Yemme	SR	Southern Lehigh	13.05
7 Olewine, Jill	JR	NL	13.08
8 Chase, Nerissa	FR	Southern Lehigh	13.14

**Event 6 Boys 100 Meter Dash Colonial League**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Marfisi, Jonathan	SR	Pen Argyl Track	11.01Q
2 Creighton, Michael	SR	Palisades	11.08Q
3 Colletti, Jared	JR	Palisades	11.37Q
4 Cunningham, Trevor	SR	NWL	11.34Q
5 Stasko, Mike	SR	Blue Bombers	11.47Q
6 Schock, Noah	JR	Southern Lehigh	11.48Q
7 Volak, Josh	SO	Palisades	11.40q
8 Buda, Timothy	FR	Salisbury	11.52q
9 Lauray, Greg	SR	Notre Dame GP	11.53
10 Frankenfield, Eric	SR	Salisbury	11.54
11 Ewunkem, Julius	FR	Notre Dame GP	11.56
12 Scipio, Tyrek	SO	BAN	11.57
13 Singletary-sims, Lamont	SR	Wilson	11.60
14 Glueck, Marcus	FR	Southern Lehigh	11.68
15 Collier, Quadir	SO	Wilson	11.68
16 Means, Jase	SR	Wilson	11.71
17 Hoyt, Eli	SR	BAN	11.73
18 Frantz, Dylan	JR	NWL	11.77
19 Hernandez, Migel	JR	CAT	11.80
20 Waterhouse, Cody	SO	Blue Bombers	11.90
21 Kressler, Brendan	SR	Southern Lehigh	11.97
22 Rodriguez, Adrian	FR	Southern Lehigh	12.21

**Event 6 Boys 100 Meter Dash Colonial League**

Name	Yr	School	Finals
<b>Finals</b>			
1 Marfisi, Jonathan	SR	Pen Argyl Track	11.06
2 Creighton, Michael	SR	Palisades	11.08
3 Volak, Josh	SO	Palisades	11.33
4 Colletti, Jared	JR	Palisades	11.36
5 Cunningham, Trevor	SR	NWL	11.49
6 Buda, Timothy	FR	Salisbury	11.56
7 Stasko, Mike	SR	Blue Bombers	11.58
8 Schock, Noah	JR	Southern Lehigh	12.18

## 2017 Colonial League Track and Field League Meet - 5/9/2017 to 5/10/2017

## East Stroudsburg South High School

## Results

## Event 7 Girls 200 Meter Dash Colonial League

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Diggs, Talitha	FR	SAU	25.50Q
2 Bottelier, Lydia	SO	Palisades	26.48Q
3 Schroy, Allison	SR	Southern Lehigh	27.07Q
4 Brown, Tyra	JR	CAT	27.12Q
5 Badman, Aimee	SR	Wilson	27.22Q
6 Terry, Juliann	SR	Palisades	28.11Q
7 Fitzmaurice, Yemme	SR	Southern Lehigh	27.35q
8 Chase, Nerissa	FR	Southern Lehigh	27.68q
9 McGill, Megan	JR	Southern Lehigh	27.69
10 Steele, Laney	JR	Pen Argyl Track	28.29
11 Burcaw, Rachel	JR	Notre Dame GP	28.66
12 Moksheski, Destiny	JR	Blue Bombers	28.81
13 Hollie, Imani	SO	Southern Lehigh	28.84
14 Salvi, Anjali	SO	Wilson	28.97
15 Antunes, Jenifer	SR	BAN	29.24
16 Rex, Cayden	SO	NWL	29.39
17 Curtin, Dorothy	SO	Palisades	29.40
18 Kemery, Karlyna	SR	NL	29.82
19 Page, Courtney	SR	NWL	29.85
20 Cieri, Amber	SO	NL	30.19
21 Romig, Olivia	SO	NL	30.27
22 Diaz, Isabella	SR	Southern Lehigh	30.35
23 Lopez, Lauren	JR	Notre Dame GP	30.52
24 Yacynych, Emilee	SR	NWL	30.80

## Event 7 Girls 200 Meter Dash Colonial League

Name	Yr	School	Finals
<b>Finals</b>			
1 Diggs, Talitha	FR	SAU	25.47
2 Bottelier, Lydia	SO	Palisades	25.87
3 Badman, Aimee	SR	Wilson	26.76
4 Brown, Tyra	JR	CAT	27.02
5 Chase, Nerissa	FR	Southern Lehigh	27.25
6 Schroy, Allison	SR	Southern Lehigh	27.27
7 Fitzmaurice, Yemme	SR	Southern Lehigh	27.75
8 Terry, Juliann	SR	Palisades	28.17

## Event 8 Boys 200 Meter Dash Colonial League

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Marfisi, Jonathan	SR	Pen Argyl Track	23.03Q
2 Creighton, Michael	SR	Palisades	23.21Q
3 Colletti, Jared	JR	Palisades	23.84Q
4 Stasko, Mike	SR	Blue Bombers	23.91Q
5 Schock, Noah	JR	Southern Lehigh	23.94Q
6 Singletary-sims, Lamont	SR	Wilson	23.97Q
7 Hohl, Charlie	JR	Notre Dame GP	24.15q
8 Scipio, Tyrek	SO	BAN	24.22q
9 Buda, Timothy	FR	Salisbury	24.26
10 Ewunkem, Julius	FR	Notre Dame GP	24.35

11 Frankenfield, Eric	SR	Salisbury	24.40
12 Waterhouse, Cody	SO	Blue Bombers	24.44
13 Stasko, Aaron	SO	Blue Bombers	24.59
14 Glueck, Marcus	FR	Southern Lehigh	24.69
15 Frantz, Dylan	JR	NWL	24.93
16 Fronheiser, Seth	JR	NL	25.05
17 Bounanno, Andrew	JR	Southern Lehigh	25.17
18 Cocco, Nate	SO	Southern Lehigh	25.22
19 Lantosh, Beau	FR	Wilson	25.37
20 Allen, Jayden	FR	NWL	25.40
21 Hoyt, Eli	SR	BAN	25.62

## Event 8 Boys 200 Meter Dash Colonial League

Name	Yr	School	Finals
<b>Finals</b>			
1 Creighton, Michael	SR	Palisades	22.44
2 Colletti, Jared	JR	Palisades	23.17
3 Stasko, Mike	SR	Blue Bombers	23.20
4 Singletary-sims, Lamont	SR	Wilson	23.37
5 Scipio, Tyrek	SO	BAN	23.61
6 Schock, Noah	JR	Southern Lehigh	24.07
7 Hohl, Charlie	JR	Notre Dame GP	24.20

## Event 9 Girls 300 Meter Hurdles Colonial League

Name	Yr	School	Finals
<b>Finals</b>			
1 Panek, Rachel	SR	SAU	46.98
2 Pender, Darby	SR	NL	47.94
3 Williams, Sierra	FR	Southern Lehigh	48.30
4 Martinez, Madison	SO	Blue Bombers	48.78
5 Ott, Montana	SO	BAN	50.43
6 Evans, Jessica	SR	SAU	50.62
7 Lynch, Kelly	JR	Notre Dame GP	50.86
8 Billings, Laura	SR	Southern Lehigh	51.13
9 Supplee, Sarah	SO	NWL	51.39
10 Moser, Ava	FR	Palisades	51.54
11 Everett, Stacy	SR	NWL	51.60
12 Borelli, Allison	SR	Southern Lehigh	52.52
13 Oldt, Chloe	FR	Blue Bombers	53.09
14 Borelli, Rachael	SR	Southern Lehigh	53.41
15 Collier, Victoria	SR	BAN	53.85
16 McGee, Sarah	JR	Salisbury	53.88
17 Gillen, Sydney	SO	Wilson	53.90
18 Medina, Raiana	FR	Wilson	54.61
19 Fornauf, Elizabeth	SR	NWL	55.06
20 Goodman, Almond	FR	Wilson	55.48
21 Pope, Katie	SO	Wilson	56.23
22 Watkins, Jada	SO	Wilson	56.49

## Event 10 Boys 300 Meter Hurdles Colonial League

Name	Yr	School	Finals
<b>Finals</b>			
1 Goodman, Job	JR	Wilson	39.68
2 Cunningham, Trevor	SR	NWL	40.35
3 Holub, Brandon	SR	SAU	41.06
4 Lobb, Eric	SO	Pen Argyl Track	41.49

## 2017 Colonial League Track and Field League Meet - 5/9/2017 to 5/10/2017

## East Stroudsburg South High School

## Results

**Finals ... (Event 10 Boys 300 Meter Hurdles Colonial League)**

Name	Yr	School	Finals
5 Stasko, Mike	SR	Blue Bombers	42.18
6 Barnes, Andrew	SR	Wilson	43.12
7 Fine, Ryan	JR	NL	43.16
8 Nelson, Jordan	FR	Blue Bombers	43.63
9 Eckhart, Mike	JR	Blue Bombers	43.89
10 Santos, Michael	JR	Notre Dame GP	44.00
11 Fredrick, Jonathan	SO	Southern Lehigh	44.87
12 Bronson, Daishawn	JR	Wilson	45.01
13 Altenbach, Tristan	SO	Wilson	45.08
14 Holub, Ryan	SO	SAU	45.58
15 Contreras, Bryan	SR	CAT	45.81
16 Stringer, Zachary	SR	Salisbury	46.18
17 Derr, Tyler	SR	NWL	46.25
18 Pennix, Jevon	SO	BAN	47.06
19 Stubits, Jake	SO	Notre Dame GP	47.12
20 Ohlson, Chase	JR	NL	47.29
21 Hernandez, Nolan	SO	NWL	47.61
22 Owens, Nate	FR	BAN	48.68

**Event 11 Girls 3200 Meter Run Colonial League**

Name	Yr	School	Finals
<b>Finals</b>			
1 Groeber, Jenna	FR	Southern Lehigh	11:18.89
2 Consuelos, Madeline	SO	NWL	11:28.87
3 Riefenstahl, Kiele	SO	SAU	11:41.03
4 Doman, Sophie	JR	Palisades	11:50.95
5 George, Katie	SR	Southern Lehigh	11:56.19
6 Rustay, Abby	SR	Wilson	12:02.07
7 Tarvin, Molly	JR	NWL	12:07.34
8 Herzon, Hannah	JR	NWL	12:23.93
9 Zack, Alyssa	SO	NWL	12:24.40
10 Sell, Martina	JR	BAN	12:33.60
11 Farese, Amy	FR	Palisades	12:54.08
12 Guelcher, Katie	SO	NL	12:57.73
13 Altonen, Lily	SO	Wilson	13:01.87
14 Warfle, Krista	SO	Pen Argyl Track	13:02.03
15 Pender, Reagan	FR	NL	13:06.40
16 Chaikowsky, Alexa	JR	SAU	13:13.25
17 McCabe, Rebecca	SR	SAU	13:30.56
18 Mills, Anna	SO	Notre Dame GP	13:34.54

**Event 12 Boys 3200 Meter Run Colonial League**

Name	Yr	School	Finals
<b>Finals</b>			
1 Bernstein, Ethan	JR	SAU	9:41.61
2 Matsumura, Thomas	JR	Southern Lehigh	9:43.13
3 Gray, Stephen	SR	Southern Lehigh	9:43.92
4 Cramer, Colin	JR	Southern Lehigh	9:46.13
5 O'Brien, Morgan	SO	BAN	9:51.60
6 Welsh, Corey	SO	Southern Lehigh	10:01.60
7 Kurtz, Adam	SR	Southern Lehigh	10:04.28
8 McNichol, Dylan	JR	Palisades	10:20.44
9 Houghton, Shane	JR	Wilson	10:21.29
10 Singleton, Saber	JR	BAN	10:28.60

11 Bubba, Marino	FR	BAN	10:28.64
12 Castrine, Phillip	JR	NWL	10:31.87
13 Eibeck, Joshua	SR	Pen Argyl Track	10:37.63
14 Leiser, Robert	JR	NWL	10:44.94
15 Giani, Chris	JR	BAN	10:45.43
16 Kish, Hunter	JR	BAN	10:48.64
17 Koehler, Aaron	FR	Wilson	10:48.72
18 Mertz, Dominic	SR	NWL	11:02.42

**Event 13 Girls Long Jump Colonial League**

Name	Yr	School	Finals
<b>Finals</b>			
1 Olewine, Jill	JR	NL	17-10.00
2 Bradley, Kenzie	JR	CAT	17-01.75
3 Donaldson, Rylee	SO	Salisbury	16-03.50
4 Holben, Erica	SO	Salisbury	16-02.00
5 Billig, Trisha	SR	Blue Bombers	16-01.50
6 Oldt, Chloe	FR	Blue Bombers	15-09.00
7 Cassaday, Amelia	FR	Southern Lehigh	15-07.00
8 Grossman, Jessica	JR	Southern Lehigh	15-05.50
9 O'Brian, Amelia	JR	BAN	15-05.25
10 Everett, Stacy	SR	NWL	15-01.50
11 Moyer, Alexa	SO	Southern Lehigh	15-01.00
12 Hoeing, Caitlin	SR	Salisbury	15-00.50
13 Olson, Sarah	JR	Southern Lehigh	14-09.50
14 Hoeing, Olivia	FR	Salisbury	14-08.25
15 Camillo, Dionnabel	SR	Wilson	14-06.50
16 LaBar, Emily	SO	BAN	14-04.25
17 Szklarski, Julia	FR	Palisades	14-02.50

**Event 14 Girls Discus Throw Colonial League**

Name	Yr	School	Finals
<b>Finals</b>			
1 Synder, Andrea	SR	NL	99-02
2 LaPorta, Julia	JR	Southern Lehigh	99-00
3 Mercurio, Katelyn	SO	Notre Dame GP	96-08
4 Leibensperger, Kayla	SO	NWL	94-11
5 Lyon, Alyssia	SO	Southern Lehigh	92-09
6 Dibilio, Franki	SO	NL	91-09
7 O'Brien, Grace	SO	Palisades	90-11
8 Reppert, Jamie	JR	CAT	90-10
9 Smith, Jacara	JR	Salisbury	89-07
10 Gough, Hannah	SR	NWL	83-02
11 Kelly, Bryanne	SR	Southern Lehigh	82-08
12 Ott, Cheyenne	SR	BAN	80-11
13 Garner, Jackie	SR	CAT	80-07
14 Dreyer, Paige	SR	Wilson	80-06
15 Kukowski, Peri	SO	Palisades	79-02
16 Kukowski, Paige	FR	Palisades	76-03
17 Herrera, Angelique	JR	Pen Argyl Track	70-07

**Event 15 Boys High Jump Colonial League**

Name	Yr	School	Finals
<b>Finals</b>			
1 Lauray, Greg	SR	Notre Dame GP	6-06.00
2 Reichenbach, John	JR	Salisbury	6-05.00

## 2017 Colonial League Track and Field League Meet - 5/9/2017 to 5/10/2017

## East Stroudsburg South High School

## Results

**Finals ... (Event 15 Boys High Jump Colonial League)**

Name	Yr	School	Finals
3 Kulp, Robert	SO	Salisbury	6-00.00
4 Brown, Will	JR	Palisades	J6-00.00
4 Jones, Anthony	JR	BAN	J6-00.00
6 Siley, Matthew	SR	Palisades	5-10.00
7 Peapos, AJ	SR	Notre Dame GP	J5-10.00
8 Seyfried, Robert	SR	NWL	J5-10.00
9 Beltz, Sawyer	JR	Pen Argyl Track	5-08.00
9 Jones, Isaiah	SO	BAN	5-08.00
9 Messerschmidt, Josh	SR	Pen Argyl Track	5-08.00
9 Volak, Josh	SO	Palisades	5-08.00
9 Shoff, Robert	JR	NL	5-08.00
9 Myers, Kyshaun	JR	Notre Dame GP	5-08.00

**Event 16 Boys Pole Vault Colonial League**

Name	Yr	School	Finals
<b>Finals</b>			
1 Miller, Nick	SR	NL	12-00.00
2 Derr, Tyler	SR	NWL	11-06.00
3 Gembarski, Brian	SR	BAN	J11-06.00
4 Roper, Mikey	JR	Pen Argyl Track	J11-06.00
5 Farese, Andy	SR	Palisades	10-06.00
5 Schipps, Matt	SR	BAN	10-06.00
5 Wittman, Jacob	JR	CAT	10-06.00
8 Buttner, Alec	SR	Wilson	J10-06.00
9 Holschwander, Dylan	SR	Southern Lehigh	J10-06.00
10 Beltz, Sawyer	JR	Pen Argyl Track	J10-06.00
11 James, Nickolas	SO	Southern Lehigh	J10-06.00
12 Stires, John	SR	CAT	10-00.00
13 McArdle, John	JR	NWL	9-06.00
14 Eibeck, Joshua	SR	Pen Argyl Track	J9-06.00

**Event 17 Boys Discus Throw Colonial League**

Name	Yr	School	Finals
<b>Finals</b>			
1 Rochon, Andrew	SR	Southern Lehigh	141-00
2 Barr, Tanner	SR	Pen Argyl Track	139-01
3 Ni, Jackie	SR	NL	134-04
4 Diorio, Seth	SO	BAN	129-00
5 Kitchell, Tom	FR	Notre Dame GP	128-06
6 Miller, Hunter	JR	NWL	123-06
7 Pozar, Cameron	JR	Wilson	115-05
8 Patterson-Zuber, Patrick	SO	SAU	J115-05
9 Vass, Saivaughn	SR	BAN	113-09
10 Holland, Colton	SR	BAN	111-10
11 Egan, Joe	SR	NL	108-08
12 Donnelly, Jack	JR	Palisades	106-03
13 Jones, Colin	SR	Palisades	104-05
14 Geerhing, Zack	JR	Palisades	98-01
15 Iles, John	SR	Blue Bombers	97-09
16 Ferrence, Tyler	SO	Notre Dame GP	96-02
17 Nittoli, Anthony	SR	BAN	87-06

**Event 18 Girls Pole Vault Colonial League**

Name	Yr	School	Finals
<b>Finals</b>			
1 Altonen, Sara	FR	Wilson	10-00.00
2 Rose, Joslynn	JR	SAU	9-06.00
3 Frankenfield, Hannah	SO	BAN	9-00.00
4 Jewell, Madison	SO	Salisbury	8-06.00
5 Holmgaard, Nadia	JR	Notre Dame GP	J8-06.00
6 Kandt, Autumn	JR	Southern Lehigh	8-00.00
6 Schiaretta, Tia	JR	Southern Lehigh	8-00.00
8 Badman, Stacey	SO	Palisades	J8-00.00
9 Leis, Madison	SR	Pen Argyl Track	J8-00.00
9 Guthrie, Megan	FR	Pen Argyl Track	J8-00.00
9 Toth, Leila	JR	NWL	J8-00.00
12 Lau, Samantha	JR	Pen Argyl Track	7-06.00
12 Vargo, Noelle	FR	Pen Argyl Track	7-06.00
12 Hanlon, Kasey	SR	Pen Argyl Track	7-06.00
12 Medei, Sara	SO	Notre Dame GP	7-06.00
16 Herrera, Angeliq	JR	Pen Argyl Track	J7-06.00

**Event 19 Boys Triple Jump Colonial League**

Name	Yr	School	Finals
<b>Finals</b>			
1 Siley, Matthew	SR	Palisades	44-05.75
2 Barnes, Andrew	SR	Wilson	42-03.50
3 Myers, Kyshaun	JR	Notre Dame GP	42-01.75
4 Volak, Josh	SO	Palisades	J42-01.75
5 Reichenbach, John	JR	Salisbury	41-09.75
6 Rivera, Angel	JR	BAN	40-10.25
7 Eckhart, Mike	JR	Blue Bombers	40-05.50
8 Seyfried, Robert	SR	NWL	39-07.50
9 Jones, Anthony	JR	BAN	39-06.25
10 Kulp, Robert	SO	Salisbury	38-05.50
11 Contreras, Bryan	SR	CAT	38-04.75
12 Mittl, Julius	SR	NWL	38-03.00
13 Dekorte, Jesse	JR	Blue Bombers	37-09.50
14 Pagotto, David	SR	BAN	37-07.75
15 Strouse, Adam	SR	Pen Argyl Track	37-04.25
16 Cleary - Kojo, Shomari	SR	Pen Argyl Track	37-00.00
17 Berger, Noah	SO	BAN	36-11.75

**Event 20 Girls Shot Put Colonial League**

Name	Yr	School	Finals
<b>Finals</b>			
1 LaPorta, Julia	JR	Southern Lehigh	34-03.00
2 Dibilio, Franki	SO	NL	31-06.00
3 Kukowski, Peri	SO	Palisades	30-07.75
4 Christopher, Sage	SO	NWL	30-02.75
5 Gillespie, Katelin	SR	CAT	29-09.25
6 Carr, Autumn	SO	Palisades	29-02.00
7 Garner, Jackie	SR	CAT	28-09.25
8 Mondello, Orianna	SO	Pen Argyl Track	28-06.75
9 Smith, Jacara	JR	Salisbury	28-03.25
10 Synder, Andrea	SR	NL	27-11.50
11 Ott, Cheyenne	SR	BAN	27-11.25

## 2017 Colonial League Track and Field League Meet - 5/9/2017 to 5/10/2017

## East Stroudsburg South High School

## Results

**Finals ... (Event 20 Girls Shot Put Colonial League)**

Name	Yr	School	Finals
12 Nastasi, Alyssa	JR	Palisades	27-05.25
13 Kelly, Bryanne	SR	Southern Lehigh	27-03.75
14 Kerr, Lauren	SR	Palisades	27-01.25
15 Gileza, Cheyanne	SR	Wilson	26-10.75
16 Leibensperger, Kayla	SO	NWL	25-00.25
17 Craft, Tonnie	JR	Southern Lehigh	24-11.25

**Event 21 Girls 1600 Meter Run Colonial League**

Name	Yr	School	Finals
<b>Finals</b>			
1 Doman, Sophie	JR	Palisades	5:15.90
2 Groeber, Jenna	FR	Southern Lehigh	5:16.04
3 Riefenstahl, Kiele	SO	SAU	5:17.10
4 Rustay, Abby	SR	Wilson	5:17.15
5 Yanega, Allyson	SR	Southern Lehigh	5:21.18
6 Consuelos, Madeline	SO	NWL	5:26.13
7 VandeBunte, Alissa	SR	Southern Lehigh	5:27.68
8 Vega, Gaby	JR	Wilson	5:30.48
9 George, Katie	SR	Southern Lehigh	5:37.85
10 Costa, Allison	FR	NWL	5:40.54
11 Tarvin, Molly	JR	NWL	5:43.22
12 Stephens, Megan	FR	Southern Lehigh	5:45.62
13 Farese, Amy	FR	Palisades	5:47.21
14 Herzon, Hannah	JR	NWL	5:47.70
15 Guelcher, Katie	SO	NL	5:49.42
16 Sell, Martina	JR	BAN	5:50.41
17 Nesfeder, Hanna	JR	Blue Bombers	5:51.82
18 Brown, Kristen	FR	NWL	5:52.14

**Event 22 Boys 1600 Meter Run Colonial League**

Name	Yr	School	Finals
<b>Finals</b>			
1 Matsumura, Thomas	JR	Southern Lehigh	4:31.94
2 Bernstein, Ethan	JR	SAU	4:32.68
3 Gray, Stephen	SR	Southern Lehigh	4:33.82
4 Martinez, Jake	SO	Blue Bombers	4:34.47
5 Race, Alex	SR	Wilson	4:35.51
6 Cramer, Colin	JR	Southern Lehigh	4:36.16
7 O'Brien, Morgan	SO	BAN	4:38.20
8 Hammerstone, Sheamus	JR	Notre Dame GP	4:40.49
9 Houghton, Shane	JR	Wilson	4:41.93
10 Singleton, Saber	JR	BAN	4:43.89
11 Welsh, Corey	SO	Southern Lehigh	4:44.60
12 Bubba, Marino	FR	BAN	4:47.09
13 Kurtz, Adam	SR	Southern Lehigh	4:49.88
14 Castrine, Phillip	JR	NWL	4:51.58
15 McNichol, Dylan	JR	Palisades	4:56.44
16 Giani, Chris	JR	BAN	4:57.06
17 Artis, Shane	FR	Salisbury	4:59.84

**Event 23 Girls 400 Meter Dash Colonial League**

Name	Yr	School	Finals
<b>Finals</b>			
1 Bottelier, Lydia	SO	Palisades	59.53

2 Donaldson, Rylee	SO	Salisbury	1:00.39
3 O'Rourke, Trisha	FR	Southern Lehigh	1:00.54
4 McGill, Megan	JR	Southern Lehigh	1:00.91
5 Ross, Katherine	SR	SAU	1:03.19
6 Mokshefski, Destiny	JR	Blue Bombers	1:03.88
7 Renner, Emily	SR	NWL	1:04.67
8 Benner, Megan	JR	Palisades	1:05.31
9 Bernstein, Emma	FR	SAU	1:05.67
10 Yeahl, Brittany	SR	SAU	1:05.91
11 O'Brian, Amelia	JR	BAN	1:06.03
12 Esposito, Victoria	SR	Notre Dame GP	1:06.32
13 Papay, Casi	FR	Blue Bombers	1:06.76
14 Freda, Kristen	SO	Pen Argyl Track	1:07.39
15 Carlon, Alexis	SO	Wilson	1:07.94
16 McNichol, Morgan	SO	Palisades	1:08.66
17 Fair, Callie	FR	Palisades	1:08.68
18 Dubon, Angie	FR	Wilson	1:09.40
19 Gillen, Sydney	SO	Wilson	1:09.43
20 Harris, Jordan	FR	Wilson	1:09.78
21 Flickinger, Samantha	JR	NWL	1:10.98
22 Martin, Gabrielle	FR	BAN	1:18.07

**Event 24 Boys 400 Meter Dash Colonial League**

Name	Yr	School	Finals
<b>Finals</b>			
1 Collier, Quadir	SO	Wilson	51.62
2 Hohl, Charlie	JR	Notre Dame GP	51.98
3 Sampson, Thomas	SR	Pen Argyl Track	52.64
4 Zahm, Hunter	JR	Notre Dame GP	53.38
5 Means, Jasone	SR	Wilson	53.39
6 Miller, Brendan	SO	Southern Lehigh	53.41
7 Goodolf, Andrew	JR	NWL	53.54
8 Bounanno, Andrew	JR	Southern Lehigh	53.69
9 Cocco, Nate	SO	Southern Lehigh	54.06
10 Kane, Brad	SO	BAN	54.29
11 Leiser, Robert	JR	NWL	54.40
12 Kyra, Jarred	SR	SAU	54.46
13 Scipio, Tyrek	SO	BAN	54.51
14 Ward, Samuel	JR	SAU	55.00
15 Cornell, Andrew	JR	NWL	55.07
16 Keller, Nathan	SO	NL	55.61
17 Fronheiser, Seth	JR	NL	55.81
18 Meilinger, Aeron	JR	Notre Dame GP	55.93
19 Lantosh, Beau	FR	Wilson	55.99
20 Nelson, Jevon	SO	Blue Bombers	56.02
21 Sikorsky, Alex	SO	Palisades	56.12
22 Venera, Anthony	SR	NWL	56.16

**Event 25 Girls 4x100 Meter Relay Colonial League**

Team	Relay	Finals
<b>Finals</b>		
1 Southern Lehigh		50.85
1) Hollie, Imani SO	2) Chase, Nerissa FR	
3) Fitzmaurice, Yemme SR	4) Schroy, Allison SR	

## 2017 Colonial League Track and Field League Meet - 5/9/2017 to 5/10/2017

## East Stroudsburg South High School

## Results

**Finals ... (Event 25 Girls 4x100 Meter Relay Colonial League)**

Team	Relay	Finals
2 Catasauqua		51.29
1) Brown, Tyra JR	2) Jenkins, Hanasia SR	
3) Johnson, Amaiya JR	4) Kern, Trinity SO	
3 Wilson Area		52.14
1) Alexander, Anaiya JR	2) Camillo, Dionnabel SR	
3) Salvi, Anjali SO	4) Badman, Aimee SR	
4 Palisades		53.04
1) Mitchell, Elora JR	2) Curtin, Dorothy SO	
3) Moser, Ava FR	4) Terry, Juliann SR	
5 Blue Bombers		53.43
1) Billig, Trisha SR	2) Burke, Sayler SO	
3) Martinez, Madison SO	4) Papay, Casi FR	
6 Northwestern Lehigh		53.45
1) Page, Courtney SR	2) Fink, Jillian FR	
3) Yacynych, Emilee SR	4) Renner, Emily SR	
7 Notre Dame GP		54.93
1) Lopez, Lauren JR	2) Burcaw, Rachel JR	
3) Wachter, Abby SO	4) Georges, Lyancy FR	
8 Pen Argyl Track 2017		55.23
1) Steele, Laney JR	2) Walsh, Meghan SR	
3) Santiago, Angelina FR	4) Kernosh, Annaleis SO	
9 Northern Lehigh		56.14
1) Sterner, Madyson SO	2) Romig, Olivia SO	
3) Cieri, Amber SO	4) Kemery, Karlyna SR	
10 Bangor		56.46
1) Ott, Montana SO	2) VanHoose, Rhianna SR	
3) Antunes, Jenifer SR	4) Ippolitto, Elyse SO	
11 Saucon Valley		56.89
1) Avia, Talia FR	2) Regalis, Brianna JR	
3) Spohn, Jordan JR	4) Jackson, Olivia FR	

**Event 26 Boys 4x100 Meter Relay Colonial League**

Team	Relay	Finals
<b>Finals</b>		
1 Wilson Area		43.70
1) Singletary-sims, Lamont SR	2) Collier, Quadir SO	
3) Means, Jasone SR	4) Goodman, Job JR	
2 Palisades		44.19
1) Lodwig, Patrick JR	2) Colletti, Jared JR	
3) Yocum, Gus FR	4) Creighton, Michael SR	
3 Pen Argyl Track 2017		44.45
1) Heisler, Austin SR	2) Sterner, Logan JR	
3) Robicheau, Connor SR	4) Marfisi, Jonathan SR	
4 Blue Bombers		44.64
1) Stasko, Aaron SO	2) Eckhart, Mike JR	
3) Waterhouse, Cody SO	4) Stasko, Mike SR	
5 Bangor		45.50
1) Scipio, Tyrek SO	2) Vass, Saivaughn SR	
3) Greene, Robert SR	4) Fries, Jacob SR	
6 Southern Lehigh		46.24
1) Esposito, Dominick SR	2) Kressler, Brendan SR	
3) Glueck, Marcus FR	4) Schock, Noah JR	

7 Saucon Valley		46.78
1) Naiburg, Joseph SR	2) Holub, Brandon SR	
3) Gallard, Kelvin SO	4) Holub, Ryan SO	
8 Northwestern Lehigh		47.56
1) Gift, Leighton JR	2) Frantz, Dylan JR	
3) Slifer, Tyler SO	4) Allen, Jayden FR	
9 Northern Lehigh		47.71
1) Troxell, Jason SR	2) Keiser, Seth SR	
3) Shoff, Robert JR	4) Fronheiser, Seth JR	
10 Notre Dame GP		49.33
1) Santos, Michael JR	2) Huyett, Matt SO	
3) Stubits, Jake SO	4) Ewunkem, Julius FR	

**Event 27 Girls 800 Meter Run Colonial League**

Name	Yr	School	Finals
<b>Finals</b>			
1 VandeBunte, Brianna	SR	Southern Lehigh	2:19.17
2 Yanega, Allyson	SR	Southern Lehigh	2:19.25
3 Yanega, Sarah	SR	Southern Lehigh	2:20.91
4 Riefenstahl, Brooke	SO	SAU	2:21.11
5 Groeber, Jenna	FR	Southern Lehigh	2:22.82
6 Doman, Sophie	JR	Palisades	2:25.19
7 Consuelos, Madeline	SO	NWL	2:27.88
8 VandeBunte, Alissa	SR	Southern Lehigh	2:29.05
9 Rustay, Abby	SR	Wilson	2:30.59
10 Zack, Alyssa	SO	NWL	2:31.06
11 Farese, Amy	FR	Palisades	2:32.07
12 Vega, Gaby	JR	Wilson	2:32.47
13 Stephens, Megan	FR	Southern Lehigh	2:33.25
14 Brennan, Brianna	JR	Blue Bombers	2:33.93
15 Kelly, Cassie	SR	Notre Dame GP	2:34.21
16 Costa, Allison	FR	NWL	2:34.44
17 Pote, Jillian	FR	Wilson	2:35.40
18 Herzon, Hannah	JR	NWL	2:35.55
19 Tarvin, Molly	JR	NWL	2:37.12
20 Farina, Gianna	FR	Notre Dame GP	2:37.25
21 Henley, Ashley	SR	Wilson	2:37.72
22 Trimmer, Jadah	SO	Wilson	2:38.37
23 Nefeder, Hanna	JR	Blue Bombers	2:41.62
24 Pender, Reagan	FR	NL	2:54.22

**Event 28 Boys 800 Meter Run Colonial League**

Name	Yr	School	Finals
<b>Finals</b>			
1 Matsumura, Thomas	JR	Southern Lehigh	2:00.35
2 Gray, Stephen	SR	Southern Lehigh	2:01.97
3 Race, Alex	SR	Wilson	2:02.46
4 Ferguson, Tim	SR	BAN	2:03.48
5 Fillman, Alex	SO	Southern Lehigh	2:03.80
6 Koons, John	SO	Notre Dame GP	2:05.18
7 Bernstein, Ethan	JR	SAU	2:06.72
8 Eibeck, Joshua	SR	Pen Argyl Track	2:07.03
9 Koons, Tom	SR	Notre Dame GP	2:07.34
10 O'Brien, Morgan	SO	BAN	2:07.77
11 Houghton, Shane	JR	Wilson	2:08.51
12 Kemery, Preston	SO	NL	2:09.69

## 2017 Colonial League Track and Field League Meet - 5/9/2017 to 5/10/2017

## East Stroudsburg South High School

## Results

**Finals ... (Event 28 Boys 800 Meter Run Colonial League)**

Name	Yr	School	Finals
13 Bubba, Marino	FR	BAN	2:11.65
14 Hammerstone, Sheamus	JR	Notre Dame GP	2:12.51
15 Kurtz, Adam	SR	Southern Lehigh	2:13.20
16 Dutt, Jason	SR	Wilson	2:14.80
17 Harris, Josh	JR	Wilson	2:15.06
18 Carter, Dylan	SO	Notre Dame GP	2:15.42
19 Goodolf, Andrew	JR	NWL	2:17.53
20 Vennera, Anthony	SR	NWL	2:18.42
21 Ramson, Marc	SO	Southern Lehigh	2:18.54
22 Wetzal, Jack	SR	Southern Lehigh	2:19.90

**Event 29 Girls 4x400 Meter Relay Colonial League**

Team	Relay	Finals
<b>Finals</b>		
1 Southern Lehigh		4:03.27
1) Yanega, Sarah SR	2) VandeBunte, Brianna SR	
3) McGill, Megan JR	4) Yanega, Allyson SR	
2 Saucon Valley		4:09.94
1) Riefenstahl, Brooke SO	2) Diggs, Talitha FR	
3) Riefenstahl, Kiele SO	4) Bernstein, Emma FR	
3 Northwestern Lehigh		4:18.11
1) Rex, Cayden SO	2) Zack, Alyssa SO	
3) Supplee, Sarah SO	4) Renner, Emily SR	
4 Pen Argyl Track 2017		4:19.29
1) Walsh, Meghan SR	2) Steele, Laney JR	
3) O'Brien, Kelly SO	4) Kernosh, Annaleis SO	
5 Blue Bombers		4:23.58
1) Martinez, Madison SO	2) Burke, Sayler SO	
3) Brennan, Brianna JR	4) Mokshefski, Destiny JR	
6 Palisades		4:24.81
1) Terry, Juliann SR	2) Curtin, Dorothy SO	
3) Benner, Megan JR	4) Farese, Amy FR	
7 Bangor		4:33.73
1) Ott, Montana SO	2) O'Brian, Amelia JR	
3) Ippolitto, Elyse SO	4) LaBar, Emily SO	
8 Wilson Area		4:35.81
1) Medina, Raiana FR	2) Dubon, Angie FR	
3) Harris, Jordan FR	4) Carlbom, Alexis SO	
9 Notre Dame GP		4:36.94
1) Lynch, Kelly JR	2) Kelly, Cassie SR	
3) Farina, Gianna FR	4) Dyer, Victoria FR	
10 Northern Lehigh		4:53.15
1) Kemery, Karlyna SR	2) Guelcher, Katie SO	
3) Cieri, Amber SO	4) Wilk, Molly SO	

**Event 30 Boys 4x400 Meter Relay Colonial League**

Team	Relay	Finals
<b>Finals</b>		
1 Wilson Area		3:28.65
1) Goodman, Job JR	2) Collier, Quadir SO	
3) Singletary-sims, Lamont SR	4) Means, Jasone SR	
2 Palisades		3:31.86
1) Creighton, Michael SR	2) Colletti, Jared JR	
3) Lodwig, Patrick JR	4) Yocum, Gus FR	

3 Saucon Valley		3:32.01
1) Holub, Brandon SR	2) Kyra, Jarred SR	
3) Holub, Ryan SO	4) Schriffert, Nicholas FR	
4 Northwestern Lehigh		3:32.57
1) Goodolf, Andrew JR	2) Leiser, Robert JR	
3) Cornell, Andrew JR	4) Cunningham, Trevor SR	
5 Pen Argyl Track 2017		3:33.71
1) Sampson, Thomas SR	2) Robicheau, Connor SR	
3) Gabriel, Jeffery SR	4) Lobb, Eric SO	
6 Notre Dame GP		3:37.21
1) Hohl, Charlie JR	2) Santos, Sebastian FR	
3) Hohl, Jack FR	4) Zahm, Hunter JR	
7 Southern Lehigh		3:39.33
1) Cocco, Nate SO	2) Schock, Noah JR	
3) Glueck, Marcus FR	4) Wetzal, Jack SR	
8 Blue Bombers		3:41.59
1) Nelson, Jevon SO	2) Sabo, Andrew FR	
3) Nelson, Jordan FR	4) Martinez, Jake SO	
9 Northern Lehigh		3:46.43
1) Kemery, Preston SO	2) Fine, Ryan JR	
3) Fronheiser, Seth JR	4) Keller, Nathan SO	
10 Bangor		3:47.16
1) Ferguson, Tim SR	2) Fries, Jacob SR	
3) Kane, Brad SO	4) Scipio, Tyrek SO	

**Event 31 Boys Long Jump Colonial League**

Name	Yr	School	Finals
<b>Finals</b>			
1 Reichenbach, John	JR	Salisbury	22-08.50
2 Lauray, Greg	SR	Notre Dame GP	21-06.00
3 Siley, Matthew	SR	Palisades	21-02.00
4 Robicheau, Connor	SR	Pen Argyl Track	21-01.75
5 Volak, Josh	SO	Palisades	20-11.75
6 Kulp, Robert	SO	Salisbury	20-06.25
7 Jones, Anthony	JR	BAN	20-00.00
8 Barnes, Andrew	SR	Wilson	19-10.00
9 Rivera, Angel	JR	BAN	19-09.75
10 Mittl, Julius	SR	NWL	19-05.75
11 Myers, Kyshaun	JR	Notre Dame GP	19-05.25
12 Sterner, Logan	JR	Pen Argyl Track	19-04.25
13 Contreras, Bryan	SR	CAT	19-01.00
14 Jones, Isaiah	SO	BAN	18-10.25
15 Pagotto, David	SR	BAN	18-07.25
16 Hoyt, Eli	SR	BAN	18-02.75
17 Waterhouse, Cody	SO	Blue Bombers	17-01.75
18 Brown, Will	JR	Palisades	14-04.50

**Event 32 Boys Javelin Throw Colonial League**

Name	Yr	School	Finals
<b>Finals</b>			
1 Fredericks, Chris	SO	Blue Bombers	177-00
2 Hess, Luke	JR	Wilson	167-10
3 Lyon, Eric	SO	BAN	165-09
4 Nittoli, Anthony	SR	BAN	156-00
5 Egan, Joe	SR	NL	153-00
6 Barr, Tanner	SR	Pen Argyl Track	146-00



## 2017 Colonial League Track and Field League Meet - 5/9/2017 to 5/10/2017

## East Stroudsburg South High School

## Results

**Finals ... (Event 32 Boys Javelin Throw Colonial League)**

Name	Yr	School	Finals
7 Suto, Joe	SR	Blue Bombers	145-07
8 Miller, Hunter	JR	NWL	142-05
9 Sterner, Logan	JR	Pen Argyl Track	138-04
10 Harka, Jared	SO	SAU	131-06
11 Vass, Saivaughn	SR	BAN	130-08
12 Bittner, Mark	JR	BAN	130-06
13 Geerhing, Zack	JR	Palisades	127-04
14 Silfies, Tryce	SR	Southern Lehigh	125-09
15 Yadush, Sam	SO	NWL	125-05
16 Hoffman, Trevor	JR	NL	125-00
17 Bailey, Ryan	JR	BAN	121-11
18 Morgan, Tanner	SR	SAU	111-06

**Event 33 Girls High Jump Colonial League**

Name	Yr	School	Finals
<b>Finals</b>			
1 Bottelier, Lydia	SO	Palisades	5-08.00
2 LaBar, Emily	SO	BAN	5-02.00
3 Holben, Erica	SO	Salisbury	5-02.00
4 Oldt, Chloe	FR	Blue Bombers	5-00.00
5 Maslonka, Brianna	JR	Notre Dame GP	4-10.00
5 Crozier, Mariah	JR	Wilson	4-10.00
7 Rose, Joslynn	JR	SAU	4-08.00
7 Itterly, Jocelyn	SO	Pen Argyl Track	4-08.00
9 Benner, Megan	JR	Palisades	4-08.00
10 Everett, Stacy	SR	NWL	4-08.00
11 Renelli, Kayla	FR	Salisbury	4-06.00
11 Cavallaro, Kaitlyn	JR	Palisades	4-06.00
11 Hambley, Grace	FR	Southern Lehigh	4-06.00

**Event 34 Boys Shot Put Colonial League**

Name	Yr	School	Finals
<b>Finals</b>			
1 Rochon, Andrew	SR	Southern Lehigh	52-10.00
2 Ni, Jackie	SR	NL	45-06.00
3 Heisler, Austin	SR	Pen Argyl Track	43-11.50
4 Patterson-Zuber, Patrick	SO	SAU	42-05.25
5 Diorio, Seth	SO	BAN	41-10.50
6 Barker, James	JR	BAN	40-08.75
7 Hopper, Josh	SO	BAN	40-05.75
8 Donnelly, Jack	JR	Palisades	40-02.75
9 Britt, Walker	SR	Palisades	39-03.50
10 Garcia, Jason	JR	NWL	38-04.75
11 Neff, David	SR	NL	38-03.25
12 Ceraul, Zachary	JR	Pen Argyl Track	37-06.50
13 Pozar, Cameron	JR	Wilson	37-06.00
14 Iles, John	SR	Blue Bombers	36-09.75
15 Nittoli, Anthony	SR	BAN	36-03.00
16 Nicolo, Dan	SR	Blue Bombers	34-07.75
17 Kitchell, Tom	FR	Notre Dame GP	33-03.75

**Event 35 Girls Javelin Throw Colonial League**

Name	Yr	School	Finals
<b>Finals</b>			
1 Cavallaro, Kaitlyn	JR	Palisades	117-07
2 Petrik, Michelle	JR	Notre Dame GP	111-01
3 Terrette, Paige	SO	BAN	108-03
4 Arnold, Madeline	JR	Southern Lehigh	107-02
5 Kelly, Bryanne	SR	Southern Lehigh	106-10
6 Herrera, Angelique	JR	Pen Argyl Track	100-03
7 Hagan, Natalie	SO	SAU	97-02
8 Petruska, Margaux	JR	Salisbury	95-07
9 Sevrain, Sydney	FR	NWL	94-10
10 Kardos, Mackenzie	FR	Wilson	90-06
11 Dario, Emily	FR	Pen Argyl Track	89-08
12 Smith, Jacara	JR	Salisbury	87-11
13 Spies, Leah	SO	Palisades	87-10
14 Sevrain, Gabrielle	JR	NWL	85-10
15 Zarkowski, Jenna	JR	NL	85-02
16 Esposito, Victoria	SR	Notre Dame GP	85-00
17 Biviano, Jade	SR	CAT	83-08
18 Wilcrout, Ashley	JR	NL	79-01

**Event 36 Girls Triple Jump Colonial League**

Name	Yr	School	Finals
<b>Finals</b>			
1 Olewine, Jill	JR	NL	35-02.00
2 O'Brian, Amelia	JR	BAN	33-11.50
3 Bradley, Kenzie	JR	CAT	33-06.00
4 Hoeing, Olivia	FR	Salisbury	33-00.25
5 Pender, Darby	SR	NL	32-11.50
6 Grossman, Jessica	JR	Southern Lehigh	32-09.50
7 Adams, Victoria	SO	Southern Lehigh	32-08.00
8 Mitchell, Elora	JR	Palisades	32-01.25
9 Sinko, Jennifer	SR	SAU	31-10.00
10 Lowthert, Jordan	JR	NWL	31-09.50
11 Hoeing, Caitlin	SR	Salisbury	31-08.00
12 Sine, Laura	JR	Wilson	31-05.00
13 Rose, Joslynn	JR	SAU	31-03.75
14 Sevrain, Gabrielle	JR	NWL	31-01.00
15 Camillo, Dionnabel	SR	Wilson	30-07.50
16 Oldt, Chloe	FR	Blue Bombers	30-05.50
17 LaBar, Emily	SO	BAN	30-01.00

**Event 40 Girls 4x800 Meter Relay Eastern PA Conf**

Team	Relay	Finals
<b>Finals</b>		
1 Emmaus		9:36.84
1) Pickering, Sophie JR	2) Durrwachter, Katrina SR	
3) Heilenman, Abby SO	4) Dalton, Abby JR	
2 Stroudsburg		9:37.35
1) Powlette, Allana SR	2) Douglas-Grant, Jasmine JR	
3) Banashefski, Emily SO	4) Francis, Avery FR	
3 Liberty		9:45.21
1) Stuckey, Greta SO	2) Sahaydak, Olivia JR	
3) Valladeras, Alicia JR	4) Weikert, Belle FR	

**2017 Colonial League Track and Field League Meet - 5/9/2017 to 5/10/2017**

**East Stroudsburg South High School**

**Results**

**Finals ... (Event 40 Girls 4x800 Meter Relay Eastern PA Conf)**

Team	Relay	Finals
4 Parkland		9:55.36
1) Anderson, Devyn SR	2) Schaller, Ava FR	
3) DelVecchio, Sydney SR	4) Boychuck, Celine SO	
5 Northampton		10:06.23
1) Gallagher, Lyndsey SR	2) Albright, Beth JR	
3) Pague, Lauren SO	4) Perelli, Magen SO	
6 ACC		10:11.24
1) Deschler, Alyssa JR	2) Deschler, Emily JR	
3) Harris, Sydney SO	4) Montanari, Devon JR	
7 Whitehall		10:23.97
1) Cunningham, Kassidy JR	2) Jones, Sarah SO	
3) Wells, Emily SO	4) Roberts, Devon FR	
8 Pleasant Valley		10:38.11
9 ES South		10:46.23
1) Holmwood, Anna FR	2) Martinelli, Genevieve JR	
3) Molinaro, Elise FR	4) Ebrahimi, Baunu FR	
10 Freedom		10:49.39
1) Connelly, Shannon SO	2) Sweeney, Mary SO	
3) Young, Ally SR	4) Dunn, Sarah Beth SR	
11 Nazareth		10:51.06
1) Kern, Emily SO	2) Joseph, Kathryn FR	
3) Hoff, Allison SO	4) Leszczynski, Mikala SR	
12 ES North		10:56.46
1) Attram, Drexlar SO	2) Mayes, Olivia FR	
3) Montanez, Natalie SR	4) Pacheco, Demi SO	
13 Bethlehem Catholic		11:30.42
1) Rodriguez, Solei SO	2) Lieb, Clarissa FR	
3) Abrams, Kahli SO	4) Finney, Jess SO	
14 Pocono Mountain West		11:36.53

**Event 41 Boys 4x800 Meter Relay Eastern PA Conf**

Team	Relay	Finals
<b>Finals</b>		
1 Pleasant Valley		8:11.33
2 Parkland		8:12.29
1) Morgan, Samuel JR	2) Ringer, Jacob JR	
3) Snyder, Jonathan SR	4) Williamson, Riley SO	
3 William Allen		8:15.34
1) Toure, Ahmed SR	2) Coronel, Carlos SR	
3) Hernandez, Javier SR	4) Nunez Cuevas, Yancarlos JR	
4 Easton		8:22.73
1) Austin, Christopher SR	2) Ozgar, Joseph SO	
3) Guldish, Sean JR	4) Kraus, Stephen SR	
5 Stroudsburg		8:30.46
1) Marina, William FR	2) Bodon, Matthew JR	
3) Macias, Lucas JR	4) Daly, Parker SO	
6 Pocono Mountain West		8:31.71
7 Emmaus		8:33.32
1) Brown, Jacob SO	2) Petre, Paul FR	
3) Hagerman, Aaron JR	4) Vierling, Del SR	
8 ES North		8:40.40
1) Burns, Jason SR	2) Patane, Joseph SR	
3) Kanterman, Dakota SR	4) Sympson, Pagette SO	

9 ES South		8:41.59
1) Heller, Stephen SR	2) Glover, Von SR	
3) Duroseau, Joelle SR	4) Vera, Giancarlo SR	
10 Whitehall		8:43.06
1) Hawk, Andrew SR	2) Anatalio, Adrian SR	
3) Staub, Caleb SO	4) Rappaport, Samuel SR	
11 Liberty		8:43.67
1) LaRotta, Pedro SR	2) Fermin, Darlyn SO	
3) Seixas, GianCarlos SR	4) Frank, Casey FR	
12 Freedom		8:46.74
1) Gross, Isaac SR	2) Pollock, Kevin JR	
3) Boyer, Adam JR	4) Bauer, Nicholas SO	
13 Pocono Mountain East		8:49.20
1) Goodridge, Tyrese SR	2) Rosa, Virgilio SO	
3) Christian, Tyler SO	4) Payack, Jon SR	
14 ACC		8:50.49
1) Deschler, Chris JR	2) Deschler, Nick JR	
3) Servagno, Santino JR	4) Grapsy, Michael SR	
15 Northampton		8:53.28
1) N'Jenga, Isaac SR	2) Tyler, Isaiah FR	
3) Domchek, Dalton SO	4) Gillette, Evan SO	
16 Nazareth		9:09.52
1) Betz, Devin SO	2) Lahr, Travis FR	
3) Kreider, Luke JR	4) Voloshen, Christian FR	

**Event 42 Girls 100 Meter Hurdles Eastern PA Conf**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Jones, Kiaya	FR	PM East	16.26Q
2 Lopez, Tatiana	SR	Northampton	16.45Q
3 Reed, Grace	SR	Parkland	16.57Q
4 Fenn, Jaida	SR	Stroudsburg	16.29Q
5 Little, Mya	SR	ES South	16.46Q
6 Rivera, Selena	SO	ES North	17.34Q
7 Taylor, Gabriella	SO	ES South	16.74q
8 Hutchinson, Christine	SO	Parkland	17.59q
9 Martin, Amanda	SR	Stroudsburg	18.01
10 Boyce, Brianni	JR	ES South	18.01
11 Yazquez, Destiny	FR	Emmaus	18.22
12 Mertz, Madelyn	JR	Whitehall	18.23
13 Bassler, Claire	JR	Parkland	18.40
14 Franke, Robyn	JR	Northampton	18.44
15 Thompson, Eayoni	JR	PM West	18.46
16 Potcher, Jillian	SO	Stroudsburg	18.52
17 Yacuboski, Taylor	SR	PM East	18.71
18 Brooks-Miller, Nicole	JR	PI Valley	18.87
19 Thomas, Paige	JR	Emmaus	18.99
20 Murray, Brianna	FR	Easton	19.10
21 Jones, Jada	FR	Easton	19.58
22 Scott, Lela	JR	ES South	19.85
23 Barkley, Aliyah	FR	Whitehall	19.90

## 2017 Colonial League Track and Field League Meet - 5/9/2017 to 5/10/2017

## East Stroudsburg South High School

## Results

**Event 42 Girls 100 Meter Hurdles Eastern PA Conf**

Name	Yr	School	Finals
<b>Finals</b>			
1	Reed, Grace	SR Parkland	15.83
2	Jones, Kiaya	FR PM East	15.96
3	Taylor, Gabriella	SO ES South	15.97
4	Lopez, Tatiana	SR Northampton	16.20
5	Fenn, Jaida	SR Stroudsburg	16.31
6	Little, Mya	SR ES South	16.66
7	Rivera, Selena	SO ES North	17.93
8	Hutchinson, Christine	SO Parkland	17.96

**Event 43 Boys 110 Meter Hurdles Eastern PA Conf**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Selassie, Isreal	JR Easton	15.37Q
2	Rosario, Jose	SR PI Valley	15.73Q
3	Stewart, Jevaghn	SR PM East	15.78Q
4	Thompson, Katrell	JR Easton	15.43Q
5	Posten, Powell	SO ES South	16.07Q
6	Rosario, Juan	SR ES South	16.17Q
7	Fernandez-Martinez, Rodg	SR Allen	16.28q
8	Kromah, Lansana	SO Easton	16.43q
9	Marajeen, Keiden	SO ES North	16.49
10	Jones, Keshawn	JR PM East	16.80
11	Datis-Cordero, Jovani	SR Northampton	16.83
12	Montes, Adriel	SO Parkland	16.96
13	Guerrero, Rob	SR Stroudsburg	17.01
14	Rosario, Esiah	SO Becahi	17.01
15	Parkes, Shareef	JR ES South	17.02
16	Jones, Terrence	SO Allen	17.06
17	Hunter, Chrys	JR Liberty	17.11
18	Rock, Thawadah	SO Freedom	17.96
19	Basadzishvili, Lasha	SR Stroudsburg	18.23
20	Kolb, Thaddeus	SO Liberty	18.36

**Event 43 Boys 110 Meter Hurdles Eastern PA Conf**

Name	Yr	School	Finals
<b>Finals</b>			
1	Selassie, Isreal	JR Easton	15.13
2	Thompson, Katrell	JR Easton	15.24
3	Rosario, Jose	SR PI Valley	15.36
4	Fernandez-Martinez, Rodg	SR Allen	15.95
5	Kromah, Lansana	SO Easton	15.96
6	Rosario, Juan	SR ES South	16.42
7	Stewart, Jevaghn	SR PM East	16.63
8	Posten, Powell	SO ES South	16.73

**Event 44 Girls 100 Meter Dash Eastern PA Conf**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Caldwell, Khyasia	SR PM East	12.20Q
2	Moore, Jalurah	JR PI Valley	12.53Q

3	Radcliffe, Abigail	SO Nazareth	13.01Q
4	Mills, Nia	JR ES North	12.39Q
5	Mittl, Grace	JR Liberty	12.89Q
6	Wiggins, Juanita	SO PM West	13.02Q
7	Shaffer, Payton	JR Liberty	12.92q
8	Graves, Sydney	FR Stroudsburg	12.92q
9	Burrell, Ayanna	JR Stroudsburg	13.12
10	Taylor, Gabriella	SO ES South	13.18
11	Moore, Tierra	JR PM West	13.21
12	Bonshak, Kate	FR Whitehall	13.30
13	Dallam, Jade	SR Liberty	13.31
14	Bisko, Brooke	FR Becahi	13.33
14	Smith, Alanna	FR Emmaus	13.33
16	Smith, Kayla	FR Emmaus	13.38
17	Mitchell, Tyra	SR ACC	13.45
18	Reed, Jasmine	JR Easton	13.45
19	Ra'oof, Kenya	SR Emmaus	13.59
20	Liguori, Gabriella	FR Stroudsburg	13.61
21	Spears, Deja	FR Stroudsburg	13.64
22	Concepcion, Ana Maria	JR Dieruff	13.66
23	Dee, Alana Marie	SR Parkland	13.73

**Event 44 Girls 100 Meter Dash Eastern PA Conf**

Name	Yr	School	Finals
<b>Finals</b>			
1	Caldwell, Khyasia	SR PM East	12.30
2	Moore, Jalurah	JR PI Valley	12.52
3	Mills, Nia	JR ES North	12.57
4	Mittl, Grace	JR Liberty	12.68
5	Shaffer, Payton	JR Liberty	12.69
6	Radcliffe, Abigail	SO Nazareth	12.70
7	Graves, Sydney	FR Stroudsburg	13.00
8	Wiggins, Juanita	SO PM West	13.07

**Event 45 Boys 100 Meter Dash Eastern PA Conf**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Liaci, Julian	SR Nazareth	11.11Q
2	Walter, Nicholas	SR Stroudsburg	11.33Q
3	Edwards, Khalil	JR PM West	11.44Q
4	Brown, Eddie	SR ES North	11.36Q
5	Colon, Julian	JR Parkland	11.47Q
6	Alexander, Jahvanne	SR Allen	11.55Q
7	Kurtz, Joe	SO Becahi	11.43q
8	Labib, Martin	JR Whitehall	11.44q
9	McPherson, Izaiah	SO Emmaus	11.50
10	Thompson, Katrell	JR Easton	11.54
11	Heffelfinger, Morgan	8 Northampton	11.58
12	Wiggins, Isaiah	SR PM West	11.62
13	Doelue, Allen	SO Emmaus	11.64
14	Salau, Habeeb	JR Parkland	11.64
15	St Hilaire, Jonathan	JR PM West	11.70
16	Vazquez, Jaden	JR Liberty	11.71
17	Glosson, Anthony	SR Parkland	11.73
18	Gordan, Camden	JR ES South	11.78

## 2017 Colonial League Track and Field League Meet - 5/9/2017 to 5/10/2017

## East Stroudsburg South High School

## Results

**Preliminaries ... (Event 45 Boys 100 Meter Dash Eastern PA Co**

Name	Yr	School	Prelims
19 Hussett, Chad	SO	Whitehall	11.84
20 Anglovich, Gunner	SR	Liberty	11.84
21 Mitchell, Michael	SR	PI Valley	11.86
22 West, Devon	SO	Liberty	11.91
23 Solomon, Sean	JR	ES South	12.02

**Event 45 Boys 100 Meter Dash Eastern PA Conf**

Name	Yr	School	Finals
<b>Finals</b>			
1 Liaci, Julian	SR	Nazareth	10.67
2 Brown, Eddie	SR	ES North	11.04
3 Colon, Julian	JR	Parkland	11.15
4 Edwards, Khalil	JR	PM West	11.17
5 Alexander, Jahvanne	SR	Allen	11.19
6 Walter, Nicholas	SR	Stroudsburg	11.27
7 Kurtz, Joe	SO	Becahi	11.42
8 Labib, Martin	JR	Whitehall	11.64

**Event 46 Girls 200 Meter Dash Eastern PA Conf**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Caldwell, Khyasia	SR	PM East	25.89Q
2 Douglas-Grant, Jasmine	JR	Stroudsburg	26.17Q
3 Moore, Jalurah	JR	PI Valley	26.36Q
4 Mills, Nia	JR	ES North	26.49Q
5 Shaffer, Payton	JR	Liberty	26.52Q
6 Wiggins, Juanita	SO	PM West	26.71Q
7 Slader, Ellissa	JR	Easton	26.70q
7 Radcliffe, Abigail	SO	Nazareth	26.70q
9 Burgess, Kayla	SR	Stroudsburg	26.73
10 Mittl, Grace	JR	Liberty	26.75
11 Willshaw, Kate	SO	Easton	27.07
12 Dries, Mackenzie	FR	Emmaus	27.36
13 Flaven, Hannah	JR	Northampton	27.43
14 Corpora, Nina	SO	Easton	27.44
15 Willcox, Emily	SR	Parkland	27.54
16 Smith, Kayla	FR	Emmaus	27.65
17 Moore, Tierra	JR	PM West	27.66
18 Reed, Jasmine	JR	Easton	27.70
19 Bonshak, Kate	FR	Whitehall	27.76
20 Dallam, Jade	SR	Liberty	27.92
21 Roper, Breyanna	FR	Emmaus	28.07
22 Liguori, Gabriella	FR	Stroudsburg	28.71
23 Harris, Nia	SR	PM East	29.05
24 Concepcion, Ana Maria	JR	Dieruff	29.33

**Event 46 Girls 200 Meter Dash Eastern PA Conf**

Name	Yr	School	Finals
<b>Finals</b>			
1 Caldwell, Khyasia	SR	PM East	25.32
2 Douglas-Grant, Jasmine	JR	Stroudsburg	25.82
3 Moore, Jalurah	JR	PI Valley	26.01
4 Wiggins, Juanita	SO	PM West	26.20

5 Shaffer, Payton	JR	Liberty	26.21
6 Mills, Nia	JR	ES North	26.33
7 Slader, Ellissa	JR	Easton	26.36
8 Radcliffe, Abigail	SO	Nazareth	26.89

**Event 47 Boys 200 Meter Dash Eastern PA Conf**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Liaci, Julian	SR	Nazareth	22.45Q
2 Colon, Julian	JR	Parkland	22.91Q
3 Alexander, Jahvanne	SR	Allen	22.93Q
4 Brown, Eddie	SR	ES North	22.96Q
5 Edwards, Khalil	JR	PM West	23.47Q
6 Labib, Martin	JR	Whitehall	23.61Q
7 Vazquez, Jaden	JR	Liberty	23.32q
8 Gordan, Camden	JR	ES South	23.48q
9 St Hilaire, Jonathan	JR	PM West	23.67
10 Mantone, Brian	SR	Emmaus	23.80
11 Salau, Habeeb	JR	Parkland	23.83
12 McNally, Kade	SR	Easton	23.86
13 Moses, Stephon	JR	Allen	23.86
14 Brown, Jordan	SR	PI Valley	23.91
15 Anglovich, Gunner	SR	Liberty	23.99
16 Muhammad, Tawheed	SR	Easton	24.23
17 DelMoral, Deven	SR	Easton	24.26
18 Elie-King, Kyeene	JR	PM East	24.26
19 Glosson, Anthony	SR	Parkland	24.44
20 Nunez-Delgado, Glenn	SO	Dieruff	24.62
21 Nunez, Josue	SO	Dieruff	25.19

**Event 47 Boys 200 Meter Dash Eastern PA Conf**

Name	Yr	School	Finals
<b>Finals</b>			
1 Liaci, Julian	SR	Nazareth	21.83
2 Alexander, Jahvanne	SR	Allen	22.39
3 Brown, Eddie	SR	ES North	22.54
4 Colon, Julian	JR	Parkland	22.67
5 Gordan, Camden	JR	ES South	23.03
6 Labib, Martin	JR	Whitehall	23.13
7 Edwards, Khalil	JR	PM West	23.28
8 Vazquez, Jaden	JR	Liberty	23.32

**Event 48 Girls 300 Meter Hurdles Eastern PA Conf**

Name	Yr	School	Finals
<b>Finals</b>			
1 Fenn, Jaida	SR	Stroudsburg	47.02
2 Rivera, Selena	SO	ES North	49.39
3 Hutchinson, Christine	SO	Parkland	49.43
4 Potcher, Jillian	SO	Stroudsburg	50.68
5 Mertz, Madelyn	JR	Whitehall	50.75
6 Creelman, Edna	SO	Emmaus	50.93
7 Bassler, Claire	JR	Parkland	51.08
8 Deschamps, Hazel	SO	Liberty	51.26
9 Kuykens, Cara	SO	Liberty	51.29
10 Boyce, Brianni	JR	ES South	51.30

## 2017 Colonial League Track and Field League Meet - 5/9/2017 to 5/10/2017

## East Stroudsburg South High School

## Results

**Finals ... (Event 48 Girls 300 Meter Hurdles Eastern PA Conf)**

Name	Yr	School	Finals
11 Janny, Mary Rose	FR	ACC	51.31
12 Ingalls, Emily	JR	Emmaus	51.33
13 Herzog, Olivia	JR	ACC	51.35
14 Dewitt, Lexis	SR	PM West	51.45
15 Colona-Dotter, Breanna	SR	Northampton	51.48
16 Tereska, Caley	SO	Liberty	52.20
17 Thompson, Eayoni	JR	PM West	52.28
18 Daems, Lindsey	JR	Nazareth	53.11
19 Jones, Jada	FR	Easton	53.31
20 Yacoboski, Taylor	SR	PM East	53.64
21 Mesce, Lucianne	FR	PI Valley	54.45
22 Lopez, Tatiana	SR	Northampton	54.65

**Event 49 Boys 300 Meter Hurdles Eastern PA Conf**

Name	Yr	School	Finals
<b>Finals</b>			
1 Couch, Michael	SR	Easton	40.59
2 Hernandez, Javier	SR	Allen	40.80
3 Selassie, Isreal	JR	Easton	41.38
4 Stewart, Jevaghn	SR	PM East	41.46
5 Posten, Powell	SO	ES South	41.57
6 Bodnar, Nicholas	FR	Northampton	42.16
7 Kromah, Lansana	SO	Easton	42.36
8 Rosario, Juan	SR	ES South	42.39
9 Tackett, Christian	FR	Liberty	42.65
10 Datis-Cordero, Jovani	SR	Northampton	42.67
11 Pruzinsky, Daniel	SR	Parkland	42.78
12 Harmony, Xavier	SO	PI Valley	43.11
13 Fernandez-Martinez, Rodg	SR	Allen	43.26
14 Foley, Dillan	FR	ACC	43.34
15 Arnold, Samuel	JR	Northampton	43.81
16 Ryan, Jake	JR	Emmaus	44.24
17 Clemente, Chris	SR	PM East	44.27
18 Rosario, Esiah	SO	Becahi	44.36
19 Thomas, Jerel	JR	PI Valley	44.42
20 Montes, Adriel	SO	Parkland	44.58
21 Basadzishvili, Lasha	SR	Stroudsburg	45.84
22 Figueroa, Aaron	SR	Emmaus	46.23
23 Lesley, Elijah	JR	Liberty	46.59

**Event 50 Girls 3200 Meter Run Eastern PA Conf**

Name	Yr	School	Finals
<b>Finals</b>			
1 Conboy, Amy	SO	Stroudsburg	11:13.74
2 Joyce, Michelle	SR	Stroudsburg	11:22.22
3 Deschler, Emily	JR	ACC	11:28.08
4 Dalton, Abby	JR	Emmaus	11:29.27
5 Weikert, Belle	FR	Liberty	11:45.16
6 DelVecchio, Sydney	SR	Parkland	11:59.36
7 Pepe, Rowan	SR	Becahi	11:59.97
8 Eberhardt, Elizabeth	SR	PI Valley	12:01.20
9 Basile, Geena	SR	Easton	12:01.53
10 Heitz, Mackenzie	JR	Easton	12:02.02
11 Zaun, Madison	SO	Parkland	12:04.05

12 Scheidel, Mary Frances	FR	Becahi	12:08.38
13 Duke, Kalin	SO	Stroudsburg	12:10.78
14 Danley, Skyler	SO	Easton	12:11.45
15 Wood, Erin	JR	Parkland	12:14.69
16 Haas, Grace	SO	Liberty	12:19.23
17 Perelli, Magen	SO	Northampton	12:22.80
18 Albright, Beth	JR	Northampton	12:27.63
19 Hoff, Allison	SO	Nazareth	12:32.77
20 Keegan, Morgan	FR	Easton	12:36.27
21 Roberts, Devon	FR	Whitehall	12:49.02
22 LaVana, Amanda	SO	Emmaus	13:17.35

**Event 51 Boys 3200 Meter Run Eastern PA Conf**

Name	Yr	School	Finals
<b>Finals</b>			
1 Slavin, Seth	SR	PI Valley	9:38.02
2 Murphy, Ryan	JR	PI Valley	9:43.52
3 Sullivan, Gabe	SR	PI Valley	9:47.03
4 Vierling, Del	SR	Emmaus	9:48.60
5 Ozgar, Joseph	SO	Easton	9:53.31
6 Bower, Nicholas	SO	Parkland	9:55.98
7 Mostellar, Teddy	SR	Stroudsburg	10:00.15
8 Cardone, Cosmo	SO	Easton	10:02.08
9 Landvik-Larsen, Zachory	SO	Stroudsburg	10:02.51
10 Geiger, Hailemichael	SR	Parkland	10:06.27
11 Rode, Nathan	JR	Parkland	10:16.32
12 Kaleyck, Steven	SR	Parkland	10:16.97
13 Brown, Mason	FR	Emmaus	10:18.04
14 Gross, Isaac	SR	Freedom	10:20.23
15 Guydish, Sean	JR	Easton	10:20.72
16 Chen, Shu-yu	SO	Stroudsburg	10:23.16
17 Milburn, Billy	SR	PI Valley	10:25.17
18 N'Jenga, Isaac	SR	Northampton	10:25.94
19 Frank, Casey	FR	Liberty	10:26.78
20 LaRotta, Pedro	SR	Liberty	10:29.61
21 Lerch, Michael	JR	Nazareth	10:37.44
22 Williams, Daron	SR	Dieruff	10:42.92
23 Miller, Conner	SR	ACC	10:54.32

**Event 52 Girls Long Jump Eastern PA Conf**

Name	Yr	School	Finals
<b>Finals</b>			
1 Caldwell, Khyasia	SR	PM East	19-06.75
2 Burrell, Ayanna	JR	Stroudsburg	18-03.50
3 Wiggins, Juanita	SO	PM West	17-10.00
4 Mittl, Grace	JR	Liberty	17-08.50
5 Lieb, Liz	SO	Becahi	16-05.25
6 Brandt, Maddy	SR	PI Valley	16-03.50
7 Swint, Kaitlyn	SR	Freedom	16-00.75
8 Lopez, Tyleen	SR	Northampton	15-08.00
9 Liguori, Gabriella	FR	Stroudsburg	15-08.00
10 Saylor, Haylee	SO	Nazareth	15-07.50
11 Okumus, Meryum	SR	Liberty	15-06.25
12 Cunningham, Kylee	SR	Whitehall	15-06.00
13 Wilson, Anais	SO	ES North	15-05.00
14 Hendricks, Jessica	SR	Northampton	15-04.50

## 2017 Colonial League Track and Field League Meet - 5/9/2017 to 5/10/2017

## East Stroudsburg South High School

## Results

**Finals ... (Event 52 Girls Long Jump Eastern PA Conf)**

Name	Yr	School	Finals
15 Kromer, Jennifer	JR	Whitehall	15-04.25
16 Emrick, Olivia	JR	Nazareth	15-03.00
17 Appiah, Mariam	SR	Stroudsburg	15-02.50
18 Graves, Sydney	FR	Stroudsburg	15-00.75
19 Staib, Shelby	SO	Parkland	14-11.75
20 Irlbeck, Emily	FR	Stroudsburg	14-09.25
21 Lienhard, Abby	SO	ACC	13-10.00
22 Gidusko, Mackenzie	FR	Nazareth	13-02.00
23 Smith, Deryk	JR	PM West	13-00.25

**Event 53 Girls Discus Throw Eastern PA Conf**

Name	Yr	School	Finals
1 Tanczos, Rachel	SR	Becahi	133-11
2 Arthur, Jochebed	SR	Liberty	121-00
3 Blount, Aja	SR	Northampton	106-07
4 Wilson, Sydney	SR	Liberty	104-06
5 Zamolyi, Quintessa	SR	Becahi	100-06
6 Prodes, Eleni	JR	Liberty	99-11
7 Konsko, Paige	SR	Parkland	99-04
8 Baroun, Grace	JR	ACC	98-06
9 Johnson, Imani	JR	PM West	90-05
10 Emmanuel, Kenya	SO	PM West	86-04
11 Lingold, Hannah	SO	Emmaus	86-00
12 Salvadeo, Melissa	JR	Stroudsburg	85-06
13 Roughan, Stephanie	JR	ES North	84-04
14 McNulty, Katie	JR	Freedom	82-09
15 Copeman, Sydney	SR	ES South	82-05
16 Polak, Kristina	SR	Liberty	81-09
17 Gaita, Riley	JR	Stroudsburg	80-10
17 Nika, Madison	SO	Northampton	80-10
19 Clarke, Ques	JR	Whitehall	79-08
20 Passmore, Kaitlyn	SO	PM East	79-04
21 Salmon, Natalia	SR	PI Valley	76-02
22 Velcamp, Alexandria	SO	PM East	73-10
23 Reifinger, Zoey	FR	Liberty	73-09

**Event 54 Boys High Jump Eastern PA Conf**

Name	Yr	School	Finals
1 Wiggins, Isaiah	SR	PM West	6-05.00
2 Karyea, Junior	SO	Nazareth	6-03.00
2 Walter, Nicholas	SR	Stroudsburg	6-03.00
4 Ekoko, Brendon	JR	Easton	6-01.00
5 Muhammad, Tawheed	SR	Easton	5-11.00
6 Stianche, Matt	FR	Becahi	5-09.00
6 Brown, Eddie	SR	ES North	5-09.00
8 Santiago Rodriguez, Jose	SO	Allen	J5-09.00
8 Harris, Anthony	FR	Nazareth	J5-09.00

**Event 55 Boys Pole Vault Eastern PA Conf**

Name	Yr	School	Finals
1 Fox, Ryan	JR	Nazareth	13-03.00

2 Perinotti, Franco	JR	Parkland	11-09.00
3 Slomiak, Tyler	SO	Stroudsburg	J11-09.00
4 Frack, Kyle	JR	Stroudsburg	11-03.00
5 Choma, Carter	SO	Parkland	10-09.00
5 Sullivan, Garrett	SR	Stroudsburg	10-09.00
7 Brown, Peyton	SO	Emmaus	J10-09.00
8 Smith, Trevor	SR	Easton	10-03.00
8 Li, Steven	JR	PI Valley	10-03.00
10 Johnson, Reese	SO	ES South	J10-03.00

**Event 56 Boys Discus Throw Eastern PA Conf**

Name	Yr	School	Finals
1 Meyers, Tyler	SR	Whitehall	150-02
2 Fenstermaker, Eric	SR	ACC	142-01
3 Liggitt, Zachery	JR	Northampton	134-01
4 Bard, Ben	SR	PI Valley	133-05
5 Dudak IV, Frederick	SR	Stroudsburg	133-00
6 Patton, Conner	FR	Nazareth	129-09
7 Lessig, Andrew	SR	Parkland	127-00
8 Whitewood, Nick	JR	Stroudsburg	124-05
9 Snyder, Jacob	SR	Whitehall	124-02
10 Finn, Patrick	SR	ES South	117-05
11 Andrew, Nathan	JR	Becahi	115-06
12 McLaughlin, Shane	JR	Liberty	114-01
13 Thomas, Terrell	JR	ES South	113-11
14 Harris, Trevor	SO	Liberty	112-02
15 Gehret, Vincent	SR	Northampton	109-08
16 Miller, Zach	SR	Stroudsburg	105-04
17 Sell, Jeremy	JR	Northampton	103-03
18 Figueroa, Jayden	SR	Liberty	102-07
19 Wiafe, Nathan	SR	Easton	95-10
20 Fisher, Matt	SR	PM East	93-06
21 Bauer, Michael	SR	Northampton	78-10

**Event 57 Girls Pole Vault Eastern PA Conf**

Name	Yr	School	Finals
1 Barrall, Alexis	JR	Northampton	10-00.00
2 Rivera, Savannah	SO	Whitehall	9-00.00
3 Michael, Mary	JR	PI Valley	J9-00.00
3 Davidson, Michayla	SO	Northampton	J9-00.00
5 Bradley, Julia	SR	Liberty	8-06.00
5 Pfeiffer, Emma	FR	Becahi	8-06.00
7 Rosario, Elizabeth	SO	Whitehall	J8-06.00
8 Zayas, Sabrina	SO	ES South	J8-06.00
9 Iorio, Samantha	JR	Stroudsburg	8-00.00
9 Hauck, Natalie	FR	Nazareth	8-00.00
9 Millets, Hope	SO	Whitehall	8-00.00
12 Kearns, Megan	SO	Parkland	7-06.00

**Event 58 Boys Triple Jump Eastern PA Conf**

Name	Yr	School	Finals
1 Mitchell, Shaquille	SR	Stroudsburg	48-03.75
2 Wiggins, Isaiah	SR	PM West	46-01.50

## 2017 Colonial League Track and Field League Meet - 5/9/2017 to 5/10/2017

## East Stroudsburg South High School

## Results

## Finals ... (Event 58 Boys Triple Jump Eastern PA Conf)

Name	Yr	School	Finals
3 Mitchell, Michael	SR	PI Valley	45-04.50
4 Dixon, Brandon	JR	ES South	42-10.00
5 Wright, Maurice	SR	PI Valley	41-10.00
6 Santiago Rodriguez, Jose	SO	Allen	41-09.25
7 Sampson, Semion	JR	ES South	41-06.50
8 Heess, Jonathan	SR	Liberty	41-04.25
9 Gombos, Michael	JR	Parkland	41-00.75
10 Salas Negron, Juan	JR	Parkland	40-10.00
11 McGill, Jay	JR	Liberty	40-07.00
12 Recchia, Giovanni	JR	Parkland	40-06.00
13 Elie-King, Kyeene	JR	PM East	40-03.75
14 Teague, Daeshawn	SO	Liberty	40-01.50
15 Marajeen, Keiden	SO	ES North	40-00.25
16 Murphy, John	SR	ES South	39-09.50
17 Moninghoff, Adam	SR	Stroudsburg	39-06.00
18 Austin, Jahmari	SR	Northampton	39-05.75
19 Grazette, Adrian	SO	Stroudsburg	39-04.25
20 Damon, Daniel	SO	Liberty	39-00.00
21 McDaniels, Mark	SR	Dieruff	38-10.00
22 Richards, Jerome	JR	ES North	38-08.50
23 Kelly, Brandon	SR	Becahi	38-06.50

## Event 59 Girls Shot Put Eastern PA Conf

Name	Yr	School	Finals
<b>Finals</b>			
1 Arthur, Jochebed	SR	Liberty	36-10.50
2 Tanczos, Rachel	SR	Becahi	36-05.00
3 Wilson, Sydney	SR	Liberty	33-09.50
4 Blount, Aja	SR	Northampton	32-08.75
5 Polak, Kristina	SR	Liberty	31-00.00
6 Schoupe, Kelsey	SO	Stroudsburg	30-02.25
7 MacHose, Madison	JR	Parkland	30-01.00
8 Zambo, Julia	SO	Becahi	J30-01.00
9 Prodes, Eleni	JR	Liberty	29-06.25
10 Devarie, Naomi	JR	Emmaus	29-04.75
10 Evans, Cameryn	JR	Whitehall	29-04.75
12 Gaita, Riley	JR	Stroudsburg	28-10.50
13 Salmon, Natalia	SR	PI Valley	28-07.25
14 Makrides, Rebecca	FR	PI Valley	28-06.75
15 Copeman, Sydney	SR	ES South	28-06.25
16 Janeisha, Johnson-William	SO	Easton	28-03.50
17 Baroun, Grace	JR	ACC	28-00.00
18 Clarke, Ques	JR	Whitehall	27-05.25
19 Hiller, Jatayana	JR	Allen	27-02.50
20 Kiley, Shelby	SR	PI Valley	26-03.50
21 Lopez, Dakotah	SR	Liberty	26-00.50
22 Intini, Adriana	JR	ACC	25-08.00
23 Givens, Brooke	JR	Stroudsburg	25-03.00

## Event 60 Girls 1600 Meter Run Eastern PA Conf

Name	Yr	School	Finals
<b>Finals</b>			
1 Conboy, Amy	SO	Stroudsburg	5:07.17
2 Powlette, Allana	SR	Stroudsburg	5:11.58

3 Gallagher, Lyndsey	SR	Northampton	5:11.86
4 Covart, Morgan	JR	PI Valley	5:12.44
5 Joyce, Michelle	SR	Stroudsburg	5:16.92
6 Dalton, Abby	JR	Emmaus	5:20.27
7 Repsher, Alyssa	SR	Easton	5:22.66
8 Bunke, Lauren	JR	Becahi	5:22.80
9 Pickering, Sophie	JR	Emmaus	5:23.59
10 Deschler, Emily	JR	ACC	5:23.99
11 Weikert, Belle	FR	Liberty	5:24.32
12 Durrwachter, Katrina	SR	Emmaus	5:29.30
13 DelVecchio, Sydney	SR	Parkland	5:30.88
14 Carter, Kaitlyn	JR	Emmaus	5:36.89
15 Heitz, Mackenzie	JR	Easton	5:37.09
16 Ellmaker, Katherine	JR	Easton	5:37.27
17 Zaun, Madison	SO	Parkland	5:39.28
18 Danley, Skyler	SO	Easton	5:40.00
19 Byrne, Rachel	SO	Liberty	5:43.23
20 Roberts, Devon	FR	Whitehall	5:53.54

## Event 61 Boys 1600 Meter Run Eastern PA Conf

Name	Yr	School	Finals
<b>Finals</b>			
1 Morgan, Samuel	JR	Parkland	4:24.84
2 Slavin, Seth	SR	PI Valley	4:25.08
3 Kraus, Stephen	SR	Easton	4:29.92
4 Bodon, Matthew	JR	Stroudsburg	4:30.56
5 Sullivan, Gabe	SR	PI Valley	4:31.01
6 Vierling, Del	SR	Emmaus	4:34.70
7 Mostellar, Teddy	SR	Stroudsburg	4:36.22
8 Geiger, Hailemichael	SR	Parkland	4:37.84
9 Murphy, Ryan	JR	PI Valley	4:39.46
10 Ozgar, Joseph	SO	Easton	4:41.67
11 Marina, William	FR	Stroudsburg	4:42.35
12 Fermin, Darlyn	SO	Liberty	4:43.83
13 Guldish, Sean	JR	Easton	4:44.24
14 Cardone, Cosmo	SO	Easton	4:44.27
15 Sympson, Pagette	SO	ES North	4:46.12
16 Gross, Isaac	SR	Freedom	4:46.35
17 Payack, Jon	SR	PM East	4:46.46
18 Deschler, Chris	JR	ACC	4:46.83
19 Marrero, Edwin	JR	Stroudsburg	4:47.40
20 Milburn, Billy	SR	PI Valley	4:48.71
21 Brown, Jacob	SO	Emmaus	4:48.79
22 Bower, Nicholas	SO	Parkland	4:49.62
23 Brown, Mason	FR	Emmaus	4:52.22
24 Williams, Daron	SR	Dieruff	4:53.97

## Event 62 Girls 400 Meter Dash Eastern PA Conf

Name	Yr	School	Finals
<b>Finals</b>			
1 Douglas-Grant, Jasmine	JR	Stroudsburg	57.54
2 Willcox, Emily	SR	Parkland	58.53
3 Flaven, Hannah	JR	Northampton	58.65
4 Francis, Avery	FR	Stroudsburg	58.83
5 Dries, Mackenzie	FR	Emmaus	59.30
6 Shaffer, Payton	JR	Liberty	59.78

## 2017 Colonial League Track and Field League Meet - 5/9/2017 to 5/10/2017

## East Stroudsburg South High School

## Results

**Finals ... (Event 62 Girls 400 Meter Dash Eastern PA Conf)**

Name	Yr	School	Finals
7 Corpora, Nina	SO	Easton	59.83
8 Weaver, Morgan	SR	Freedom	1:00.44
9 Valladeras, Alicia	JR	Liberty	1:00.64
10 Dietz, Morgan	SO	ACC	1:01.51
11 Burgess, Kayla	SR	Stroudsburg	1:02.10
12 Fenn, Jaida	SR	Stroudsburg	1:02.64
13 Banashefski, Emily	SO	Stroudsburg	1:03.13
14 Dewitt, Lexis	SR	PM West	1:03.39
15 McWhinney, Madison	FR	Emmaus	1:03.46
16 Reed, Courtney	FR	Easton	1:03.66
17 Roach, Mikayla	JR	Easton	1:03.67
18 Lunger, Olivia	JR	Liberty	1:03.86
19 Downey, Katharine	SO	Emmaus	1:03.96
20 Mayes, Olivia	FR	ES North	1:04.10
21 James, Starteasha	JR	Allen	1:04.85
22 Daniels, Olivia	JR	Northampton	1:05.61
23 Williamson, Kamryn	FR	Becahi	1:06.17
24 Seeds, Rebecca		Becahi	1:08.08

**Event 63 Boys 400 Meter Dash Eastern PA Conf**

Name	Yr	School	Finals
1 Hernandez, Javier	SR	Allen	50.32
2 Temprow, Connor	SR	Parkland	50.85
3 Slocombe, Omari	SR	ES South	50.92
4 Linton, Zahir	JR	Whitehall	51.93
5 Toure, Ahmed	SR	Allen	51.97
6 Salau, Habeeb	JR	Parkland	51.98
7 McFarland, Sean	SR	Emmaus	52.23
8 Stellingburg, Duquan	SO	Allen	52.29
9 Gilleece, Brenden	SR	PI Valley	52.37
10 Santiago, Josh	JR	Dieruff	52.42
11 Scalzo, Joseph	FR	Easton	52.49
12 Richardson, Justin	SR	PI Valley	52.61
13 Moses, Stephon	JR	Allen	52.76
14 Tackett, Christian	FR	Liberty	52.89
15 Jackson, Jared	JR	Northampton	52.96
16 Smolinsky, Jakob	FR	Emmaus	53.11
17 Ducosse, Clarence	JR	Stroudsburg	53.45
18 Lawson, Kevaghn	SR	Parkland	53.59
19 Bas, Mike	SR	PM East	53.78
20 Dries, Connor	SR	Emmaus	53.85
21 Woo, Connor	JR	Nazareth	54.51
22 Jones, Malachai	JR	PI Valley	55.75

**Event 64 Girls 4x100 Meter Relay Eastern PA Conf**

Team	Relay	Finals
1 Stroudsburg		50.59
1) Liguori, Gabriella FR	2) Burrell, Ayanna JR	
3) Graves, Sydney FR	4) Appiah, Mariam SR	
2 Emmaus		50.84
1) Smith, Alanna FR	2) Roper, Breyanna FR	
3) Ra'oof, Kenya SR	4) Smith, Kayla FR	

3 Parkland		51.36
1) Fry, Alexandra JR	2) Willcox, Emily SR	
3) Dee, Alana Marie SR	4) Reed, Grace SR	
4 ES North		51.48
1) Worsham, Irene SR	2) LaRonde, Kimorah SO	
3) Richardson, Diamond SO	4) Mills, Nia JR	
5 Whitehall		51.53
1) Bacon, Angel JR	2) Cunningham, Kassidy JR	
3) Cunningham, Kylee SR	4) Bonshak, Kate FR	
6 Bethlehem Catholic		52.27
1) Careeras, Emma FR	2) Jones, Mikayla SO	
3) Hontz, Allison SR	4) Bisko, Brooke FR	
7 ES South		52.28
1) Little, Mya SR	2) Denny, Destiny SO	
3) Anderson, Courtney FR	4) Taylor, Gabriella SO	
8 Nazareth		52.36
1) Green-Dotson, Aliyah SO	2) Saylor, Haylee SO	
3) Karavitch, Kristen FR	4) Radcliffe, Abigail SO	
9 Easton		52.49
1) Reed, Jasmine JR	2) Johnson, Aaliyah FR	
3) Dover, Shayna SO	4) Young, Gabrielle SR	
10 Dieruff		53.87
1) Corujo, Heaven FR	2) Concepcion, Ana Maria JR	
3) Davis, Deona FR	4) Noble, Jeda SO	
11 Northampton		54.23
1) Asencio, Gabriella SR	2) Barrall, Alexis JR	
3) Gantz, Sara SO	4) Lopez, Tyleen SR	
12 Liberty		54.58
1) Davis, Jaida SO	2) Tereska, Caley SO	
3) Dallam, Jade SR	4) Okumus, Meryum SR	
13 Pocono Mountain West		55.08
14 ACC		55.31
1) Mitchell, Tyra SR	2) Otto, Kalee SR	
3) Pratt, Catherine SR	4) Janny, Mary Rose FR	
15 William Allen		56.86
1) Nieves Rios, Paola JR	2) Rosario, Zulemy SO	
3) Echeverria Molina, Rose JR	4) Hart, Keanna JR	

**Event 65 Boys 4x100 Meter Relay Eastern PA Conf**

Team	Relay	Finals
1 Pocono Mountain West		43.29
2 Freedom		43.67
1) Marshburn, Kyree JR	2) Thompson, Cyrus SR	
3) King, Nicholas SR	4) Peterson, Dashaun SR	
3 Nazareth		43.87
1) Paccio, Kyle FR	2) Daugherty, Spencer JR	
3) Mennona, Noah JR	4) Liaci, Julian SR	
4 Liberty		44.03
1) Vazquez, Jaden JR	2) West, Devon SO	
3) Anglovich, Gunner SR	4) Damon, DeAndre SR	
5 Stroudsburg		44.28
1) Barnes, Latrell SR	2) Walter, Nicholas SR	
3) VanVarick, Roger SO	4) Van Horn, Brian JR	



## 2017 Colonial League Track and Field League Meet - 5/9/2017 to 5/10/2017

## East Stroudsburg South High School

## Results

**Finals ... (Event 65 Boys 4x100 Meter Relay Eastern PA Conf)**

Team	Relay	Finals
6 Easton		44.36
1) McNally, Kade SR	2) Sanders, Donovan SR	
3) Ekoko, Brendon JR	4) Thompson, Katrell JR	
7 ES South		44.59
1) Solomon, Sean JR	2) Gordan, Camden JR	
3) Pope, Jarrad SR	4) Rosario, Juan SR	
8 Parkland		44.68
1) Salau, Habeeb JR	2) Colon, Jullian JR	
3) Maittski, Christopher SR	4) Glosson, Anthony SR	
9 Emmaus		44.83
1) Flannigan, Mekhi JR	2) McPherson, Izaiah SO	
3) Ntoh, Sone SO	4) Mantone, Brian SR	
10 Whitehall		44.83
1) Hussett, Chad SO	2) Whittick, Kresstoph FR	
3) Negrete, Alan FR	4) Labib, Martin JR	
11 Northampton		45.77
1) Eilersick, Robert SR	2) Liggitt, Zachery JR	
3) Huffsmith, Anthony SR	4) Stauffer, Jared SR	
12 ACC		45.97
1) Rivas, Isaiah SR	2) Ferrell, Darnell SR	
3) Adams, Mike SR	4) DeJoie, Dan SR	
13 William Allen		46.71
1) Mazyck, Trey SR	2) Fernandez-Martinez, Rodger	
3) Jovontia Romeo, James-Wrig	4) Wyatt, Jordan JR	

**Event 66 Girls 800 Meter Run Eastern PA Conf**

Name	Yr	School	Finals
<b>Finals</b>			
1 Slader, Ellissa	JR	Easton	2:17.61
2 Sahaydak, Olivia	JR	Liberty	2:17.78
3 Stuckey, Greta	SO	Liberty	2:21.43
4 Schaller, Ava	FR	Parkland	2:22.53
5 Durrwachter, Katrina	SR	Emmaus	2:23.87
6 Banashefski, Emily	SO	Stroudsburg	2:24.31
7 Montanari, Devon	JR	ACC	2:24.54
8 Danyi, Alysse	SO	Nazareth	2:25.52
9 Pickering, Sophie	JR	Emmaus	2:26.05
10 Heilenman, Abby	SO	Emmaus	2:26.53
11 Krasley, Kiley	JR	Parkland	2:26.57
12 Anderson, Devyn	SR	Parkland	2:26.76
13 Bunke, Lauren	JR	Becahi	2:26.79
14 Powlette, Allana	SR	Stroudsburg	2:26.83
15 Deschler, Alyssa	JR	ACC	2:27.50
16 Ellmaker, Katherine	JR	Easton	2:27.95
17 Gallagher, Lyndsey	SR	Northampton	2:28.29
18 Repsher, Alyssa	SR	Easton	2:29.46
19 Covart, Morgan	JR	PI Valley	2:35.97
20 Cunningham, Cassidy	JR	Whitehall	2:37.19
21 Albright, Beth	JR	Northampton	2:40.27

**Event 67 Boys 800 Meter Run Eastern PA Conf**

Name	Yr	School	Finals
<b>Finals</b>			
1 Ringer, Jacob	JR	Parkland	1:59.87

2 Williamson, Riley	SO	Parkland	2:00.01
3 Kraus, Stephen	SR	Easton	2:00.29
4 Valdevit, Luke	JR	PI Valley	2:00.59
5 Coronel, Carlos	SR	Allen	2:00.71
6 Heller, Stephen	SR	ES South	2:01.27
7 Samsel, Blake	JR	Nazareth	2:01.74
8 Mickens, Jonathan	JR	PI Valley	2:02.67
9 Hawk, Andrew	SR	Whitehall	2:04.08
10 Carr, James	SR	PM West	2:04.26
11 Petre, Paul	FR	Emmaus	2:05.26
12 Tucker, William	SR	Becahi	2:05.71
13 Maymon, Bar	SR	Parkland	2:05.85
14 Vierling, Del	SR	Emmaus	2:05.87
15 Grapsy, Michael	SR	ACC	2:06.19
16 Marina, William	FR	Stroudsburg	2:06.47
17 Kreider, Blake	SR	Nazareth	2:07.07
18 Millings, Trevon	JR	PM West	2:07.13
19 Bodon, Matthew	JR	Stroudsburg	2:07.81
20 Brown, Jacob	SO	Emmaus	2:08.14
21 Santiago, Josh	JR	Dieruff	2:08.24
22 Nunez Cuevas, Yancarlos	JR	Allen	2:08.45
23 Snyder, Jonathan	SR	Parkland	2:08.55
24 Green, Charles	JR	Stroudsburg	2:14.12

**Event 68 Girls 4x400 Meter Relay Eastern PA Conf**

Team	Relay	Finals
<b>Finals</b>		
1 Stroudsburg		4:04.20
1) Douglas-Grant, Jasmine JR	2) Burgess, Kayla SR	
3) Fenn, Jaida SR	4) Francis, Avery FR	
2 Parkland		4:09.77
1) Schaller, Ava FR	2) Anderson, Devyn SR	
3) Adams, Jasmine FR	4) Hutchinson, Christine SO	
3 Liberty		4:10.68
1) Sahaydak, Olivia JR	2) Valladeras, Alicia JR	
3) Lunger, Olivia JR	4) Stuckey, Greta SO	
4 Pocono Mountain West		4:11.23
5 Northampton		4:14.28
1) Czarnecki, Abigail FR	2) Flaven, Hannah JR	
3) Daniels, Olivia JR	4) Apsley, Rachel SO	
6 Pocono Mountain East		4:15.15
1) Harris, Nia SR	2) Kennedy, Ebony JR	
3) Jones, Kiaya FR	4) Caldwell, Khyasia SR	
7 ACC		4:16.66
1) Dietz, Morgan SO	2) Montanari, Devon JR	
3) Deschler, Alyssa JR	4) Kuklis, Natasha SO	
8 Whitehall		4:17.43
1) Wells, Emily SO	2) Cunningham, Kylee SR	
3) Bacon, Angel JR	4) Bonshak, Kate FR	
9 Freedom		4:18.01
1) Swint, Kaitlyn SR	2) Young, Ally SR	
3) Wright, TaMia SR	4) Weaver, Morgan SR	
10 Emmaus		4:18.38
1) Dries, Mackenzie FR	2) Downey, Katharine SO	
3) Kisthardt, Kayla SO	4) McWhinney, Madison FR	

## 2017 Colonial League Track and Field League Meet - 5/9/2017 to 5/10/2017

## East Stroudsburg South High School

## Results

**Finals ... (Event 68 Girls 4x400 Meter Relay Eastern PA Conf)**

Team	Relay	Finals
11 Easton		4:22.76
1) Reed, Jasmine JR	2) Heitz, Mackenzie JR	
3) Mazzella Di Bosco, Pia FR	4) Wilkinson, Crystal JR	
12 Bethlehem Catholic		4:24.50
1) Lieb, Clarissa FR	2) Jones, Mikayla SO	
3) Williamson, Kamryn FR	4) Peterson, Taliah SO	
13 ES North		4:24.95
1) Mayes, Olivia FR	2) Pacheco, Demi SO	
3) Attram, Drexlar SO	4) Rivera, Selena SO	
14 Nazareth		4:28.78
1) Danyi, Alysse SO	2) Green-Dotson, Aliyah SO	
3) Kern, Emily SO	4) Pellegrino, Theodora FR	
15 William Allen		5:08.27
1) James, Starteasha JR	2) Clinton, Yasmine FR	
3) Rosario, Zulemy SO	4) Tugade, Thea SO	

**Event 69 Boys 4x400 Meter Relay Eastern PA Conf**

Team	Relay	Finals
<b>Finals</b>		
1 William Allen		3:25.26
1) Alexander, Jahvanne SR	2) Toure, Saleeph FR	
3) Stellingburg, Duquan SO	4) Hernandez, Javier SR	
2 ES South		3:27.95
1) Slocombe, Omari SR	2) Pope, Jarrad SR	
3) Gordan, Camden JR	4) Posten, Powell SO	
3 Parkland		3:28.22
1) Salau, Habeeb JR	2) Ringer, Jacob JR	
3) Colon, Julian JR	4) Temprow, Connor SR	
4 Easton		3:28.95
1) McNally, Kade SR	2) Muhammad, Tawheed SR	
3) Sanders, Donovan SR	4) Kraus, Stephen SR	
5 Freedom		3:33.25
1) Marshburn, Kyree JR	2) King, Nicholas SR	
3) Peterson, Dashaun SR	4) Hargett, Lewis SR	
6 Stroudsburg		3:35.02
1) Strickland, Markeith SR	2) Green, Charles JR	
3) Ducosse, Clarence JR	4) Pasciak, Jeffrey FR	
7 Northampton		3:35.66
1) Jackson, Jared JR	2) Bodnar, Nicholas FR	
3) Kitz, Brandon FR	4) Datis-Cordero, Jovani SR	
8 Pleasant Valley		3:36.31
1) Gillece, Brenden SR	2) Valdevit, Luke JR	
3) Brown, Jordan SR	4) Richardson, Justin SR	
9 Whitehall		3:36.37
1) Labib, Martin JR	2) Hawk, Andrew SR	
3) Staub, Caleb SO	4) Linton, Zahir JR	
10 Emmaus		3:36.41
1) McFarland, Sean SR	2) Dries, Connor SR	
3) Witman, Evan SO	4) Smolinsky, Jakob FR	
11 Pocono Mountain East		3:37.01
1) Bas, Mike SR	2) Elie-King, Kyeene JR	
3) Stewart, Jevaghn SR	4) Bent, Josh JR	
12 Pocono Mountain West		3:40.42

13 Nazareth		3:41.90
1) Samsel, Blake JR	2) Seymour, Andrew JR	
3) Woo, Connor JR		
14 ES North		3:42.32
1) Kanterman, Dakota SR	2) Sympton, Pagette SO	
3) Marquez Pizarro, Angel SR	4) Richards, Jerome JR	
15 Liberty		3:43.35
16 Bethlehem Catholic		3:45.73
1) Mauro, Luc JR	2) Kurtz, Joe SO	
3) Calantoni, Marco FR	4) Lovell, Trea SO	

**Event 70 Boys Long Jump Eastern PA Conf**

Name	Yr	School	Finals
<b>Finals</b>			
1 Street, Darian	SR	Liberty	22-03.75
2 Mitchell, Michael	SR	PI Valley	21-11.50
3 Moninghoff, Adam	SR	Stroudsburg	21-00.75
4 Harris, Anthony	FR	Nazareth	20-11.25
5 Eck, Greg	JR	ES South	20-11.00
6 Teague, Daeshawn	SO	Liberty	20-09.00
7 Marajeen, Keiden	SO	ES North	20-06.50
8 Heess, Jonathan	SR	Liberty	20-06.00
9 Mennona, Noah	JR	Nazareth	20-03.75
10 Santiago Rodriguez, Jose	SO	Allen	20-03.00
11 Walter, Nicholas	SR	Stroudsburg	20-02.50
12 Ruth, Hayden	SR	Liberty	20-02.25
13 Ekoko, Brendon	JR	Easton	20-01.50
14 Wright, Maurice	SR	PI Valley	20-00.75
15 Heffelfinger, Morgan	8	Northampton	19-08.50
16 Austin, Jahmari	SR	Northampton	19-06.50
17 Bowen, Steven	SR	PM West	19-05.00
18 Guridy, Jeremy	JR	Parkland	18-11.25
19 Murphy, John	SR	ES South	18-11.00
20 Mitchell, Shaquille	SR	Stroudsburg	18-04.75
21 Naudzianas, Ignas	JR	Parkland	18-03.25
22 Moon, Nasai	SO	PI Valley	17-10.75

**Event 71 Boys Javelin Throw Eastern PA Conf**

Name	Yr	School	Finals
<b>Finals</b>			
1 Buskirk, Jackson	SR	Whitehall	166-00
2 Goicoechea, Noah	SO	ES South	164-03
3 Garcia, Donte	JR	ES South	162-09
4 Schucker, Colin	SR	Northampton	158-05
5 Galassi, Joseph	SR	ACC	157-11
6 Souders, Lucas	FR	Whitehall	152-08
7 Semler, Scott	SR	Parkland	152-02
8 Bergman, Nicholas	JR	Stroudsburg	151-01
9 Ahmed, Omar	SR	ES South	150-04
10 Bauer, Michael	SR	Northampton	149-08
11 Kelly, Brandon	SR	Becahi	149-03
12 Smith, Zackary	JR	Stroudsburg	146-00
13 Azar, Chad	SR	Northampton	138-10
14 Bard, Ben	SR	PI Valley	138-07
15 Sweetana, Stephen	SO	ACC	137-03
16 Mulder, John	SR	Emmaus	136-05

## 2017 Colonial League Track and Field League Meet - 5/9/2017 to 5/10/2017

## East Stroudsburg South High School

## Results

**Finals ... (Event 71 Boys Javelin Throw Eastern PA Conf)**

Name	Yr	School	Finals
17 Tahahawi, Tahahawi	JR	Dieruff	134-11
18 VanVarick, Ryan	SO	Stroudsburg	134-01
19 Dailey, James	SR	Freedom	131-06
20 Donchez, Matt	SR	Liberty	131-01
21 Sebesta, Jared	JR	Northampton	129-08
22 Bogucki, Michael	JR	Whitehall	129-01
23 Chlebove, Danny	JR	ACC	123-09
24 Gomez, Dylan	JR	ES South	117-10

**Event 72 Girls High Jump Eastern PA Conf**

Name	Yr	School	Finals
<b>Finals</b>			
1 Sherwin, Morgan	SR	Parkland	5-05.00
2 Karavitch, Kristen	FR	Nazareth	5-03.00
2 Willshaw, Kate	SO	Easton	5-03.00
4 Silvernale, Taryn	FR	Stroudsburg	4-11.00
5 Steurer, Grace	SO	Parkland	4-09.00
6 Baldo, Ellie	SO	Parkland	4-09.00
6 Brugler, Tessa	SR	Nazareth	4-09.00
8 Jones, Kiaya	FR	PM East	4-09.00
9 Bittle, Megan	SO	Liberty	4-07.00
9 Dietz, Morgan	SO	ACC	4-07.00
11 Grunauer, Emily	JR	Stroudsburg	4-07.00
12 Jago, Mia	JR	Parkland	4-07.00
12 Kross, MACKENZIE	SO	ES South	4-07.00

**Event 73 Boys Shot Put Eastern PA Conf**

Name	Yr	School	Finals
<b>Finals</b>			
1 Ferrency, Elek	SO	Easton	49-07.75
2 Simon, Amitral	SR	PM West	48-00.50
3 Sell, Jeremy	JR	Northampton	45-05.75
4 Harris, Trevor	SO	Liberty	44-01.00
5 Kelly, Brandon	SR	Becahi	43-08.00
6 Cerimele, Nick	JR	ACC	43-04.50
7 Liggitt, Zachery	JR	Northampton	42-10.50
8 King, Tyree	SR	Dieruff	42-09.25
9 Huff, Xavier	JR	Parkland	42-03.00
10 Williams, Pedro	SR	PM West	42-00.50
11 Finn, Patrick	SR	ES South	41-08.50
12 Figueroa, Joseph	JR	Freedom	41-04.00
13 Bard, Ben	SR	PI Valley	41-03.00
14 Watson, Warren	JR	Stroudsburg	41-00.50
15 Woodson, Kenneth	SR	Dieruff	41-00.25
16 Castelo, Christian	JR	Becahi	40-11.50
17 Figueroa, Jayden	SR	Liberty	40-06.25
18 Sebesta, Jared	JR	Northampton	39-10.50
19 Gonzalez, Jonathan	JR	Allen	38-09.75
20 Venable, Isaiah	SO	ES North	38-05.25
21 Edwards, Marcus	JR	PM West	38-01.50
22 Smith, Dulani	JR	PI Valley	37-01.75
23 Bleam, Tijir	JR	Freedom	36-05.00
24 McLaughlin, Shane	JR	Liberty	36-04.50

**Event 74 Girls Javelin Throw Eastern PA Conf**

Name	Yr	School	Finals
<b>Finals</b>			
1 Prodes, Eleni	JR	Liberty	127-07
2 Meisse, Becca	SR	Stroudsburg	122-11
3 Arthur, Jochebed	SR	Liberty	120-11
4 Zamolyi, Quintessa	SR	Becahi	114-02
5 Staib, Shelby	SO	Parkland	111-02
6 Britland, Jada	JR	Whitehall	105-09
7 Cuttic, Sarah	JR	Becahi	105-05
8 Vazquez, Gabi	SO	ES South	99-10
9 Shook, Cheyenne	JR	Whitehall	99-04
10 Konsko, Paige	SR	Parkland	99-02
11 Comp, Madeline	SO	Becahi	98-07
12 Herzog, Olivia	JR	ACC	96-04
13 Gaita, Riley	JR	Stroudsburg	91-01
14 Gangewere, Ashley	SR	Nazareth	88-10
15 Mohr, Madison	SR	Parkland	87-07
16 Mars, Emily	FR	Stroudsburg	83-00
17 Tepes, Grace	SO	Northampton	82-06
18 Richard, Emerald	SO	PM East	82-04
19 Rummel, Taylor	JR	Whitehall	79-03
20 Hillegass, Klarissa	FR	Nazareth	78-10
21 Kemmerer, Lauren	JR	Northampton	78-02
22 Ellerbee, Anaiah	SR	PM East	74-04

**Event 75 Girls Triple Jump Eastern PA Conf**

Name	Yr	School	Finals
<b>Finals</b>			
1 Burrell, Ayanna	JR	Stroudsburg	39-01.50
2 McTier, Madison	SR	Freedom	35-05.75
3 Tanczos, Rachel	SR	Becahi	34-10.50
4 Lieb, Liz	SO	Becahi	34-07.50
5 Staib, Shelby	SO	Parkland	34-04.50
6 Appiah, Mariam	SR	Stroudsburg	33-11.75
7 Roberts, Anna-Patrice	SR	Easton	33-11.00
7 Mittl, Grace	JR	Liberty	33-11.00
9 Lafci, Ludson	SR	Becahi	33-02.25
10 McGee, Courtney	SR	PM West	33-02.00
11 Emrick, Olivia	JR	Nazareth	32-08.00
12 Hunter, Stephanie	SO	Parkland	32-07.50
13 Smith, Deryk	JR	PM West	32-05.00
14 Widdoss, Laurel	FR	Emmaus	32-02.50
15 Irlbeck, Emily	FR	Stroudsburg	32-01.25
16 Livermore, Rebekah	FR	Nazareth	32-01.00
16 Wilson, Anais	SO	ES North	32-01.00
18 Onwuka, Ugochi	SR	ES South	32-00.50
19 Hendricks, Jessica	SR	Northampton	31-11.25
20 Brandt, Maddy	SR	PI Valley	31-09.00
21 Grunauer, Emily	JR	Stroudsburg	31-08.25
22 Michael, Mary	JR	PI Valley	30-08.50
23 Williams, Caitlin	SR	ES North	30-07.50
24 Graver, Samantha	SR	Parkland	30-00.50

**2017 Colonial League Track and Field League Meet - 5/9/2017 to 5/10/2017****East Stroudsburg South High School****Results****Women - Colonial League - Team Rankings - 18 Events Scored**

1) Southern Lehigh	185
2) Saucon Valley	97.5
3) Palisades	87
4) Northern Lehigh	55
5) WILSON AREA	47.5
6) Northwestern Lehigh	45
7) Catasauqua	40
8) Salisbury	36
9) BANGOR	34
10) PALMERTON AREA HIGH SCHOOL	31
11) Notre Dame GP	29.5
12) Pen Argyl Track 2017	14.5

**Women - Eastern PA Conf - Team Rankings - 18 Events Scored**

1) Stroudsburg	152
2) Liberty	109
3) Parkland	82.5
4) Bethlehem Catholic	54.5
5) Northampton	52.5
6) Pocono Mountain East	42
7) Emmaus	37
8) Pleasant Valley	29.5
9) Easton	24.5
10) East Stroudsburg North	24
10) Whitehall	24
12) Pocono Mountain West	17
13) Nazareth	15.5
14) Allentown Central Catholic	14
15) East Stroudsburg South	13
16) Freedom	11

**Men - Colonial League - Team Rankings - 18 Events Scored**

1) Southern Lehigh	108
2) WILSON AREA	102
3) Palisades	91.5
4) BANGOR	74.5
5) Pen Argyl Track 2017	64
6) Notre Dame GP	60
7) Northwestern Lehigh	46
8) Saucon Valley	43
8) PALMERTON AREA HIGH SCHOOL	43
10) Salisbury	34
11) Northern Lehigh	32
12) Catasauqua	3

**Men - Eastern PA Conf - Team Rankings - 18 Events Scored**

1) Easton	89.5
2) Parkland	84.5
3) Pleasant Valley	82.5
4) Stroudsburg	66.5
5) William Allen	63.5
6) East Stroudsburg South	57
7) Nazareth	53.5
8) Pocono Mountain West	46
9) Whitehall	32
10) Liberty	26

11) Northampton	24
12) East Stroudsburg North	19.5
13) Allentown Central Catholic	15
14) Emmaus	14
15) Freedom	12
16) Bethlehem Catholic	8.5
17) Pocono Mountain East	7
18) Dieruff	1