



**Colonial and East Penn
Track & Field
Championship Meet**

E. Stroudsburg South High School

East Stroudsburg, PA

Tuesday, May 9, 2017

Day 1 of 2

TRACK EVENTS – PRELIMS, FINALS

<u>EVENT</u>	<u>DIVISION/GENDER</u>	<u>TIME</u>
100 M DASH	CL GIRLS, EPC GIRLS PRELIMS	3:00 PM
100 M DASH	CL BOYS, EPC BOYS PRELIMS	3:15 PM
3200 M RELAY	CL GIRLS, EPC GIRLS FINALS	3:30 PM
3200 M RELAY	CL BOYS, EPC BOYS FINALS	3:55 PM
100 M HURDLES	CL GIRLS, EPC GIRLS PRELIMS	4:20 PM
110 M HURDLES	CL BOYS, EPC BOYS PRELIMS	4:35 PM
200 M DASH	CL GIRLS, EPC GIRLS PRELIMS	5:45 PM
200 M DASH	CL BOYS, EPC BOYS PRELIMS	6:00 PM
300 M HURDLES	CL GIRLS, EPC GIRLS FINALS	6:20 PM
300 M HURDLES	CL BOYS, EPC BOYS FINALS	6:35 PM
3200 M RUN	CL GIRLS, EPC GIRLS FINALS	6:50 PM
3200 M RUN	CL BOYS, EPC BOYS FINALS	7:20 PM

FIELD EVENTS – PRELIMS & FINALS

<u>EVENT</u>	<u>DIVISION/GENDER</u>	<u>TIME</u>
LONG JUMP	CL BOYS PRELIMS&FINALS	2:30 PM
TRIPLE JUMP	EPC BOYS PRELIMS&FINALS	3:45 PM
DISCUS	CL GIRLS PRELIMS&FINALS	3:00 PM
JAVELIN	CL BOYS PRELIMS&FINALS	3:00 PM
HIGH JUMP	CL GIRLS PRELIMS&FINALS	3:00 PM
POLE VAULT	EPC GIRLS PRELIMS&FINALS	3:00 PM
SHOT PUT	EPC GIRLS PRELIMS&FINALS	3:00 PM
JAVELIN	CL GIRLS PRELIMS&FINALS	5:00 PM
DISCUS	CL BOYS PRELIMS&FINALS	5:00 PM
HIGH JUMP	CL BOYS PRELIMS&FINALS	5:00 PM
POLE VAULT	EPC BOYS PRELIMS&FINALS	5:00 PM
SHOT PUT	EPC BOYS PRELIMS&FINALS	5:00 PM
LONG JUMP	CL GIRLS PRELIMS&FINALS	5:00 PM
TRIPLE JUMP	EPC GIRLS PRELIMS&FINALS	6:15 PM

NOTE: The times for the events are approximate and can be changed by Meet Management.



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East Stroudsburg, PA

Wednesday, May 10, 2017

Day 2 of 2

TRACK EVENTS - FINALS

<u>EVENT</u>	<u>DIVISION/GENDER</u>	<u>TIME</u>
100 M HURDLES	CL GIRLS, EPC GIRLS FINALS	3:00 PM
110 M HURDLES	CL BOYS, EPC BOYS FINALS	3:05 PM
100 M DASH	CL GIRLS, EPC GIRLS FINALS	3:10 PM
100 M DASH	CL BOYS, EPC BOYS FINALS	3:15 PM
1600 M RUN	CL GIRLS, EPC GIRLS FINALS	3:20 PM
1600 M RUN	CL BOYS, EPC BOYS FINALS	3:40 PM
400 M RELAY	CL GIRLS, EPC GIRLS FINALS	3:50 PM
400 M RELAY	CL BOYS, EPC BOYS FINALS	4:20 PM
400 M RUN	CL GIRLS, EPC GIRLS FINALS	5:30 PM
400 M RUN	CL BOYS, EPC BOYS FINALS	5:50 PM
800 M RUN	CL GIRLS, EPC GIRLS FINALS	6:10 PM
800 M RUN	CL BOYS, EPC BOYS FINALS	6:30 PM
200 M DASH	CL GIRLS, EPC GIRLS FINALS	6:45 PM
200 M DASH	CL BOYS, EPC BOYS FINALS	6:50 PM
1600 M RELAY	CL GIRLS, EPC GIRLS FINALS	7:05 PM
1600 M RELAY	CL BOYS, EPC BOYS FINALS	7:30 PM

FIELD EVENTS – PRELIMS & FINALS

<u>EVENT</u>	<u>DIVISION/GENDER</u>	<u>TIME</u>
LONG JUMP	EPC BOYS PRELIMS&FINALS	2:30 PM
TRIPLE JUMP	CL BOYS PRELIMS&FINALS	3:45 PM
DISCUS	EPC GIRLS PRELIMS&FINALS	3:00 PM
JAVELIN	EPC BOYS PRELIMS&FINALS	3:00 PM
POLE VAULT	CL GIRLS PRELIMS&FINALS	3:00 PM
HIGH JUMP	EPC GIRLS PRELIMS&FINALS	3:00 PM
SHOT PUT	CL GIRLS PRELIMS&FINALS	3:00 PM
DISCUS	EPC BOYS PRELIMS&FINALS	5:00 PM
JAVELIN	EPC GIRLS PRELIMS&FINALS	5:00 PM
POLE VAULT	CL BOYS PRELIMS&FINALS	5:00 PM
HIGH JUMP	EPC BOYS PRELIMS&FINALS	5:00 PM
SHOT PUT	CL BOYS PRELIMS&FINALS	5:00 PM
LONG JUMP	EPC GIRLS PRELIMS&FINALS	5:00 PM
TRIPLE JUMP	CL GIRLS PRELIMS&FINALS	6:15 PM

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