



**Colonial and East Penn  
Track & Field  
Championship Meet**

**E. Stroudsburg South High School**

**East Stroudsburg, PA**

**Tuesday, May 9, 2017**

**Day 1 of 2**

**TRACK EVENTS – PRELIMS, FINALS**

<u>EVENT</u>	<u>DIVISION/GENDER</u>	<u>TIME</u>
100 M DASH	CL GIRLS, EPC GIRLS PRELIMS	3:00 PM
100 M DASH	CL BOYS, EPC BOYS PRELIMS	3:15 PM
3200 M RELAY	CL GIRLS, EPC GIRLS FINALS	3:30 PM
3200 M RELAY	CL BOYS, EPC BOYS FINALS	3:55 PM
100 M HURDLES	CL GIRLS, EPC GIRLS PRELIMS	4:20 PM
110 M HURDLES	CL BOYS, EPC BOYS PRELIMS	4:35 PM
200 M DASH	CL GIRLS, EPC GIRLS PRELIMS	5:45 PM
200 M DASH	CL BOYS, EPC BOYS PRELIMS	6:00 PM
300 M HURDLES	CL GIRLS, EPC GIRLS FINALS	6:20 PM
300 M HURDLES	CL BOYS, EPC BOYS FINALS	6:35 PM
3200 M RUN	CL GIRLS, EPC GIRLS FINALS	6:50 PM
3200 M RUN	CL BOYS, EPC BOYS FINALS	7:20 PM

**FIELD EVENTS – PRELIMS & FINALS**

<u>EVENT</u>	<u>DIVISION/GENDER</u>	<u>TIME</u>
LONG JUMP	CL <b>BOYS</b> PRELIMS&FINALS	2:30 PM
TRIPLE JUMP	<b>EPC</b> BOYS PRELIMS&FINALS	3:45 PM
DISCUS	<b>CL GIRLS</b> PRELIMS&FINALS	3:00 PM
JAVELIN	CL BOYS PRELIMS&FINALS	3:00 PM
HIGH JUMP	<b>CL</b> GIRLS PRELIMS&FINALS	3:00 PM
POLE VAULT	<b>EPC</b> GIRLS PRELIMS&FINALS	3:00 PM
SHOT PUT	EPC GIRLS PRELIMS&FINALS	3:00 PM
JAVELIN	<b>CL</b> GIRLS PRELIMS&FINALS	5:00 PM
DISCUS	CL <b>BOYS</b> PRELIMS&FINALS	5:00 PM
HIGH JUMP	CL <b>BOYS</b> PRELIMS&FINALS	5:00 PM
POLE VAULT	EPC BOYS PRELIMS&FINALS	5:00 PM
SHOT PUT	<b>EPC</b> BOYS PRELIMS&FINALS	5:00 PM
LONG JUMP	<b>CL</b> GIRLS PRELIMS&FINALS	5:00 PM
TRIPLE JUMP	EPC <b>GIRLS</b> PRELIMS&FINALS	6:15 PM

NOTE: The times for the events are approximate and can be changed by Meet Management.



**Colonial and East Penn  
Track & Field  
Championship Meet**

**E. Stroudsburg South High School**

**East Stroudsburg, PA**

***Wednesday, May 10, 2017***

**Day 2 of 2**

**TRACK EVENTS - FINALS**

<u>EVENT</u>	<u>DIVISION/GENDER</u>	<u>TIME</u>
100 M HURDLES	CL GIRLS, EPC GIRLS FINALS	3:00 PM
110 M HURDLES	CL BOYS, EPC BOYS FINALS	3:05 PM
100 M DASH	CL GIRLS, EPC GIRLS FINALS	3:10 PM
100 M DASH	CL BOYS, EPC BOYS FINALS	3:15 PM
1600 M RUN	CL GIRLS, EPC GIRLS FINALS	3:20 PM
1600 M RUN	CL BOYS, EPC BOYS FINALS	3:40 PM
400 M RELAY	CL GIRLS, EPC GIRLS FINALS	3:50 PM
400 M RELAY	CL BOYS, EPC BOYS FINALS	4:20 PM
400 M RUN	CL GIRLS, EPC GIRLS FINALS	5:30 PM
400 M RUN	CL BOYS, EPC BOYS FINALS	5:50 PM
800 M RUN	CL GIRLS, EPC GIRLS FINALS	6:10 PM
800 M RUN	CL BOYS, EPC BOYS FINALS	6:30 PM
200 M DASH	CL GIRLS, EPC GIRLS FINALS	6:45 PM
200 M DASH	CL BOYS, EPC BOYS FINALS	6:50 PM
1600 M RELAY	CL GIRLS, EPC GIRLS FINALS	7:05 PM
1600 M RELAY	CL BOYS, EPC BOYS FINALS	7:30 PM

**FIELD EVENTS – PRELIMS & FINALS**

<u>EVENT</u>	<u>DIVISION/GENDER</u>	<u>TIME</u>
LONG JUMP	<b>EPC BOYS</b> PRELIMS&FINALS	2:30 PM
TRIPLE JUMP	CL <b>BOYS</b> PRELIMS&FINALS	3:45 PM
DISCUS	<b>EPC GIRLS</b> PRELIMS&FINALS	3:00 PM
JAVELIN	<b>EPC BOYS</b> PRELIMS&FINALS	3:00 PM
POLE VAULT	<b>CL GIRLS</b> PRELIMS&FINALS	3:00 PM
HIGH JUMP	EPC <b>GIRLS</b> PRELIMS&FINALS	3:00 PM
SHOT PUT	<b>CL GIRLS</b> PRELIMS&FINALS	3:00 PM
DISCUS	EPC <b>BOYS</b> PRELIMS&FINALS	5:00 PM
JAVELIN	EPC <b>GIRLS</b> PRELIMS&FINALS	5:00 PM
POLE VAULT	CL <b>BOYS</b> PRELIMS&FINALS	5:00 PM
HIGH JUMP	<b>EPC BOYS</b> PRELIMS&FINALS	5:00 PM
SHOT PUT	CL <b>BOYS</b> PRELIMS&FINALS	5:00 PM
LONG JUMP	EPC <b>GIRLS</b> PRELIMS&FINALS	5:00 PM
TRIPLE JUMP	<b>CL GIRLS</b> PRELIMS&FINALS	6:15 PM

NOTE: The times for the events are approximate and can be changed by Meet Management.