



# COLONIAL LEAGUE FOR INTERSCHOLASTIC SPORTS, INC.

Bangor      Catasauqua      Northern Lehigh      Northwestern Lehigh      Notre Dame G.P.  
 Palisades      Palmerton      Pen Argyl      Salisbury      Saucon Valley  
                          Southern Lehigh      Wilson      Moravian Academy

**November 18, 2015**

**TO:** Media

**FROM:** Bron Holland  
 Colonial League Cross Country Chairperson

**RE:** All League Results

## 2015 Cross Country All-Colonial League

### **BOYS**

	<b>Name</b>	<b>School</b>
<b>MVP</b>	Gavin Kemery	Northern Lehigh
<b>1<sup>st</sup> Team</b>	Zach Svetik	Palmerton
	Joe Espinal	Wilson
	John Koons	Notre Dame
	Ethan Bernstein	Saucon Valley
	Thomas Matsumura	Southern Lehigh
<b>2<sup>nd</sup> Team</b>	Morgan O'Brien	Bangor
	Raahi Klar-Chaudhari	Southern Lehigh
	Samuel Li	Moravian Academy
	Alex Race	Wilson
	Stephen Gray	Southern Lehigh
	Jarred Kyra	Saucon Valley
	Jeremy Smith	Saucon Valley
	Robert Leiser	Northwestern Lehigh
	<b>Name</b>	<b>School</b>
<b>Honorable Mention</b>		
	Anthony Pacchioli	Notre Dame
	Kyle Zingales	Wilson
	Devon Fogel	Notre Dame
	Charles Hohl	Notre Dame
	TJ Dooley	Northern Lehigh
	Colin Cramer	Southern Lehigh
	Thomas Koons	Notre Dame
	Joseph Fainor	Salisbury
	Dylan McNichol	Palisades

	Steven Ritter	Catty
	Phillip Castrine	NWL

## **GIRLS**

	<b>Name</b>	<b>School</b>
<b>MVP</b>	Kiele Riefenstahl	Saucon Valley
<b>1<sup>st</sup> Team</b>	Molly Tarvin	Northwestern Lehigh
	Madeline Consuelos	Northwestern Lehigh
	Abby Rustay	Wilson
	Sydney Brannon	Wilson
	Gabrielle Vega	Wilson
	Abigail Supplee	Northwestern Lehigh
<b>2<sup>nd</sup> Team</b>	Sophie Doman	Palisades
	Katherine George	Southern Lehigh
	Alexa Chaikowsky	Saucon Valley
	Alissa VandeBunte	Southern Lehigh
	Abigail Smith	Northwestern Lehigh
	Sarah Yanega	Southern Lehigh
	Martina Sell	Bangor

	<b>Name</b>	<b>School</b>
<b>Honorable Mention</b>		
	Allyson Yanega	Southern Lehigh
	Rachel Mikols	Northwestern Lehigh
	Anna Mills	Notre Dame
	Hannah Herzon	Northwestern Lehigh
	Brianna Biondo	Pen Argyl
	Brianna VandeBunte	Southern Lehigh
	Brooke Devers	Northwestern Lehigh
	Fiona Bennett	Notre Dame
	Sarah Hunsicker	Northern Lehigh