



# Northwestern Cross Country Course



## 3.1 Miles

### 1<sup>st</sup> Mile

- Start on the baseball field behind the Middle School.
- Make a right after the last pole and head straight on Northwest Rd.
- Make a Left into the Rec. Fields.
- Loop around the Rec. Fields back to Northwest Rd.

### 2<sup>nd</sup> Mile

- Make a Left onto Northwest Road.
- Making a Right, follow the tree line parallel with Route 309.
- Loop around the H.S. parking lot back onto Northwest Road.
- Make a Left into the Stadium parking lot.
- Follow the fence line around the stadium.

### 3<sup>rd</sup> Mile

- Follow the course to the corner of the soccer field and follow the sideline of the field into the M.S. parking lot.
- Make a Right around the light post and shoot back onto Northwest Road.
- Follow Northwest Road back to the H.S. parking lot and make a Right.
- Follow the course down the ramp behind the high school.
- Make a Right in-between the baseball and softball fields.
- Make a Left back into the stadium.
- Finish with one complete revolution around the track (counter-clockwise).

*\*The course will be marked with white paint.*