

2014 Colonial League Meet - 5/6/2014 to 5/7/2014

Whitehall High School

Results

Event 1 Girls 4x800 Meter Relay Colonial Valley

| Team | Relay | Finals |
|--------------------------|---------------------------|----------|
| Finals | | |
| 1 Northwestern Lehigh | | 9:36.46 |
| 1) Mertz, Sabrina JR | 2) Pierce, Carly JR | |
| 3) Segan, Sarah JR | 4) Yost, Haley SR | |
| 2 Wilson | | 9:52.73 |
| 1) Brannon, Maddie SR | 2) Brannon, Sydney SO | |
| 3) Rustay, Abby FR | 4) Sjodahl, Julia SO | |
| 3 Saucon Valley | | 9:56.63 |
| 1) Madigan, Caroline SO | 2) Ross, Katherine FR | |
| 3) Smiley, Emma JR | 4) Trimble, Elizabeth SO | |
| 4 Notre Dame | | 9:57.72 |
| 1) Gibki, Nicole SO | 2) Jordan, Delaney SO | |
| 3) Kelly, Cassie FR | 4) MacMillan, Isabella JR | |
| 5 Southern Lehigh | | 10:08.73 |
| 1) VandeBunte, Alissa FR | 2) VandeBunte, Brianna FR | |
| 3) Yanega, Allyson FR | 4) Yanega, Sarah FR | |
| 6 Bangor | | 10:55.13 |
| 1) Cobb, Virginia SR | 2) Colton, Meredith SR | |
| 3) Hay, Samantha SR | 4) Smith, Taylor SR | |
| 7 Salisbury | | 11:15.79 |
| 1) Gonoude, Kelly FR | 2) Pennella, Shannon JR | |
| 3) Peace, Cassie JR | 4) Utesch, Sydney SO | |
| 8 Palisades | | 11:24.55 |
| 1) Colletti, Rachel SO | 2) Johnson, Briana FR | |
| 3) Lodwig, Annie JR | 4) Hubner, Allison SO | |
| 9 Northern Lehigh | | 11:36.60 |
| 1) Hunsicker, Sara FR | 2) Ligenza, Maddie FR | |
| 3) Pender, Darby FR | 4) Schnyder, Nina JR | |

Event 2 Boys 4x800 Meter Relay Colonial Valley

| Team | Relay | Finals |
|--------------------------|-----------------------------|---------|
| Finals | | |
| 1 Wilson | | 8:22.41 |
| 1) Calantoni, Anthony SR | 2) Espinol, Joe SO | |
| 3) Handley, Matt SR | 4) Muff, Spencer SO | |
| 2 Bangor | | 8:29.34 |
| 1) Kosman, Justin SR | 2) Ippolito, Evan SO | |
| 3) Reider, Shane SR | 4) Tockett, Brandon JR | |
| 3 Notre Dame | | 8:30.88 |
| 1) Fogel, Devon SO | 2) Carlos, Anthony SR | |
| 3) Koons, Michael JR | 4) Mammen, Matt JR | |
| 4 Southern Lehigh | | 8:36.74 |
| 1) Botelho, Evan SO | 2) DeLuna, Michael SO | |
| 3) Gray, Stephen FR | 4) White, Noah JR | |
| 5 Northwestern Lehigh | | 8:42.60 |
| 1) Cerrone, Ryan SR | 2) Consuelos, Alessandro JR | |
| 3) Heller, Brayden JR | 4) Strickland, Matt SR | |
| 6 Northern Lehigh | | 8:52.06 |
| 1) Hofmann, Aaron JR | 2) Kemery, Gavin SO | |
| 3) Moser, Bryce JR | 4) Belfonti, Daniel FR | |
| 7 Pen Argyl | | 8:58.67 |
| 1) Freda, Matthew JR | 2) King, Cullen JR | |
| 3) Smith, Ty JR | 4) Valletta, Nick SR | |

| | | |
|-------------------------|-----------------------------|---------|
| 8 Salisbury | | 9:02.84 |
| 1) Bartel, Sinjon SR | 2) Carey, Ian SR | |
| 3) Golden, Patrick SR | 4) Mohry, Tanner SR | |
| 9 Palisades | | 9:03.10 |
| 1) Farese, Andy FR | 2) Hayduk, Doug JR | |
| 3) Meyer, Lukas FR | 4) Orecchio, Chase SO | |
| 10 Catasauqua | | 9:05.35 |
| 1) Burkner, Cristian SO | 2) Lora, Dionis JR | |
| 3) Phillips, Spencer JR | 4) Rusnock, Jacob SR | |
| 11 Saucon Valley | | 9:06.23 |
| 1) Kyra, Jarred FR | 2) Pazzaglia, Giacomo JR | |
| 3) Smith, Jeremy SO | 4) Evangelista, Nicholas JR | |

Event 3 Girls 100 Meter Hurdles Colonial Valley

Top two in each heat and next three fastest times to final

| Name | Yr | School | Prelims |
|--------------------------|----|-----------------|---------|
| Preliminaries | | | |
| 1 Gawelko, Alexis | JR | NWL | 15.94Q |
| 2 Panek, Rachel | FR | Saucon | 16.20Q |
| 3 Dimaio, Caroline | SR | BAN | 17.06Q |
| 4 Bertucci, Lauren | SR | Southern Lehigh | 17.14Q |
| 5 Snyder, Arissa | SR | Bombers | 17.33Q |
| 6 Billings, Laura | FR | Southern Lehigh | 17.36Q |
| 7 Zengulis, Lauren | SR | BAN | 17.56q |
| 8 Iobst, Elizabeth | JR | NWL | 17.67q |
| 9 Defranco, Sarah | JR | BAN | 17.73q |
| 10 Sostorecz, Samantha | SR | Wilson | 18.18 |
| 11 Lobb, Kylee | SO | Knights | 18.39 |
| 12 Bredbenner, Mackenzie | SR | Saucon | 18.54 |
| 13 Debski, Jess | SR | Bombers | 18.68 |
| 14 McMahan, Lauren | SO | Southern Lehigh | 18.79 |
| 14 Everett, Stacy | FR | NWL | 18.79 |
| 16 Thomas, Erika | SO | NWL | 18.80 |
| 17 Durigan, Nicole | SO | Notre Dame | 18.89 |
| 18 Rosario, Marisol | FR | Salisbury | 19.00 |
| 19 Zamora, Amy | JR | Salisbury | 19.23 |
| 20 Evans, Jessica | FR | Saucon | 19.83 |
| 21 Hay, Samantha | SR | BAN | 19.93 |
| 22 Byrne, Amanda | JR | Southern Lehigh | 20.10 |
| 23 Barthalemew, Gillian | SO | BAN | 20.21 |
| 24 Weiss, Ashley | SO | NWL | 20.30 |
| 25 Parks, Alexa | FR | Palisades | 20.66 |
| 26 Bruns, Kyra | FR | Salisbury | 21.53 |

Event 3 Girls 100 Meter Hurdles Colonial Valley

Top two in each heat and next three fastest times to final

| Name | Yr | School | Finals |
|--------------------|----|-----------------|--------|
| Finals | | | |
| 1 Panek, Rachel | FR | Saucon | 16.31 |
| 2 Gawelko, Alexis | JR | NWL | 16.59 |
| 3 Bertucci, Lauren | SR | Southern Lehigh | 17.14 |
| 4 Snyder, Arissa | SR | Bombers | 17.36 |
| 5 Zengulis, Lauren | SR | BAN | 17.51 |
| 6 Iobst, Elizabeth | JR | NWL | 17.55 |
| 7 Defranco, Sarah | JR | BAN | 17.58 |
| 8 Billings, Laura | FR | Southern Lehigh | 17.70 |

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Finals ... (Event 3 Girls 100 Meter Hurdles Colonial Valley)

| Name | Yr | School | Finals |
|---------------------|----|--------|--------|
| 9 Dimairo, Caroline | SR | BAN | 18.92 |

Event 4 Boys 110 Meter Hurdles Colonial Valley**Top two in each heat and next three fastest times to final**

| Name | Yr | School | Prelims |
|------|----|--------|---------|
|------|----|--------|---------|

Preliminaries

| | | | |
|----------------------|----|-----------------|--------|
| 1 Shupp, Austin | SR | Bombers | 14.27Q |
| 2 Morris, Shavaughn | JR | BAN | 15.73Q |
| 3 Weiss, Austin | SR | NWL | 15.74Q |
| 4 Thompson, Greg | SR | Southern Lehigh | 16.00Q |
| 5 Marshall, Paryss | SR | Catasauqua | 16.06Q |
| 6 Fulmer, Daniel | JR | Southern Lehigh | 16.46Q |
| 7 Fixl, Alec | SR | NWL | 16.49q |
| 8 Troxell, Nathan | JR | NL | 16.71q |
| 9 Magan, Christopher | JR | Saucon | 16.83q |
| 10 Rossi, Joe | JR | Palisades | 16.91 |
| 11 Moyer, Adam | JR | Bombers | 17.27 |
| 12 Johnson, Izayah | JR | Wilson | 17.55 |
| 13 McGill, Zach | SR | Southern Lehigh | 17.92 |
| 14 Constant, Mason | JR | Notre Dame | 18.05 |
| 15 Lankay, Connor | SO | Notre Dame | 18.13 |
| 16 Pristash, Drake | JR | NL | 18.23 |
| 17 Doherty, Sean | JR | Bombers | 18.24 |
| 18 Weaver, Brendan | JR | Saucon | 18.54 |
| 19 Lobb, Ryan | SR | Knights | 19.02 |
| 20 Hitchon, Jake | SO | Palisades | 19.18 |
| 21 Weidner, Preston | SR | Notre Dame | 19.34 |
| 22 Chidsey, Connor | SO | BAN | 20.15 |
| 23 Snyder, Chris | SR | NWL | 20.53 |
| 24 Heisler, Austin | FR | Knights | 24.37 |

Event 4 Boys 110 Meter Hurdles Colonial Valley**Top two in each heat and next three fastest times to final**

| Name | Yr | School | Finals |
|------|----|--------|--------|
|------|----|--------|--------|

Finals

| | | | |
|----------------------|----|-----------------|-------|
| 1 Shupp, Austin | SR | Bombers | 14.54 |
| 2 Weiss, Austin | SR | NWL | 15.66 |
| 3 Morris, Shavaughn | JR | BAN | 16.25 |
| 4 Marshall, Paryss | SR | Catasauqua | 16.29 |
| 5 Fulmer, Daniel | JR | Southern Lehigh | 16.47 |
| 6 Fixl, Alec | SR | NWL | 16.64 |
| 7 Troxell, Nathan | JR | NL | 17.00 |
| 8 Magan, Christopher | JR | Saucon | 17.16 |
| 9 Thompson, Greg | SR | Southern Lehigh | 17.45 |

Event 5 Girls 100 Meter Dash Colonial Valley**Top two in each heat and next three fastest times to final**

| Name | Yr | School | Prelims |
|------|----|--------|---------|
|------|----|--------|---------|

Preliminaries

| | | | |
|-------------------|----|-----------------|--------|
| 1 Ramsden, Mary | SO | Palisades | 12.74Q |
| 2 Schroy, Allison | FR | Southern Lehigh | 12.82Q |
| 3 Doherty, Brinn | SO | Bombers | 12.84Q |
| 4 Badman, Aimee | FR | Wilson | 12.99Q |
| 5 Somers, Robyn | JR | Southern Lehigh | 13.00Q |

| | | | |
|-----------------------|----|-----------------|--------|
| 6 Anderson, Lauren | JR | NWL | 13.04Q |
| 7 Lucena, Crystal | SR | BAN | 13.16q |
| 8 Peery, Madeline | FR | NWL | 13.28q |
| 9 Omdahl, Abigail | JR | Saucon | 13.33q |
| 10 Lynch, Savannah | SO | Notre Dame | 13.33 |
| 11 Strouse, Abigail | JR | Knights | 13.34 |
| 12 Cooper, Lily | SO | Palisades | 13.35 |
| 13 Odle, Emily | JR | Palisades | 13.40 |
| 14 Swiatek, Carli | SR | Wilson | 13.45 |
| 15 Bergey, Katelyn | JR | Southern Lehigh | 13.49 |
| 16 Everett, Amy | SR | NWL | 13.54 |
| 17 Dimairo, Caroline | SR | BAN | 13.59 |
| 18 Englert, Kaelyn | SR | Bombers | 13.63 |
| 19 Renner, Emily | FR | NWL | 13.69 |
| 20 Tracy, Jackie | SO | Bombers | 13.77 |
| 21 Young, Victoria | SR | Saucon | 13.79 |
| 22 Burns, Nicole | JR | NWL | 13.82 |
| 23 Evans, Dana | SO | Knights | 13.89 |
| 24 Robinson, Anna | JR | Palisades | 14.02 |
| 25 Dertinger, Rebecca | JR | BAN | 14.04 |
| 26 Protchko, Callie | SR | Saucon | 14.06 |
| 27 Merkle, Alexis | SO | NL | 14.23 |

Event 5 Girls 100 Meter Dash Colonial Valley**Top two in each heat and next three fastest times to final**

| Name | Yr | School | Finals |
|------|----|--------|--------|
|------|----|--------|--------|

Finals

| | | | |
|--------------------|----|-----------------|-------|
| 1 Ramsden, Mary | SO | Palisades | 12.79 |
| 2 Doherty, Brinn | SO | Bombers | 12.85 |
| 3 Schroy, Allison | FR | Southern Lehigh | 12.92 |
| 4 Badman, Aimee | FR | Wilson | 13.15 |
| 5 Anderson, Lauren | JR | NWL | 13.17 |
| 6 Somers, Robyn | JR | Southern Lehigh | 13.32 |
| 7 Omdahl, Abigail | JR | Saucon | 13.42 |
| 8 Peery, Madeline | FR | NWL | 13.46 |
| 9 Lucena, Crystal | SR | BAN | 13.58 |

Event 6 Boys 100 Meter Dash Colonial Valley**Top two in each heat and next three fastest times to final**

| Name | Yr | School | Prelims |
|------|----|--------|---------|
|------|----|--------|---------|

Preliminaries

| | | | |
|-----------------------|----|------------|--------|
| 1 Richardson, Cam | JR | NWL | 11.13Q |
| 2 Miller, Cole | SR | NWL | 11.17Q |
| 3 Burton, Ra'Von | SR | Catasauqua | 11.38Q |
| 4 Nelson, Tre | JR | Bombers | 11.25Q |
| 5 Ford, Jahaun | SR | Notre Dame | 11.51Q |
| 6 Hall, Harry | SO | NWL | 11.57Q |
| 7 Hereba, Jihad | SR | NWL | 11.48q |
| 8 Kelly, Daniel | SO | Notre Dame | 11.51q |
| 9 Vass, Phillip | SR | BAN | 11.53q |
| 10 Weiss, Austin | SR | NWL | 11.61 |
| 11 Williams, Josh | JR | BAN | 11.65 |
| 12 Theadford, Kordell | SR | Notre Dame | 11.67 |
| 13 Tsiрукis, DeMitre | JR | Notre Dame | 11.69 |
| 14 Appelbaum, Harley | JR | Bombers | 11.72 |
| 15 Creighton, Michael | FR | Palisades | 11.81 |

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Preliminaries ... (Event 6 Boys 100 Meter Dash Colonial Valley)

| Name | Yr | School | Prelims |
|---------------------|----|-----------------|---------|
| 16 Antnez, Nick | FR | Wilson | 11.82 |
| 17 Macklin, Ross | SR | NWL | 11.85 |
| 18 Culver, Evan | SO | Saucon | 11.89 |
| 19 Farber, Nathan | JR | NL | 11.98 |
| 19 Lindsay, Steffen | SO | Southern Lehigh | 11.98 |
| 21 Irwin, Devin | SO | Salisbury | 11.99 |
| 22 Naiburg, Joseph | FR | Saucon | 12.01 |
| 23 Wolderich, Sean | JR | BAN | 12.02 |
| 24 Rand, Alex | SO | Notre Dame | 12.06 |
| 25 Snyder, Floyd | JR | NL | 12.15 |
| 26 Ramsden, Devin | JR | Palisades | 12.17 |

Event 6 Boys 100 Meter Dash Colonial Valley**Top two in each heat and next three fastest times to final**

| Name | Yr | School | Finals |
|-------------------|----|------------|--------|
| Finals | | | |
| 1 Richardson, Cam | JR | NWL | 11.11 |
| 2 Nelson, Tre | JR | Bombers | 11.25 |
| 3 Miller, Cole | SR | NWL | 11.32 |
| 4 Ford, Jahaun | SR | Notre Dame | 11.44 |
| 5 Burton, Ra'Von | SR | Catasauqua | 11.45 |
| 6 Vass, Phillip | SR | BAN | 11.52 |
| 7 Hereba, Jihad | SR | NWL | 11.55 |
| 8 Hall, Harry | SO | NWL | 11.57 |
| 9 Kelly, Daniel | SO | Notre Dame | 11.64 |

Event 7 Girls 200 Meter Dash Colonial Valley**Top two in each heat and next two fastest times to final**

| Name | Yr | School | Prelims |
|-----------------------|----|-----------------|---------|
| Preliminaries | | | |
| 1 Ramsden, Mary | SO | Palisades | 25.67Q |
| 2 Bauer, Lindsay | SO | Salisbury | 26.29Q |
| 3 Somers, Robyn | JR | Southern Lehigh | 26.48Q |
| 4 Doherty, Brinn | SO | Bombers | 26.55Q |
| 5 Badman, Aimee | FR | Wilson | 26.71Q |
| 6 Anderson, Lauren | JR | NWL | 26.88Q |
| 7 Cooper, Lily | SO | Palisades | 27.01q |
| 8 Segan, Sarah | JR | NWL | 27.10q |
| 9 Schroy, Allison | FR | Southern Lehigh | 27.24 |
| 10 Lynch, Savannah | SO | Notre Dame | 27.62 |
| 11 Omdahl, Abigail | JR | Saucon | 27.90 |
| 12 Strouse, Abigail | JR | Knights | 27.95 |
| 13 Badman, Ally | SO | Palisades | 27.99 |
| 14 Lucena, Crystal | SR | BAN | 28.02 |
| 15 Trimble, Elizabeth | SO | Saucon | 28.14 |
| 16 Fitzmaurice, Yemme | FR | Southern Lehigh | 28.35 |
| 17 Everett, Amy | SR | NWL | 28.40 |
| 18 Protchko, Callie | SR | Saucon | 28.42 |
| 19 Divers, McKenzi | SO | NWL | 28.67 |
| 20 Bergey, Katelyn | JR | Southern Lehigh | 28.76 |
| 21 Dertinger, Rebecca | JR | BAN | 28.82 |
| 22 Morgan, Brittany | FR | NWL | 28.93 |
| 23 Evans, Dana | SO | Knights | 29.04 |
| 24 Schweitzer, Dakota | JR | NL | 29.87 |

Event 7 Girls 200 Meter Dash Colonial Valley**Top two in each heat and next two fastest times to final**

| Name | Yr | School | Finals |
|--------------------|----|-----------------|--------|
| Finals | | | |
| 1 Ramsden, Mary | SO | Palisades | 26.06 |
| 2 Doherty, Brinn | SO | Bombers | 27.00 |
| 3 Bauer, Lindsay | SO | Salisbury | 27.04 |
| 4 Somers, Robyn | JR | Southern Lehigh | 27.23 |
| 5 Anderson, Lauren | JR | NWL | 27.67 |
| 6 Segan, Sarah | JR | NWL | 27.74 |
| 7 Cooper, Lily | SO | Palisades | 27.89 |

Event 8 Boys 200 Meter Dash Colonial Valley**Top two in each heat and next two fastest times to final**

| Name | Yr | School | Prelims |
|----------------------|----|-----------------|---------|
| Preliminaries | | | |
| 1 Richardson, Cam | JR | NWL | 22.21Q |
| 2 Hereba, Jihad | SR | NWL | 23.03Q |
| 3 Lindsay, Steffen | SO | Southern Lehigh | 23.53Q |
| 4 Nelson, Tre | JR | Bombers | 23.14Q |
| 5 Williams, Josh | JR | BAN | 23.43Q |
| 6 Tsirukis, DeMitre | JR | Notre Dame | 23.87Q |
| 7 Theadford, Kordell | SR | Notre Dame | 23.47q |
| 8 Kelly, Daniel | SO | Notre Dame | 23.51q |
| 9 Creighton, Michael | FR | Palisades | 23.71 |
| 10 Rand, Alex | SO | Notre Dame | 23.75 |
| 11 Macklin, Ross | SR | NWL | 24.13 |
| 12 Antnez, Nick | FR | Wilson | 24.26 |
| 13 Vass, Phillip | SR | BAN | 24.33 |
| 14 Kantz, Zacary | SR | BAN | 24.40 |
| 15 Smith, Ryan | SR | Knights | 24.53 |
| 16 Gillette, Nate | SR | Knights | 24.54 |
| 17 Michaelson, Will | SR | BAN | 24.56 |
| 18 Krauss, Austin | SO | Palisades | 24.63 |
| 19 Santos, Devon | FR | Bombers | 24.70 |
| 20 Means, Jasone | FR | Wilson | 24.93 |
| 21 Appelbaum, Harley | JR | Bombers | 25.31 |
| 22 Barwick, Dillon | SR | Saucon | 25.41 |

Event 8 Boys 200 Meter Dash Colonial Valley**Top two in each heat and next two fastest times to final**

| Name | Yr | School | Finals |
|----------------------|----|-----------------|--------|
| Finals | | | |
| 1 Richardson, Cam | JR | NWL | 22.54 |
| 2 Hereba, Jihad | SR | NWL | 23.12 |
| 3 Nelson, Tre | JR | Bombers | 23.50 |
| 4 Lindsay, Steffen | SO | Southern Lehigh | 23.77 |
| 5 Theadford, Kordell | SR | Notre Dame | 23.85 |
| 6 Kelly, Daniel | SO | Notre Dame | 23.97 |
| 7 Williams, Josh | JR | BAN | 23.99 |

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Event 9 Girls 300 Meter Hurdles Colonial Valley**Three heats winners based on time**

| Name | Yr | School | Finals |
|---------------|---------------------|--------------------|--------|
| Finals | | | |
| 1 | Gawelko, Alexis | JR NWL | 48.08 |
| 2 | Panek, Rachel | FR Saucon | 49.85 |
| 3 | Bertucci, Lauren | SR Southern Lehigh | 49.86 |
| 4 | Durigan, Nicole | SO Notre Dame | 50.09 |
| 5 | Dimairo, Caroline | SR BAN | 50.31 |
| 6 | Cooper, Lily | SO Palisades | 50.48 |
| 7 | Odle, Emily | JR Palisades | 50.55 |
| 8 | Debski, Jess | SR Bombers | 51.51 |
| 9 | Parks, Alexa | FR Palisades | 51.67 |
| 10 | Iobst, Elizabeth | JR NWL | 51.93 |
| 11 | Everett, Stacy | FR NWL | 52.16 |
| 12 | Sarria, Laura | JR Notre Dame | 52.78 |
| 13 | Billings, Laura | FR Southern Lehigh | 53.07 |
| 14 | Carl, Casey | SR Wilson | 53.08 |
| 15 | McMahon, Lauren | SO Southern Lehigh | 53.11 |
| 16 | Tracy, Jackie | SO Bombers | 53.53 |
| 17 | Toolan, Brianne | SO Saucon | 53.75 |
| 18 | Bruns, Kyra | FR Salisbury | 53.95 |
| 19 | Fisher, Rachel | JR NWL | 54.12 |
| 20 | Sostorecz, Samantha | SR Wilson | 54.20 |
| 21 | Pender, Darby | FR NL | 55.43 |
| 22 | Fornauf, Elizabeth | FR NWL | 56.15 |
| 23 | Snyder, Arissa | SR Bombers | 56.31 |
| 24 | Byrne, Amanda | JR Southern Lehigh | 57.35 |

Event 10 Boys 300 Meter Hurdles Colonial Valley**Three heats winners based on time**

| Name | Yr | School | Finals |
|---------------|--------------------|--------------------|--------|
| Finals | | | |
| 1 | Shupp, Austin | SR Bombers | 38.01 |
| 2 | Fulmer, Daniel | JR Southern Lehigh | 41.30 |
| 3 | Thompson, Greg | SR Southern Lehigh | 41.69 |
| 4 | Fixl, Alec | SR NWL | 41.98 |
| 5 | Weiss, Austin | SR NWL | 42.88 |
| 6 | Morris, Shavaughn | JR BAN | 43.11 |
| 7 | Doherty, Sean | JR Bombers | 43.48 |
| 8 | Snyder, Dylan | SO NWL | 43.56 |
| 9 | Magan, Christopher | JR Saucon | 44.00 |
| 10 | Moyer, Adam | JR Bombers | 44.67 |
| 11 | Whildin, Michael | SO Wilson | 44.69 |
| 12 | Hitchon, Jake | SO Palisades | 44.72 |
| 13 | McGill, Zach | SR Southern Lehigh | 44.88 |
| 14 | Ticson, Steve | SR Notre Dame | 44.97 |
| 15 | Troxell, Nathan | JR NL | 45.04 |
| 16 | Weaver, Brendan | JR Saucon | 45.42 |
| 17 | Gillette, Jake | SO Knights | 45.54 |
| 18 | Pristash, Drake | JR NL | 45.63 |
| 19 | Lankay, Connor | SO Notre Dame | 46.27 |
| 20 | Rossi, Joe | JR Palisades | 47.17 |
| 21 | Constant, Mason | JR Notre Dame | 47.50 |
| 22 | Williams, Josh | JR BAN | 47.69 |

Event 11 Girls 3200 Meter Run Colonial Valley

| Name | Yr | School | Finals |
|---------------|--------------------------|--------------------|----------|
| Finals | | | |
| 1 | Greenwood-Chikotas, Eliz | SR Saucon | 10:53.12 |
| 2 | Yost, Haley | SR NWL | 11:43.92 |
| 3 | Biondo, Angelina | JR Knights | 11:45.95 |
| 4 | Rustay, Abby | FR Wilson | 11:47.37 |
| 5 | Hart, Meseret | JR Southern Lehigh | 11:53.57 |
| 6 | Colton, Meredith | SR BAN | 12:18.38 |
| 7 | Stitzel, Paige | FR NWL | 12:28.15 |
| 8 | Brannon, Maddie | SR Wilson | 12:29.84 |
| 9 | McKay, Erika | JR NL | 12:36.73 |
| 10 | VandeBunte, Alissa | FR Southern Lehigh | 12:41.01 |
| 11 | Yanega, Allyson | FR Southern Lehigh | 12:44.41 |
| 12 | Mikols, Rachel | SO NWL | 12:59.82 |
| 13 | Cobb, Virginia | SR BAN | 13:07.37 |
| 14 | Yanega, Sarah | FR Southern Lehigh | 13:14.88 |
| 15 | Alden, Angela | SO NWL | 13:19.39 |
| 16 | Mattiola, Rosalie | SR Southern Lehigh | 13:20.84 |

Event 12 Boys 3200 Meter Run Colonial Valley

| Name | Yr | School | Finals |
|---------------|------------------|--------------------|----------|
| Finals | | | |
| 1 | Gonoude, Kyle | JR Salisbury | 9:55.71 |
| 2 | Espinol, Joe | SO Wilson | 9:57.12 |
| 3 | Koons, Michael | JR Notre Dame | 10:19.33 |
| 4 | Li, Samuel | SO Notre Dame | 10:25.13 |
| 5 | Tockett, Brandon | JR BAN | 10:25.30 |
| 6 | Fry, Gregory | JR Salisbury | 10:34.44 |
| 7 | Smith, Ty | JR Knights | 10:35.12 |
| 8 | Garr, Cole | SR Palisades | 10:36.47 |
| 9 | Gray, Stephen | FR Southern Lehigh | 10:36.52 |
| 10 | Kemery, Gavin | SO NL | 10:37.64 |
| 11 | Reider, Shane | SR BAN | 10:40.74 |
| 12 | Muff, Spencer | SO Wilson | 10:41.30 |
| 13 | Sell, Charlie | JR BAN | 10:42.69 |
| 14 | Furchner, Collin | SR NWL | 11:02.09 |
| 15 | Carey, Ian | SR Salisbury | 11:02.11 |
| 16 | Zingalez, Kyle | SO Wilson | 11:10.80 |

Event 13 Girls Long Jump Colonial Valley**Two flights 3 jumps top 9 to final 3 more jumps**

| Name | Yr | School | Finals |
|---------------|--------------------|--------------------|----------|
| Finals | | | |
| 1 | Bauer, Lindsay | SO Salisbury | 17-08.00 |
| 2 | Swiatek, Carli | SR Wilson | 17-00.50 |
| 3 | Toman, Kaitlin | SO Salisbury | 16-07.25 |
| 4 | Cunningham, Trista | SR NWL | 16-04.25 |
| 5 | Olewine, Jessica | JR NL | 16-02.50 |
| 6 | Lucena, Crystal | SR BAN | 15-11.00 |
| 7 | Patterson, Mary | JR Southern Lehigh | 15-08.75 |
| 8 | Doherty, Brinn | SO Bombers | 15-08.00 |
| 9 | Farquhar, Jade | JR Bombers | 15-07.00 |
| 10 | Bartone, Sydney | JR Palisades | 15-02.25 |
| 11 | Merkle, Alexis | SO NL | 14-11.75 |

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Finals ... (Event 13 Girls Long Jump Colonial Valley)

| Name | Yr | School | Finals |
|---------------------|----|-----------|----------|
| 12 Everett, Stacy | FR | NWL | 14-07.25 |
| 13 Defranco, Sarah | JR | BAN | 14-05.25 |
| 14 Codd, Shelby | JR | Palisades | 13-05.50 |
| 15 Dailey, Cheyanne | SR | BAN | 13-03.00 |

Event 14 Girls Discus Throw Colonial Valley**Two flights 3 throws top 9 to final 3 more throws**

| Name | Yr | School | Finals |
|-----------------------|----|-----------------|--------|
| Finals | | | |
| 1 Cunningham, Trista | SR | NWL | 115-07 |
| 2 Ferry, Rachael | SR | Southern Lehigh | 96-07 |
| 3 Zelinsky, Dakoha | JR | Catasauqua | 92-02 |
| 4 Undercuffler, Maddy | SO | Salisbury | 91-06 |
| 5 Gollie, Erin | JR | Southern Lehigh | 90-00 |
| 6 Prince, Brianna | SR | Southern Lehigh | 88-00 |
| 7 Karasek, Courtney | SR | BAN | 86-05 |
| 8 Hohl, Katie | SO | Notre Dame | 86-03 |
| 9 Kovacs, Vanessa | SR | Southern Lehigh | 85-07 |
| 10 Vass, Jasmine | SR | BAN | 79-00 |
| 11 Henderson, Trinity | JR | Catasauqua | 78-06 |
| 12 Rufe, Taylor | FR | Palisades | 72-09 |
| 13 Culp, Alexis | SO | BAN | 72-07 |
| 14 Bubenko, Isabelle | SO | Salisbury | 72-02 |
| 15 Krincek, Elizabeth | SR | Knights | 70-03 |
| 16 Goodhile, Lila | SO | Bombers | 66-04 |

Event 15 Boys High Jump Colonial Valley**Starting Height 2" below last qualifier****Raise bar 3" until 3 competitors remain then raise 1"**

| Name | Yr | School | Finals |
|---------------------|----|------------|----------|
| Finals | | | |
| 1 Hay, Spencer | SO | Bombers | 6-01.00 |
| 2 Marshall, Paryss | SR | Catasauqua | 6-00.00 |
| 3 Carter, Reggie | SR | Notre Dame | J6-00.00 |
| 4 Uhl, Austin | SR | Salisbury | 5-10.00 |
| 5 Ford, Jahaun | SR | Notre Dame | J5-10.00 |
| 5 Morris, Shavaughn | JR | BAN | J5-10.00 |
| 7 Mainor, Terrance | FR | Wilson | 5-08.00 |
| 8 Myers, Andrew | JR | Notre Dame | J5-08.00 |
| 8 Hall, Harry | SO | NWL | J5-08.00 |
| 10 Salamone, Josh | SR | Knights | J5-08.00 |
| 11 Myers, Matt | JR | Bombers | J5-06.00 |
| 12 Spencer, Brett | JR | Salisbury | J5-08.00 |
| 12 Whildin, Michael | SO | Wilson | 5-06.00 |
| 12 Bobbyn, Alex | SR | NWL | 5-06.00 |
| 12 Seyfried, Rob | FR | NWL | 5-06.00 |
| 12 Lutton, Brendan | SR | Bombers | 5-06.00 |

Event 16 Boys Pole Vault Colonial Valley**Starting Height 6" below last qualifier****Raise bar 6" until 3 competitors remain then raise 3"**

| Name | Yr | School | Finals |
|---------------------|----|---------|----------|
| Finals | | | |
| 1 Rodrigues, Darris | SR | Bombers | 12-09.00 |

| | | | |
|----------------------|----|-----------------|-----------|
| 2 Kern, Ty | SR | Catasauqua | J12-09.00 |
| 3 Miller, Cole | SR | NWL | J12-09.00 |
| 4 Lobb, Ryan | SR | Knights | 12-03.00 |
| 4 Samodio, Ian | SR | Wilson | 12-03.00 |
| 6 Colasurdo, Anthony | SO | Southern Lehigh | 10-09.00 |
| 7 Tockett, Brandon | JR | BAN | J10-09.00 |
| 8 Long, Timothy | SR | Southern Lehigh | 10-03.00 |
| 9 Blasiak, Logan | SO | Bombers | J10-03.00 |
| 10 Weidner, Preston | SR | Notre Dame | J10-03.00 |
| 11 VanBlargan, David | SO | NWL | J10-03.00 |
| 12 Sell, Charlie | JR | BAN | J10-03.00 |
| 13 Daniel, Maxwell | JR | Saucon | 9-09.00 |
| 14 Debski, Charles | JR | Bombers | J9-09.00 |

Event 17 Boys Discus Throw Colonial Valley**Two flights 3 throws top 9 to finals 3 more throws**

| Name | Yr | School | Finals |
|--------------------|----|-----------------|--------|
| Finals | | | |
| 1 Green, Shawn | SR | BAN | 155-03 |
| 2 Partington, Alex | SR | NWL | 142-06 |
| 3 Rochon, Andrew | FR | Southern Lehigh | 130-01 |
| 4 Debski, Charles | JR | Bombers | 123-09 |
| 5 Anthony, Jon | JR | Bombers | 119-11 |
| 6 Moser, Jacob | SR | NL | 118-06 |
| 7 Berry, Isaiah | SR | Catasauqua | 118-00 |
| 8 Silfies, Nate | JR | Bombers | 114-01 |
| 9 Gough, Eli | JR | NWL | 112-09 |
| 10 Pysker, Jared | SR | BAN | 107-01 |
| 11 Henry, Ben | SR | Palisades | 102-02 |
| 12 Mulcahy, Sean | SR | NL | 101-09 |
| 13 Pysker, Matthew | SR | BAN | 100-09 |
| 14 Masters, Josh | SR | NWL | 93-10 |
| 15 Salamone, Josh | SR | Knights | 82-05 |

Event 18 Girls Pole Vault Colonial Valley**Starting Height 6" below last qualifier****Raise bar 6" until 3 competitors remain then raise 3"**

| Name | Yr | School | Finals |
|-----------------------|----|-----------------|----------|
| Finals | | | |
| 1 Forrester, Jenna | JR | Southern Lehigh | 9-00.00 |
| 2 Groff, Makenzie | SO | Salisbury | J9-00.00 |
| 3 Schultheis, Kari | JR | NWL | 8-00.00 |
| 3 Evans, Dana | SO | Knights | 8-00.00 |
| 5 Brinley, Mallory | SR | NWL | 7-06.00 |
| 5 Feil, Rachel | SO | Notre Dame | 7-06.00 |
| 7 Englert, Kaelyn | SR | Bombers | J7-06.00 |
| 8 Bauer, Shauna | JR | Southern Lehigh | J7-06.00 |
| 9 Sostorecz, Samantha | SR | Wilson | 7-00.00 |
| 10 Aranda, Marissa | JR | Knights | J7-00.00 |
| 11 Sompel, Kayla | SO | NL | J7-00.00 |
| 11 Leis, Madison | FR | Knights | J7-00.00 |

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Event 19 Boys Triple Jump Colonial Valley**Two flights 3 jumps top 9 to final 3 more jumps**

| Name | Yr | School | Finals |
|------|----|--------|--------|
|------|----|--------|--------|

Finals

| | | | | |
|----|-------------------|----|------------|----------|
| 1 | Shupp, Austin | SR | Bombers | 47-02.50 |
| 2 | Davis, Jryi | SR | BAN | 44-11.75 |
| 3 | Sacks, Jarred | SR | Bombers | 44-11.00 |
| 4 | Stola, Dan | SR | Notre Dame | 43-04.00 |
| 5 | Houser, Richard | JR | Catasauqua | 43-01.00 |
| 6 | Fairclough, Bryce | | Salisbury | 42-11.00 |
| 7 | Culver, Evan | SO | Saucon | 41-11.75 |
| 8 | Hay, Spencer | SO | Bombers | 41-07.75 |
| 9 | Schoeniger, Steve | SR | NWL | 41-01.75 |
| 10 | Benson, Mark | SR | Knights | 40-08.00 |
| 11 | Ramsden, Devin | JR | Palisades | 40-06.00 |
| 12 | Brown, Miles | SR | Notre Dame | 39-11.50 |
| 13 | Snyder, Floyd | JR | NL | 39-09.50 |
| 14 | Herbert, Rashaan | | Wilson | 39-08.75 |
| 15 | Uhl, Austin | SR | Salisbury | 39-07.00 |
| 16 | Morris, Shavaughn | JR | BAN | 38-06.75 |

Event 20 Girls Shot Put Colonial Valley**Two flights 3 throws top 9 to final three more throws**

| Name | Yr | School | Finals |
|------|----|--------|--------|
|------|----|--------|--------|

Finals

| | | | | |
|----|---------------------|----|-----------------|----------|
| 1 | Prince, Brianna | SR | Southern Lehigh | 38-04.75 |
| 2 | Henderson, Trinity | JR | Catasauqua | 36-11.00 |
| 3 | Cunningham, Trista | SR | NWL | 35-05.00 |
| 4 | Maseneheimer, Hanna | SR | NWL | 35-03.50 |
| 5 | Vass, Jasmine | SR | BAN | 33-05.75 |
| 6 | Eripret, Meagan | SO | Salisbury | 32-01.00 |
| 7 | Wieder, Felicia | SR | Southern Lehigh | 31-11.00 |
| 8 | Blose, Vanessa | SO | NWL | 31-07.75 |
| 9 | Bubenko, Isabelle | SO | Salisbury | 30-09.25 |
| 10 | Undercuffler, Maddy | SO | Salisbury | 30-03.50 |
| 11 | Karasek, Courtney | SR | BAN | 29-09.75 |
| 12 | Ferry, Rachael | SR | Southern Lehigh | 29-08.50 |
| 13 | Gollie, Erin | JR | Southern Lehigh | 29-00.75 |
| 14 | Strauch, Sabreena | SR | Bombers | 26-01.75 |
| 15 | Zelinsky, Dakoha | JR | Catasauqua | 25-10.25 |
| 16 | Warnke, Katelyn | SO | Saucon | 25-08.25 |

Event 21 Girls 1600 Meter Run Colonial Valley

| Name | Yr | School | Finals |
|------|----|--------|--------|
|------|----|--------|--------|

Finals

| | | | | |
|----|----------------------|----|-----------------|---------|
| 1 | Yost, Haley | SR | NWL | 5:12.92 |
| 2 | Brannon, Sydney | SO | Wilson | 5:13.55 |
| 3 | Gonoude, Kelly | FR | Salisbury | 5:20.23 |
| 4 | Scartelli, Christina | JR | Notre Dame | 5:21.84 |
| 5 | Rustay, Abby | FR | Wilson | 5:24.20 |
| 6 | Wood, Monica | SO | Bombers | 5:25.92 |
| 7 | Colton, Meredith | SR | BAN | 5:30.44 |
| 8 | Biondo, Angelina | JR | Knights | 5:33.77 |
| 9 | Yanega, Allyson | FR | Southern Lehigh | 5:38.71 |
| 10 | VandeBunte, Alissa | FR | Southern Lehigh | 5:40.68 |

| | | | | |
|----|-----------------|----|-----------------|---------|
| 11 | Hart, Meseret | JR | Southern Lehigh | 5:40.76 |
| 12 | McKay, Erika | JR | NL | 5:40.86 |
| 13 | Stitzel, Paige | FR | NWL | 5:43.12 |
| 14 | Cobb, Virginia | SR | BAN | 5:46.17 |
| 15 | Brannon, Maddie | SR | Wilson | 5:46.59 |
| 16 | Mikols, Rachel | SO | NWL | 5:55.88 |

Event 22 Boys 1600 Meter Run Colonial Valley

| Name | Yr | School | Finals |
|------|----|--------|--------|
|------|----|--------|--------|

Finals

| | | | | |
|----|--------------------|----|-----------------|---------|
| 1 | Gonoude, Kyle | JR | Salisbury | 4:33.97 |
| 2 | Espinol, Joe | SO | Wilson | 4:34.54 |
| 3 | Moser, Bryce | JR | NL | 4:38.59 |
| 4 | King, Cullen | JR | Knights | 4:38.83 |
| 5 | White, Noah | JR | Southern Lehigh | 4:39.64 |
| 6 | Smith, Ty | JR | Knights | 4:41.88 |
| 7 | Furchner, Collin | SR | NWL | 4:42.95 |
| 8 | Li, Samuel | SO | Notre Dame | 4:45.51 |
| 9 | Koons, Michael | JR | Notre Dame | 4:47.22 |
| 10 | Calantoni, Anthony | SR | Wilson | 4:47.29 |
| 11 | Kemery, Gavin | SO | NL | 4:47.34 |
| 12 | Tockett, Brandon | JR | BAN | 4:49.33 |
| 13 | Reider, Shane | SR | BAN | 4:50.40 |
| 14 | McCoy, Matthew | JR | BAN | 4:50.43 |
| 15 | Gray, Stephen | FR | Southern Lehigh | 4:56.12 |

Event 23 Girls 400 Meter Dash Colonial Valley**Three heats winner based on time**

| Name | Yr | School | Finals |
|------|----|--------|--------|
|------|----|--------|--------|

Finals

| | | | | |
|----|--------------------|----|-----------------|---------|
| 1 | Bauer, Lindsay | SO | Salisbury | 59.05 |
| 2 | Segan, Sarah | JR | NWL | 1:01.17 |
| 3 | Wood, Jaclyn | JR | Bombers | 1:01.58 |
| 4 | Badman, Aimee | FR | Wilson | 1:01.61 |
| 5 | Jordan, Delaney | SO | Notre Dame | 1:01.67 |
| 6 | Simone, Olivia | JR | Notre Dame | 1:02.02 |
| 7 | Cerrone, Rachele | JR | NWL | 1:02.29 |
| 8 | Mertz, Sabrina | JR | NWL | 1:02.75 |
| 9 | Peery, Madeline | FR | NWL | 1:04.22 |
| 10 | Trimble, Elizabeth | SO | Saucon | 1:04.77 |
| 11 | Strouse, Abigail | JR | Knights | 1:05.15 |
| 12 | Musgnung, Dana | SR | Southern Lehigh | 1:05.60 |
| 13 | Ross, Katherine | FR | Saucon | 1:05.73 |
| 14 | Yeahl, Brittany | FR | Saucon | 1:06.25 |
| 15 | Murphy, Regan | SR | Knights | 1:06.30 |
| 16 | Badman, Ally | SO | Palisades | 1:06.62 |
| 17 | Lysek, Kelsy | JR | Saucon | 1:06.69 |
| 18 | Feil, Rachel | SO | Notre Dame | 1:06.96 |
| 19 | Gennace, Victoria | FR | BAN | 1:07.32 |
| 20 | Lee, Ashley | FR | Southern Lehigh | 1:07.70 |
| 21 | Hay, Samantha | SR | BAN | 1:08.25 |
| 22 | Baker, Nicole | SR | BAN | 1:08.63 |

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Event 24 Boys 400 Meter Dash Colonial Valley

Three heats winners based on time

| Name | Yr | School | Finals |
|-----------------------|----|-----------------|---------|
| Finals | | | |
| 1 Hereba, Jihad | SR | NWL | 50.80 |
| 2 Pereira, Gerald | JR | Bombers | 51.20 |
| 3 Handley, Matt | SR | Wilson | 51.43 |
| 4 Kantz, Zacary | SR | BAN | 52.37 |
| 5 Kosman, Justin | SR | BAN | 52.38 |
| 6 Eckhart, Nate | JR | Bombers | 53.03 |
| 7 Carlos, Anthony | SR | Notre Dame | 53.35 |
| 8 Kelly, Daniel | SO | Notre Dame | 53.46 |
| 9 Rubio, Ryan | JR | NL | 53.72 |
| 10 Shivone, Dominic | JR | Bombers | 53.83 |
| 11 Mosebrook, Issac | SR | Southern Lehigh | 54.20 |
| 12 Johnson, Izayah | JR | Wilson | 54.21 |
| 13 Fixl, Alec | SR | NWL | 54.48 |
| 14 DeCastro, Trevor | JR | Southern Lehigh | 54.70 |
| 15 Fulmer, Eric | JR | Southern Lehigh | 54.97 |
| 16 Rand, Alex | SO | Notre Dame | 55.16 |
| 17 Foulke, AJ | JR | Salisbury | 55.41 |
| 18 Orecchio, Chase | SO | Palisades | 55.53 |
| 19 Pogodzinski, Nick | JR | Notre Dame | 55.69 |
| 20 Moyer, William | SR | Palisades | 56.08 |
| 21 Fitzgerald, Austin | JR | NWL | 56.25 |
| 22 Mette, Luke | SO | Wilson | 56.80 |
| 23 Krause, Casey | SR | Southern Lehigh | 57.44 |
| 24 Davis, Jryi | SR | BAN | 1:07.45 |

Event 25 Girls 4x100 Meter Relay Colonial Valley

Two heats winners based on time

| Team | Relay | Finals |
|-------------------------|--------------------------|--------|
| Finals | | |
| 1 Palisades | | 51.04 |
| 1) Badman, Ally SO | 2) Cooper, Lily SO | |
| 3) Robinson, Anna JR | 4) Ramsden, Mary SO | |
| 2 Northwestern Lehigh | | 51.70 |
| 1) Anderson, Lauren JR | 2) Burns, Nicole JR | |
| 3) Divers, McKenzi SO | 4) Mertz, Sabrina JR | |
| 3 Bombers | | 51.73 |
| 1) Snyder, Arissa SR | 2) Englert, Kaelyn SR | |
| 3) Doherty, Brinn SO | 4) Tracy, Jackie SO | |
| 4 Southern Lehigh | | 52.19 |
| 5 Wilson | | 53.76 |
| 1) Badman, Aimee FR | 2) Carl, Casey SR | |
| 3) Kalnas, Kylee SO | 4) Swiatek, Carli SR | |
| 6 Bangor | | 53.78 |
| 1) Dimaio, Caroline SR | 2) Dertinger, Rebecca JR | |
| 3) Lucena, Crystal SR | 4) Reimer, Camilla SR | |
| 7 Pen Argyl | | 54.34 |
| 1) Evans, Dana SO | 2) Strouse, Abigail JR | |
| 3) Thompson, Ailleya SR | 4) Walsh, Meghan FR | |
| 8 Saucon Valley | | 54.73 |
| 1) Protchko, Callie SR | 2) Toolan, Brianna SO | |
| 3) Whitman, Kyla SR | 4) Young, Victoria SR | |

| | |
|-----------------------|---------------------------|
| 9 Notre Dame | 55.03 |
| 1) Irr, Taylor SO | 2) Kelly, Cassie FR |
| 3) Lynch, Savannah SO | 4) MacMillan, Isabella JR |
| 10 Northern Lehigh | 55.42 |
| 1) Bevans, Emily JR | 2) Kemery, Karlyna FR |
| 3) Merkle, Alexis SO | 4) Schweitzer, Dakota JR |

Event 26 Boys 4x100 Meter Relay Colonial Valley

Two heats winners based on time

| Team | Relay | Finals |
|---------------------------|---------------------------|--------|
| Finals | | |
| 1 Northwestern Lehigh | | 43.45 |
| 1) Hall, Harry SO | 2) Hereba, Jihad SR | |
| 3) Miller, Cole SR | 4) Richardson, Cam JR | |
| 2 Bombers | | 43.56 |
| 1) Appelbaum, Harley JR | 2) Nelson, Tre JR | |
| 3) Pereira, Gerald JR | 4) Shupp, Austin SR | |
| 3 Notre Dame | | 44.30 |
| 1) Brown, Miles SR | 2) Ford, Jahaun SR | |
| 3) Watson, Trey JR | 4) Theadford, Kordell JR | |
| 4 Bangor | | 44.97 |
| 1) Michaelson, Will SR | 2) Vass, Phillip SR | |
| 3) Williams, Josh JR | 4) Wolderich, Sean JR | |
| 5 Catasauqua | | 45.07 |
| 1) Burton, Ra'Von SR | 2) Houser, Richard JR | |
| 3) Marshall, Paryss SR | 4) Rossnagle, Nicholas SO | |
| 6 Salisbury | | 45.98 |
| 7 Wilson | | 46.07 |
| 1) Antnez, Nick FR | 2) Herbert, Rashaan | |
| 3) Johnson, Izayah JR | 4) Means, Jasone FR | |
| 8 Pen Argyl | | 46.35 |
| 1) Gillette, Nate SR | 2) Lobb, Ryan SR | |
| 3) Salamone, Josh SR | 4) Smith, Ryan SR | |
| 9 Northern Lehigh | | 46.93 |
| 1) Belfonti, Sebastian SR | 2) Farber, Nathan JR | |
| 3) Ingles, Stephen SR | 4) Snyder, Floyd JR | |
| 9 Palisades | | 46.93 |
| 1) Creighton, Michael FR | 2) Cashman, Tighe JR | |
| 3) Krauss, Austin SO | 4) Ramsden, Devin JR | |
| 11 Saucon Valley | | 47.07 |
| 1) Blobe, Justin SR | 2) Barwick, Dillon SR | |
| 3) Culver, Evan SO | 4) Herbold, Steven JR | |
| 12 Southern Lehigh | | 48.26 |
| 1) Krause, Casey SR | 2) Musgnung, John SO | |
| 3) Schumaker, Jared SR | 4) Silfies, Trent SR | |

Event 27 Girls 800 Meter Run Colonial Valley

Two heats winners based on time

| Name | Yr | School | Finals |
|------------------------|----|-----------------|---------|
| Finals | | | |
| 1 Yost, Haley | SR | NWL | 2:21.51 |
| 2 Cerrone, Rachele | JR | NWL | 2:24.57 |
| 3 Brannon, Sydney | SO | Wilson | 2:25.41 |
| 4 Rustay, Abby | FR | Wilson | 2:26.13 |
| 5 Scartelli, Christina | JR | Notre Dame | 2:27.26 |
| 6 Ramos, Isamarie | SR | Southern Lehigh | 2:27.98 |

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Finals ... (Event 27 Girls 800 Meter Run Colonial Valley)

| Name | Yr | School | Finals |
|------|---------------------|--------------------|---------|
| 7 | Gibki, Nicole | SO Notre Dame | 2:28.32 |
| 8 | Wood, Monica | SO Bombers | 2:28.69 |
| 9 | VandeBunte, Brianna | FR Southern Lehigh | 2:28.99 |
| 10 | Wood, Jaclyn | JR Bombers | 2:29.32 |
| 11 | DeLuna, Nina | FR Southern Lehigh | 2:30.08 |
| 12 | Pierce, Carly | JR NWL | 2:32.08 |
| 13 | Kelly, Cassie | FR Notre Dame | 2:32.85 |
| 14 | Madigan, Caroline | SO Saucon | 2:33.32 |
| 15 | Ross, Katherine | FR Saucon | 2:33.78 |
| 16 | Sjodahl, Julia | SO Wilson | 2:34.01 |
| 17 | VandeBunte, Alissa | FR Southern Lehigh | 2:34.26 |
| 18 | Murphy, Regan | SR Knights | 2:34.29 |
| 19 | Smiley, Emma | JR Saucon | 2:35.11 |
| 20 | Yanega, Sarah | FR Southern Lehigh | 2:36.60 |
| 21 | Yanega, Allyson | FR Southern Lehigh | 2:36.91 |
| 22 | Colton, Meredith | SR BAN | 2:37.61 |
| 23 | Ligenza, Maddie | FR NL | 2:38.30 |
| 24 | Cobb, Virginia | SR BAN | 2:38.59 |

Event 28 Boys 800 Meter Run Colonial Valley

Two heats winners based on time

| Name | Yr | School | Finals |
|------|--------------------|--------------------|---------|
| 1 | Espinol, Joe | SO Wilson | 1:59.73 |
| 2 | Handley, Matt | SR Wilson | 2:01.16 |
| 3 | Cerrone, Ryan | SR NWL | 2:01.58 |
| 4 | Heller, Brayden | JR NWL | 2:03.08 |
| 5 | Gonoude, Kyle | JR Salisbury | 2:03.16 |
| 6 | DeLuna, Michael | SO Southern Lehigh | 2:04.18 |
| 7 | White, Noah | JR Southern Lehigh | 2:05.99 |
| 8 | Ippolito, Evan | SO BAN | 2:06.07 |
| 9 | Calantoni, Anthony | SR Wilson | 2:06.31 |
| 10 | Kosman, Justin | SR BAN | 2:09.53 |
| 11 | Moyer, William | SR Palisades | 2:09.55 |
| 12 | Seiler, Shaun | JR Bombers | 2:09.68 |
| 13 | Reider, Shane | SR BAN | 2:09.86 |
| 14 | Pazzaglia, Giacomo | JR Saucon | 2:10.06 |
| 15 | Botelho, Evan | SO Southern Lehigh | 2:10.13 |
| 16 | Furchner, Collin | SR NWL | 2:10.66 |
| 17 | McCoy, Matthew | JR BAN | 2:10.99 |
| 18 | Race, Alex | FR Wilson | 2:11.05 |
| 19 | Mammen, Matt | JR Notre Dame | 2:11.71 |
| 20 | Eckhart, Nate | JR Bombers | 2:14.27 |
| 21 | King, Cullen | JR Knights | 2:15.39 |

Event 29 Girls 4x400 Meter Relay Colonial Valley

Two heats winners based on time

| Team | Relay | Finals |
|------|---------------------|---------|
| 1 | Northwestern Lehigh | 4:10.67 |
| 1) | Cerrone, Rachele JR | |
| 2) | Mertz, Sabrina JR | |
| 3) | Peery, Madeline FR | |
| 4) | Segan, Sarah JR | |

| | | |
|----|-----------------------|---------|
| 2 | Notre Dame | 4:13.65 |
| 1) | Feil, Rachel SO | |
| 2) | Gibki, Nicole SO | |
| 3) | Jordan, Delaney SO | |
| 4) | Simone, Olivia JR | |
| 3 | Southern Lehigh | 4:14.18 |
| 1) | Bergey, Katelyn JR | |
| 2) | Fitzmaurice, Yemme FR | |
| 3) | Schmid, Caleigh FR | |
| 4) | Schroy, Allison FR | |
| 4 | Bombers | 4:21.16 |
| 1) | Englert, Kaelyn SR | |
| 2) | Matsko, Johanna FR | |
| 3) | Wood, Jaclyn JR | |
| 4) | Wood, Monica SO | |
| 5 | Palisades | 4:24.80 |
| 1) | Badman, Ally SO | |
| 2) | Odle, Emily JR | |
| 3) | Ramsden, Mary SO | |
| 4) | Robinson, Anna JR | |
| 6 | Saucon Valley | 4:25.38 |
| 1) | Trimble, Elizabeth SO | |
| 2) | Ross, Katherine FR | |
| 3) | Yeahl, Brittany FR | |
| 4) | Madigan, Caroline SO | |
| 7 | Pen Argyl | 4:42.89 |
| 1) | Leis, Madison FR | |
| 2) | Murphy, Regan SR | |
| 3) | Rice, Morgan JR | |
| 4) | Thompson, Ailleya SR | |
| 8 | Bangor | 4:43.97 |
| 1) | Baker, Nicole SR | |
| 2) | Gennace, Victoria FR | |
| 3) | Hay, Samantha SR | |
| 4) | Smith, Taylor SR | |
| 9 | Northern Lehigh | 4:47.17 |
| 1) | Ligenza, Maddie FR | |
| 2) | Mazzocca, Cheyenne SO | |
| 3) | McKay, Erika JR | |
| 4) | Tarafas, Annelise SR | |

Event 30 Boys 4x400 Meter Relay Colonial Valley

Two heats winners based on time

| Team | Relay | Finals |
|------|-----------------------|---------|
| 1 | Northwestern Lehigh | 3:31.05 |
| 1) | Cerrone, Ryan SR | |
| 2) | Fitzgerald, Austin JR | |
| 3) | Fixl, Alec SR | |
| 4) | Richardson, Cam JR | |
| 2 | Bombers | 3:31.52 |
| 1) | Eckhart, Nate JR | |
| 2) | Pereira, Gerald JR | |
| 3) | Seiler, Shaun JR | |
| 4) | Shivone, Dominic JR | |
| 3 | Wilson | 3:36.34 |
| 1) | Calantoni, Anthony SR | |
| 2) | Handley, Matt SR | |
| 3) | Johnson, Izayah JR | |
| 4) | Muff, Spencer SO | |
| 4 | Southern Lehigh | 3:37.80 |
| 1) | DeCastro, Trevor JR | |
| 2) | Fulmer, Daniel JR | |
| 3) | McGill, Zach SR | |
| 4) | Mosebrook, Issac SR | |
| 5 | Bangor | 3:43.16 |
| 1) | Ippolito, Evan SO | |
| 2) | Kantz, Zacary SR | |
| 3) | McCoy, Matthew JR | |
| 4) | Fries, Jacob FR | |
| 6 | Palisades | 3:43.83 |
| 1) | Farese, Joe JR | |
| 2) | Hayduk, Doug JR | |
| 3) | Moyer, William SR | |
| 4) | Creighton, Michael FR | |
| 7 | Notre Dame | 3:45.12 |
| 1) | Carlos, Anthony SR | |
| 2) | Kelly, Daniel SO | |
| 3) | Pogodzinski, Nick JR | |
| 4) | Rand, Alex SO | |
| 8 | Saucon Valley | 3:47.61 |
| 1) | Cyphers, Kyle SO | |
| 2) | Holub, Brandon FR | |
| 3) | Magan, Christopher JR | |
| 4) | Meadows, Allen JR | |
| 9 | Pen Argyl | 3:48.37 |
| 1) | Gillette, Nate SR | |
| 2) | King, Cullen JR | |
| 3) | Smith, Ty JR | |
| 4) | Valletta, Nick SR | |

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Finals ... (Event 30 Boys 4x400 Meter Relay Colonial Valley)

| Team | Relay | Finals |
|--------------------|-------|---------|
| 10 Northern Lehigh | | 3:52.72 |

Event 31 Boys Long Jump Colonial Valley**Two flights 3 jumps top 9 to final 3 more jumps**

| Name | Yr | School | Finals |
|----------------------|----|------------|----------|
| Finals | | | |
| 1 Ford, Jahaun | SR | Notre Dame | 21-00.75 |
| 2 Uhl, Austin | SR | Salisbury | 20-11.00 |
| 3 Brown, Miles | SR | Notre Dame | 20-09.75 |
| 4 Herbert, Rashaan | | Wilson | 20-09.50 |
| 5 Davis, Jryi | SR | BAN | 20-05.25 |
| 6 Sacks, Jarred | SR | Bombers | 20-04.75 |
| 7 Stola, Dan | SR | Notre Dame | 20-00.75 |
| 8 Fairclough, Bryce | | Salisbury | 20-00.25 |
| 9 Houser, Richard | JR | Catasauqua | 19-10.00 |
| 10 Watson, Trey | JR | Notre Dame | 19-09.75 |
| 11 Foulke, AJ | JR | Salisbury | 19-05.00 |
| 11 Miller, Cole | SR | NWL | 19-05.00 |
| 13 Snyder, Floyd | JR | NL | 19-03.00 |
| 14 Hay, Spencer | SO | Bombers | 19-02.50 |
| 15 Schoeniger, Steve | SR | NWL | 19-00.25 |
| 16 Kosman, Justin | SR | BAN | 18-03.50 |

Event 32 Boys Javelin Throw Colonial Valley**Two flights 3 throws top 9 to final 3 more throws**

| Name | Yr | School | Finals |
|--------------------|----|------------|--------|
| Finals | | | |
| 1 Pereira, Gerald | JR | Bombers | 167-03 |
| 2 Hess, Drew | JR | Wilson | 165-06 |
| 3 Debski, Charles | JR | Bombers | 164-07 |
| 4 Snyder, Jesse | SR | Palisades | 162-01 |
| 5 DePaolo, Michael | SR | Knights | 159-07 |
| 6 Salamone, Josh | SR | Knights | 153-05 |
| 7 Mulcahy, Sean | SR | NL | 149-03 |
| 8 Weber, Tevon | SO | Salisbury | 146-00 |
| 9 Ference, Andy | SO | Notre Dame | 144-06 |
| 10 Pysker, Matthew | SR | BAN | 141-10 |
| 11 Kobordo, Austin | SR | NWL | 139-10 |
| 12 Santos, Stanton | SR | Notre Dame | 138-06 |
| 13 Betz, Justin | SR | NWL | 132-00 |
| 14 Berry, Isaiah | SR | Catasauqua | 127-07 |
| 15 Sziy, Rhaine | SR | Catasauqua | 126-00 |
| 16 Snyder, Dylan | SO | NWL | 110-04 |

Event 33 Girls High Jump Colonial Valley**Starting height 2" below last qualifier****Raise bar 3" until 3 competitors remain then raise 1"**

| Name | Yr | School | Finals |
|-----------------------|----|-----------------|----------|
| Finals | | | |
| 1 Szita, Holly | SO | Salisbury | 5-02.00 |
| 2 Parks, Alexa | FR | Palisades | J5-02.00 |
| 3 VandeBunte, Brianna | FR | Southern Lehigh | 4-10.00 |
| 3 Farquhar, Jade | JR | Bombers | 4-10.00 |
| 5 Romich, Julie | JR | Notre Dame | 4-08.00 |

| | | | |
|---------------------|----|-----------------|----------|
| 6 Nansteel, Kirsten | FR | BAN | J4-08.00 |
| 7 Olewine, Jessica | JR | NL | J4-08.00 |
| 8 Everett, Stacy | FR | NWL | 4-06.00 |
| 8 McMahon, Lauren | SO | Southern Lehigh | 4-06.00 |
| 10 Brinley, Mallory | SR | NWL | J4-06.00 |
| 11 Codd, Shelby | JR | Palisades | J4-06.00 |
| 12 Sessinger, Cam | FR | Palisades | J4-06.00 |
| 13 Slack, Taylor | SO | NWL | 4-04.00 |
| 13 Gawelko, Alexis | JR | NWL | 4-04.00 |
| 15 Utesch, Sydney | SO | Salisbury | J4-04.00 |

Event 34 Boys Shot Put Colonial Valley**Two flights 3 throws top 9 to final 3 more throws**

| Name | Yr | School | Finals |
|------------------------|----|-----------------|----------|
| Finals | | | |
| 1 Partington, Alex | SR | NWL | 47-08.50 |
| 2 Nelson, Tre | JR | Bombers | 44-08.75 |
| 3 Bonisese, Christian | SR | BAN | 42-09.50 |
| 4 Pysker, Matthew | SR | BAN | 42-05.00 |
| 4 Czarnecki, Nathaniel | SR | NL | 42-05.00 |
| 6 Heffelfinger, Scott | SO | Bombers | 42-00.75 |
| 7 Meikrantz, Corey | SR | Salisbury | 41-11.25 |
| 8 Hess, Drew | JR | Wilson | 41-06.75 |
| 9 Lieberman, Jake | SR | NL | 40-10.75 |
| 10 Turdo, Jason | SR | Palisades | 39-09.00 |
| 11 Green, Shawn | SR | BAN | 39-05.00 |
| 12 Karpyn, Chet | SO | NWL | 38-08.00 |
| 13 Henry, Ben | SR | Palisades | 38-04.25 |
| 14 Martin, Peter | SO | Southern Lehigh | 37-06.00 |
| 15 Santos, Stanton | SR | Notre Dame | 35-09.25 |

Event 35 Girls Javelin Throw Colonial Valley**Two flights 3 throws top 9 to final 3 more throws**

| Name | Yr | School | Finals |
|-----------------------|----|-----------------|--------|
| Finals | | | |
| 1 Vass, Jasmine | SR | BAN | 125-03 |
| 2 Brader, Madison | SO | Palisades | 118-00 |
| 3 Ferry, Rachael | SR | Southern Lehigh | 111-05 |
| 4 Strauch, Sabreena | SR | Bombers | 109-03 |
| 5 Weber, Kathleen | JR | Notre Dame | 105-00 |
| 6 Bachman, Gabrielle | JR | Catasauqua | 97-07 |
| 7 Frantz, Brittany | JR | Salisbury | 97-01 |
| 8 Zengulis, Lauren | SR | BAN | 97-00 |
| 9 Karasek, Courtney | SR | BAN | 95-03 |
| 10 Maseheimer, Hanna | SR | NWL | 94-07 |
| 11 Hohl, Katie | SO | Notre Dame | 93-02 |
| 12 Prince, Brianna | SR | Southern Lehigh | 90-08 |
| 13 Henderson, Trinity | JR | Catasauqua | 88-11 |
| 14 Fleming, Brookelle | SR | Saucon | 86-09 |
| 15 Goodhile, Lila | SO | Bombers | 83-05 |
| 16 Gensits, Cesily | SR | NWL | 81-06 |

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Event 36 Girls Triple Jump Colonial Valley**Two flights 3 jumps top 9 to final 3 more jumps**

| Name | Yr | School | Finals |
|---------------|---------------------|---------------|----------|
| Finals | | | |
| 1 | Bauer, Lindsay | SO Salisbury | 35-10.25 |
| 2 | Olewine, Jessica | JR NL | 35-05.75 |
| 3 | Swiatek, Carli | SR Wilson | 34-06.00 |
| 4 | Toman, Kaitlin | SO Salisbury | 34-04.50 |
| 5 | Parks, Alexa | FR Palisades | 33-09.25 |
| 6 | Gonoude, Kelly | FR Salisbury | 33-00.00 |
| 7 | Cunningham, Trista | SR NWL | 32-08.50 |
| 8 | Farquhar, Jade | JR Bombers | 32-08.25 |
| 9 | Wood, Jaclyn | JR Bombers | 31-10.25 |
| 10 | Bachman, Quinn | SO Catasauqua | 31-06.00 |
| 11 | Beers, Erika | SO Bombers | 31-02.00 |
| 12 | Dailey, Cheyanne | SR BAN | 30-10.75 |
| 13 | Codd, Shelby | JR Palisades | 30-05.50 |
| 14 | Axt, Raegan | SO NWL | 30-05.00 |
| 15 | Mummey, Madison | JR Bombers | 29-08.50 |
| 16 | Killcoyne, Kathleen | SO Palisades | 29-06.50 |

Event 40 Girls 4x800 Meter Relay Lehigh Valley**Team Relay Finals**

| Team | Relay | Finals |
|---------------|--------------------------|-------------------------|
| Finals | | |
| 1 | Emmaus | 9:38.24 |
| | 1) Bacher, Katie SO | 2) Brosky, Hanna SR |
| | 3) McCarthy, Mandy SR | 4) Reinbold, Jaclyn JR |
| 2 | Easton | 9:43.08 |
| | 1) Cardwell, Judea JR | 2) George, Alexandra JR |
| | 3) Hammerstone, Diana SO | 4) Reed, Ashley SR |
| 3 | Whitehall | 9:58.38 |
| | 1) Brand, Emily JR | 2) Dorner, Alexandra SO |
| | 3) Stella, Angela SR | 4) Walker, Madison JR |
| 4 | Acchs | 10:07.57 |
| | 1) Daday, Colleen SO | 2) Heffner, Hope SO |
| | 3) Sacks, Claudia SO | 4) Yannarell, Katie SO |
| 5 | Nazareth | 10:08.01 |
| | 1) Bernsdorf, Johanna SR | 2) DeAngelo, Zoe FR |
| | 3) Henderson, Paige JR | 4) Snyder, Haven FR |
| 6 | Liberty | 10:25.03 |
| | 1) Allred, Kyra FR | 2) Kochmaruk, Raisa FR |
| | 3) Lynott, Ally SO | 4) Valladares, Naomi JR |
| 7 | Parkland | 10:26.01 |
| | 1) Anderson, Devyn FR | 2) Cassel, Shannon JR |
| | 3) Eder, Cassandra SO | 4) Smith, Carly JR |
| 8 | Northampton | 10:31.41 |
| | 1) Jackson, Hayley SR | 2) Kistler, Makenzie SO |
| | 3) Hendricks, Jessica FR | 4) Sterner, Lauren SO |
| 9 | Bethlehem Catholic | 10:39.27 |
| | 1) Kaeser, Samantha JR | 2) Pepe, Rowan FR |
| | 3) Yocco, Kassandra SO | 4) Wills, Rachel SO |
| 10 | Freedom | 12:02.65 |

Event 41 Boys 4x800 Meter Relay Lehigh Valley**Team Relay Finals**

| Team | Relay | Finals |
|---------------|-------------------------|--------------------------|
| Finals | | |
| 1 | Whitehall | 8:04.18 |
| | 1) Falcon, Jean SR | 2) Frisch, Andrew JR |
| | 3) Plucinsky, Brian SR | 4) Schneck, Calvin SO |
| 2 | Nazareth | 8:11.44 |
| | 1) Collins, Paul SR | 2) Faust, Justin SR |
| | 3) Collins, Sean SO | 4) Kopach, Michael SR |
| 3 | Emmaus | 8:13.58 |
| | 1) Frank, Jordan SR | 2) Jandl, Greg SO |
| | 3) Paradise, Ryan SO | 4) Waterman, Kevin SR |
| 4 | Bethlehem Catholic | 8:28.36 |
| | 1) Shaffer, Andrew JR | 2) Duffy, Michael SR |
| | 3) Moroney, Sean SR | 4) Spirk, John JR |
| 5 | Liberty | 8:41.13 |
| | 1) Appleby, Robert JR | 2) Belony, Sam FR |
| | 3) Marrero, Roberto SR | 4) Reilly, Brendan SO |
| 6 | Parkland | 8:43.32 |
| | 1) Boychuck, Reece SR | 2) Kyvelos, Daniel SO |
| | 3) Newman, Grant JR | 4) Zambelli, Nicholas JR |
| 7 | Acchs | 8:45.55 |
| | 1) Zielinski, Nick SO | 2) Stinner, Ethan SR |
| | 3) Werner, Adam FR | 4) Vaughan, Chris SO |
| 8 | Easton | 8:58.66 |
| | 1) Betts, Ryan JR | 2) Grunwald, Gregory JR |
| | 3) Mbevi, Gerald SO | 4) Sherman, Greg SO |
| 9 | Northampton | 9:10.82 |
| 10 | William Allen | 9:14.79 |
| | 1) Fernandez, Kiante SR | 2) Rockwell, Cameron JR |
| | 3) Shoemaker, Travis SR | 4) Tsala, Bill JR |
| 11 | Freedom | 9:37.31 |
| | 1) Hoover, Chase SO | 2) Quigley, Stephen FR |
| | 3) Orellana, Jose JR | 4) Watlington, Trevor JR |

Event 42 Girls 100 Meter Hurdles Lehigh Valley**Name Yr School Prelims**

| Name | Yr | School | Prelims |
|----------------------|-------------------|-------------|---------|
| Preliminaries | | | |
| 1 | Williams, Ashley | SR Eas | 14.45Q |
| 2 | Justus, Maria | SR Emmaus | 15.11Q |
| 3 | Horn, Allison | SR NOR | 15.69Q |
| 4 | McWhite, Mahendra | SO Dieruff | 15.55Q |
| 5 | Filipovits, Erica | SR NOR | 15.66Q |
| 6 | Aminu, Jaylyne | FR Liberty | 16.15Q |
| 7 | Geis, Emmy | JR Acchs | 16.33q |
| 8 | Buckley, Savannah | SR Eas | 16.66q |
| 9 | Stitzer, Allyson | SO Nazareth | 16.72q |
| 10 | Panny, Jennifer | SO Parkland | 16.79 |
| 11 | Gumbrecht, Greer | SO Eas | 16.93 |
| 12 | Tompkins, Rashana | SO Liberty | 17.19 |
| 13 | Piston, Abbey | SR Parkland | 17.27 |
| 14 | Nagle, Diana | JR Parkland | 17.79 |
| 15 | Mesko, Heather | JR Emmaus | 17.84 |
| 16 | Tarsi, Erica | SO Eas | 17.87 |
| 17 | Marchese, Abigail | SO Nazareth | 17.97 |

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Preliminaries ... (Event 42 Girls 100 Meter Hurdles Lehigh Vall

| Name | Yr | School | Prelims |
|-----------------------|----|-----------|---------|
| 18 Kreglow, Jillian | SO | Whitehall | 18.01 |
| 19 Buczek, Catherine | SR | Nazareth | 18.18 |
| 20 Northington, Jayla | SO | Patriots | 18.73 |
| 21 Perry, Emily | JR | NOR | 18.82 |
| 21 Fullen, Taylor | JR | NOR | 18.82 |
| 23 Baughman, Briean | SR | BC | 19.03 |
| 24 House, Rynisha | SO | Liberty | 19.51 |
| 25 Holland, Alyssa | SO | Whitehall | 19.86 |

Event 42 Girls 100 Meter Hurdles Lehigh Valley

| Name | Yr | School | Finals |
|---------------------|----|----------|--------|
| Finals | | | |
| 1 Williams, Ashley | SR | Eas | 14.55 |
| 2 Horn, Allison | SR | NOR | 15.16 |
| 3 Buckley, Savannah | SR | Eas | 15.38 |
| 4 Justus, Maria | SR | Emmaus | 15.47 |
| 5 Filipovits, Erica | SR | NOR | 15.56 |
| 6 McWhite, Mahendra | SO | Dieruff | 16.12 |
| 7 Aminu, Jaylyne | FR | Liberty | 16.71 |
| 8 Stitzer, Allyson | SO | Nazareth | 17.09 |
| 9 Geis, Emmy | JR | Acchs | 17.26 |

Event 43 Boys 110 Meter Hurdles Lehigh Valley

| Name | Yr | School | Prelims |
|--------------------------|----|-----------|---------|
| Preliminaries | | | |
| 1 Simmons, Freddie | JR | BC | 14.65Q |
| 2 Taylor, Carter | SR | Nazareth | 15.02Q |
| 3 Harrison, Kyleem | SR | Whitehall | 15.45Q |
| 4 Williams, Kareem | SR | Parkland | 15.18Q |
| 5 Fineran, Elijah | SO | BC | 15.42Q |
| 6 Hawkins, Joseph | JR | Parkland | 15.55Q |
| 7 Kelly, Timothy | SR | NOR | 15.75q |
| 8 Trexler, Zachary | JR | Parkland | 15.89q |
| 9 Pisko, Josh | SR | Acchs | 16.10q |
| 10 Boehm, Blake | SR | NOR | 16.27 |
| 11 Thompson, Katrell | FR | Eas | 16.33 |
| 12 Hudak, Josh | SO | Acchs | 16.35 |
| 13 Ingalls, Robert | JR | Emmaus | 16.77 |
| 14 Schlegel, Scott | JR | Emmaus | 16.90 |
| 15 Ortiz, Anthony | SO | Patriots | 17.21 |
| 16 Linkowsky, Michael | SR | Nazareth | 17.38 |
| 17 Acevedo-Pena, Brandon | JR | Emmaus | 17.72 |
| 18 Martinez, Israel | SO | Liberty | 18.08 |
| 19 Northington, Juwan | SO | Patriots | 18.66 |
| 20 Tomlin, Brandon | SR | Liberty | 18.71 |
| 21 Gonzalez, Victor | JR | Patriots | 18.86 |
| 22 Couch, Michael | FR | Eas | 18.88 |
| 23 Vanderburg, James | JR | Eas | 21.84 |
| 24 Thompson, Courtney | JR | Eas | 22.35 |
| 25 Toolan, Matthew | SR | BC | 22.75 |

Event 43 Boys 110 Meter Hurdles Lehigh Valley

| Name | Yr | School | Finals |
|--------------------|----|-----------|--------|
| Finals | | | |
| 1 Simmons, Freddie | JR | BC | 14.79 |
| 2 Harrison, Kyleem | SR | Whitehall | 15.32 |
| 3 Williams, Kareem | SR | Parkland | 15.51 |
| 4 Hawkins, Joseph | JR | Parkland | 15.65 |
| 5 Trexler, Zachary | JR | Parkland | 15.69 |
| 6 Fineran, Elijah | SO | BC | 15.93 |
| 7 Pisko, Josh | SR | Acchs | 15.99 |
| 8 Kelly, Timothy | SR | NOR | 16.02 |

Event 44 Girls 100 Meter Dash Lehigh Valley

| Name | Yr | School | Prelims |
|------------------------|----|-----------|---------|
| Preliminaries | | | |
| 1 Boothman, Chanel | SR | Emmaus | 12.37Q |
| 2 Buckley, Savannah | SR | Eas | 12.57Q |
| 3 Cunningham, Kourtney | JR | Whitehall | 12.67Q |
| 4 Aminu, Jaylyne | FR | Liberty | 12.50Q |
| 5 Luciano, Jordan | JR | Eas | 12.60Q |
| 6 Wetherhold, Annae | SR | Emmaus | 12.78Q |
| 7 Blunt, Amber | SR | Emmaus | 12.62q |
| 8 Horn, Allison | SR | NOR | 12.66q |
| 9 McWhite, Mahendra | SO | Dieruff | 12.73q |
| 10 Lewis, Gabrielle | JR | ALL | 12.90 |
| 11 Krayee, Decontee | JR | Whitehall | 12.91 |
| 12 Cunningham, Kylee | FR | Whitehall | 12.94 |
| 13 Williams, Ashley | SR | Eas | 13.14 |
| 13 Hannis, Devyn | SR | Emmaus | 13.14 |
| 15 Gallina, Anna | SO | Whitehall | 13.15 |
| 16 Altpeter, Katie | JR | BC | 13.16 |
| 17 Pizarro, Arianie | SR | Whitehall | 13.18 |
| 17 Dickenson, Toni-Ann | SR | Nazareth | 13.18 |
| 19 Dallam, Jade | FR | Liberty | 13.20 |
| 20 Reed, Grace | FR | Parkland | 13.37 |
| 21 House, Rynisha | SO | Liberty | 13.42 |
| 22 Marhefka, Makenna | JR | NOR | 13.64 |
| 23 Mitchell, Tyra | FR | Acchs | 13.68 |
| 24 Tompkins, Alani | JR | Liberty | 13.83 |

Event 44 Girls 100 Meter Dash Lehigh Valley

| Name | Yr | School | Finals |
|------------------------|----|-----------|--------|
| Finals | | | |
| 1 Aminu, Jaylyne | FR | Liberty | 12.48 |
| 2 Buckley, Savannah | SR | Eas | 12.67 |
| 3 Blunt, Amber | SR | Emmaus | 12.70 |
| 4 McWhite, Mahendra | SO | Dieruff | 12.73 |
| 5 Boothman, Chanel | SR | Emmaus | 12.74 |
| 6 Horn, Allison | SR | NOR | 12.93 |
| 7 Luciano, Jordan | JR | Eas | 12.97 |
| 8 Cunningham, Kourtney | JR | Whitehall | 13.08 |
| 9 Wetherhold, Annae | SR | Emmaus | 13.27 |

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Event 45 Boys 100 Meter Dash Lehigh Valley

| Name | Yr | School | Prelims |
|----------------------|---------------------|--------------|---------|
| Preliminaries | | | |
| 1 | Lester, Shakur | JR Dieruff | 11.02Q |
| 2 | Simpson, Troy Shane | JR Eas | 11.13Q |
| 3 | Santiago, Victor | JR Liberty | 11.47Q |
| 4 | Miller, Wyl | JR Emmaus | 11.37Q |
| 4 | Harrison, Kyleem | SR Whitehall | 11.37Q |
| 6 | Divine, Unique | JR Parkland | 11.43Q |
| 7 | Wright, Josiah | JR Liberty | 11.49Q |
| 8 | Myers, Kasey | SO Dieruff | 11.47q |
| 9 | Ferrell, Darnell | FR Acchs | 11.47q |
| 10 | Keenan, Antwon | SO BC | 11.50 |
| 11 | Lampertti, Lucas | SR Eas | 11.67 |
| 12 | Yang, Daniel | SR Parkland | 11.68 |
| 12 | Anderson, Justice | SR ALL | 11.68 |
| 14 | Chambers, Kentyn | SR NOR | 11.69 |
| 15 | Szewczak, Daniel | JR Parkland | 11.76 |
| 16 | McDaniel, Michael | JR BC | 11.78 |
| 16 | El-Hajj, Daniel | SR Whitehall | 11.78 |
| 18 | Ramos, Jose | SO Patriots | 11.80 |
| 19 | Smolinsky, Ben | JR Emmaus | 11.85 |
| 20 | Okungu, Ronnie | JR Whitehall | 11.87 |
| 21 | DeAngeles, Jacob | SR NOR | 11.96 |
| 22 | Minney-Gratz, Nysir | SO Eas | 11.98 |
| 23 | Terry, Randy | FR BC | 12.00 |
| 24 | Bauer, Jared | SR NOR | 12.36 |

Event 45 Boys 100 Meter Dash Lehigh Valley

| Name | Yr | School | Finals |
|---------------|---------------------|--------------|--------|
| Finals | | | |
| 1 | Lester, Shakur | JR Dieruff | 10.95 |
| 2 | Simpson, Troy Shane | JR Eas | 11.05 |
| 3 | Santiago, Victor | JR Liberty | 11.38 |
| 4 | Miller, Wyl | JR Emmaus | 11.42 |
| 5 | Wright, Josiah | JR Liberty | 11.43 |
| 6 | Divine, Unique | JR Parkland | 11.45 |
| 7 | Myers, Kasey | SO Dieruff | 11.51 |
| 8 | Harrison, Kyleem | SR Whitehall | 11.61 |
| 9 | Ferrell, Darnell | FR Acchs | 11.65 |

Event 46 Girls 200 Meter Dash Lehigh Valley

| Name | Yr | School | Prelims |
|----------------------|----------------------|--------------|---------|
| Preliminaries | | | |
| 1 | Boothman, Chanel | SR Emmaus | 25.42Q |
| 2 | Blunt, Amber | SR Emmaus | 26.05Q |
| 3 | Hannis, Devyn | SR Emmaus | 26.29Q |
| 4 | Aminu, Jaylyne | FR Liberty | 26.02Q |
| 5 | Reed, Ashley | SR Eas | 26.57Q |
| 6 | Wetherhold, Annae | SR Emmaus | 26.61Q |
| 7 | Cunningham, Kourtney | JR Whitehall | 26.31q |
| 8 | Luciano, Jordan | JR Eas | 26.65q |
| 9 | Krayee, Decontee | JR Whitehall | 26.69 |
| 10 | Wilcox, Emily | FR Parkland | 26.89 |
| 11 | Bross, Erica | JR Parkland | 27.10 |

| | | | |
|----|-------------------|--------------|-------|
| 12 | Altpeter, Katie | JR BC | 27.28 |
| 13 | Laird, Rachel | FR Parkland | 27.44 |
| 14 | Finn, Rachel | SO Liberty | 27.46 |
| 15 | Acholonu, Zobaku | SR Emmaus | 27.54 |
| 16 | Lopez, Tyleen | FR NOR | 27.56 |
| 17 | Pizarro, Arianie | SR Whitehall | 27.59 |
| 18 | Cunningham, Kylee | FR Whitehall | 27.62 |
| 19 | Moore, Daniesha | SR Eas | 27.66 |
| 20 | Hudson, Chelsea | FR Parkland | 27.87 |
| 21 | Marhefka, Makenna | JR NOR | 28.17 |
| 22 | Geis, Emmy | JR Acchs | 28.26 |

Event 46 Girls 200 Meter Dash Lehigh Valley

| Name | Yr | School | Finals |
|---------------|----------------------|--------------|--------|
| Finals | | | |
| 1 | Boothman, Chanel | SR Emmaus | 25.90 |
| 2 | Aminu, Jaylyne | FR Liberty | 26.40 |
| 3 | Blunt, Amber | SR Emmaus | 26.64 |
| 4 | Reed, Ashley | SR Eas | 26.69 |
| 5 | Hannis, Devyn | SR Emmaus | 27.10 |
| 6 | Cunningham, Kourtney | JR Whitehall | 27.15 |
| 7 | Wetherhold, Annae | SR Emmaus | 27.18 |
| 8 | Luciano, Jordan | JR Eas | 27.22 |

Event 47 Boys 200 Meter Dash Lehigh Valley

| Name | Yr | School | Prelims |
|----------------------|---------------------|-------------|---------|
| Preliminaries | | | |
| 1 | West, Donavan | JR BC | 22.43Q |
| 2 | Simpson, Troy Shane | JR Eas | 22.75Q |
| 3 | Wright, Josiah | JR Liberty | 23.03Q |
| 4 | Maxwell, Colton | SO NOR | 23.00Q |
| 5 | Geiger, Curtis | SR Emmaus | 23.12Q |
| 6 | Williams, Jalen | SR Eas | 23.42Q |
| 7 | Szewczak, Daniel | JR Parkland | 23.19q |
| 8 | Ferrell, Darnell | FR Acchs | 23.34q |
| 9 | Anderson, Justice | SR ALL | 23.38 |
| 10 | Yang, Daniel | SR Parkland | 23.40 |
| 10 | Susko, Tim | SO Acchs | 23.40 |
| 12 | Flatts, Anthony | JR Patriots | 23.44 |
| 13 | Myers, Kasey | SO Dieruff | 23.45 |
| 14 | Lampertti, Lucas | SR Eas | 23.69 |
| 15 | Santone, Lucas | JR ALL | 23.76 |
| 16 | Santiago, Victor | JR Liberty | 23.79 |
| 17 | Sanders, Donovan | FR Eas | 23.81 |
| 18 | Henn, Jared | SO Nazareth | 23.86 |
| 19 | Ramos, Jose | SO Patriots | 23.88 |
| 20 | Tempo, Connor | FR Parkland | 24.07 |
| 21 | Gill, Jonathan | JR Patriots | 24.25 |
| 21 | Minney-Gratz, Nysir | SO Eas | 24.25 |
| 23 | Mittl, Jarad | Whitehall | 24.44 |

Event 47 Boys 200 Meter Dash Lehigh Valley

| Name | Yr | School | Finals |
|---------------|---------------------|--------|--------|
| Finals | | | |
| 1 | Simpson, Troy Shane | JR Eas | 22.44 |
| 2 | West, Donavan | JR BC | 22.45 |

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Finals ... (Event 47 Boys 200 Meter Dash Lehigh Valley)

| Name | Yr | School | Finals |
|--------------------|----|----------|--------|
| 3 Wright, Josiah | JR | Liberty | 22.84 |
| 4 Maxwell, Colton | SO | NOR | 23.15 |
| 5 Geiger, Curtis | SR | Emmaus | 23.46 |
| 6 Szewczak, Daniel | JR | Parkland | 23.64 |
| 7 Ferrell, Darnell | FR | Acchs | 24.12 |

Event 48 Girls 300 Meter Hurdles Lehigh Valley

| Name | Yr | School | Finals |
|--------------------------|----|-----------|--------|
| Finals | | | |
| 1 Geis, Emmy | JR | Acchs | 46.16 |
| 2 Williams, Ashley | SR | Eas | 46.70 |
| 3 Stitzer, Allyson | SO | Nazareth | 47.31 |
| 4 Filipovits, Erica | SR | NOR | 47.56 |
| 5 Justus, Maria | SR | Emmaus | 47.83 |
| 6 McWhite, Mahendra | SO | Dieruff | 48.68 |
| 7 Alston, Alnisa | SO | Eas | 49.03 |
| 8 Buczek, Catherine | SR | Nazareth | 49.23 |
| 9 Baughman, Briana | SR | BC | 49.94 |
| 10 Holland, Alyssa | SO | Whitehall | 50.10 |
| 11 Marchese, Abigail | SO | Nazareth | 50.19 |
| 12 Panny, Jennifer | SO | Parkland | 50.36 |
| 13 Tompkins, Rashana | SO | Liberty | 50.52 |
| 14 Steinberger, Victoria | SR | Nazareth | 50.59 |
| 15 Piston, Abbey | SR | Parkland | 51.15 |
| 16 Perry, Emily | JR | NOR | 51.40 |
| 17 Schneck, Larissa | SR | Parkland | 51.54 |
| 18 O'Toole, Meghan | JR | Patriots | 51.92 |
| 19 Piston, Emily | FR | Parkland | 52.09 |
| 20 Lunt, Holly | FR | Nazareth | 52.26 |
| 21 Trowbridge, Sophie | JR | Emmaus | 52.61 |
| 22 Fullen, Taylor | JR | NOR | 52.70 |
| 23 Nagle, Diana | JR | Parkland | 53.35 |

Event 49 Boys 300 Meter Hurdles Lehigh Valley

| Name | Yr | School | Finals |
|-------------------------|----|----------|--------|
| Finals | | | |
| 1 Simmons, Freddie | JR | BC | 38.68 |
| 2 Williams, Kareem | SR | Parkland | 39.59 |
| 3 Taylor, Carter | SR | Nazareth | 39.84 |
| 4 Hawkins, Joseph | JR | Parkland | 40.32 |
| 5 Kelly, Timothy | SR | NOR | 41.27 |
| 6 Linkowsky, Michael | SR | Nazareth | 41.64 |
| 7 Trexler, Zachary | JR | Parkland | 42.01 |
| 8 Northington, Juwan | SO | Patriots | 42.54 |
| 9 Acevedo-Pena, Brandon | JR | Emmaus | 42.60 |
| 10 Hudak, Josh | SO | Acchs | 43.04 |
| 11 Couch, Michael | FR | Eas | 43.41 |
| 12 Pisko, Josh | SR | Acchs | 43.56 |
| 13 Kellum, Ryan | SO | Liberty | 43.89 |
| 14 Ingalls, Robert | JR | Emmaus | 44.23 |
| 15 Minney-Gratz, Nysir | SO | Eas | 44.34 |
| 16 Henry, Roy | JR | Emmaus | 44.37 |
| 17 Zambelli, Nicholas | JR | Parkland | 44.57 |
| 18 Multare, Ricardo | JR | Eas | 44.99 |

| | | | |
|-----------------------|----|----------|-------|
| 19 Ortiz, Anthony | SO | Patriots | 45.22 |
| 20 Champagnie, Conrad | JR | Dieruff | 46.26 |
| 21 Terry, Randy | FR | BC | 47.25 |
| 22 Cash-Mabry, Roland | SO | Patriots | 48.88 |

Event 50 Girls 3200 Meter Run Lehigh Valley

| Name | Yr | School | Finals |
|-------------------------|----|-----------|----------|
| Finals | | | |
| 1 Bacher, Katie | SO | Emmaus | 11:22.76 |
| 2 Palmer, Shaina | JR | Patriots | 11:26.88 |
| 3 Daday, Colleen | SO | Acchs | 11:28.79 |
| 4 Gallagher, Lyndsey | FR | NOR | 11:29.64 |
| 5 Kochmaruk, Raisa | FR | Liberty | 11:47.63 |
| 6 Stoudt, Mikayla | SO | Parkland | 11:53.87 |
| 7 Repsher, Alyssa | FR | Eas | 11:55.71 |
| 8 Sacks, Claudia | SO | Acchs | 12:04.39 |
| 9 DelVecchio, Sydney | FR | Parkland | 12:12.63 |
| 10 Hammerstone, Diana | SO | Eas | 12:18.85 |
| 11 Gregory, Sabrina | JR | Nazareth | 12:20.47 |
| 12 Leight, Cassidy | SO | Emmaus | 12:21.30 |
| 13 Childs, Willow | SO | Dieruff | 12:24.39 |
| 14 Tarnowski, Bridget | SO | Patriots | 12:24.80 |
| 15 LeFrock, Madeline | JR | Parkland | 12:25.40 |
| 16 Dongvort, Alexis | JR | Parkland | 12:30.43 |
| 17 Brand, Emily | JR | Whitehall | 12:41.55 |
| 18 Pepe, Rowan | FR | BC | 12:42.96 |
| 19 Carney, Katie | SR | Emmaus | 12:44.31 |
| 20 Durrwachter, Katrina | FR | Emmaus | 12:45.71 |
| 21 Burkholder, Shannon | SO | Emmaus | 12:47.09 |
| 22 Frey, Alyson | FR | Eas | 12:56.99 |

Event 51 Boys 3200 Meter Run Lehigh Valley

| Name | Yr | School | Finals |
|--------------------------|----|-----------|----------|
| Finals | | | |
| 1 Abert, Colin | JR | Eas | 9:43.02 |
| 2 Lamm, Gabe | JR | Whitehall | 9:48.04 |
| 3 Lapsansky, Kevin | SO | Eas | 9:50.83 |
| 4 Fitch, Alex | JR | Liberty | 9:51.08 |
| 5 Kelly, Chris | SR | Patriots | 10:00.41 |
| 6 Alpaugh, William | SO | Patriots | 10:02.96 |
| 7 Kyvelos, Daniel | SO | Parkland | 10:05.03 |
| 8 Ziegler, Ben | JR | Patriots | 10:09.60 |
| 9 Miller, John | SR | Acchs | 10:10.86 |
| 10 Frank, Jordan | SR | Emmaus | 10:11.80 |
| 11 Vierling, Kile | SR | Emmaus | 10:17.46 |
| 12 Campbell, Nickolas | JR | NOR | 10:19.28 |
| 13 Collins, Paul | SR | Nazareth | 10:21.41 |
| 14 Schneck, Calvin | SO | Whitehall | 10:22.14 |
| 15 Masemore, Will | JR | Liberty | 10:25.81 |
| 16 Foli, Anthony | SR | Eas | 10:28.73 |
| 17 Labenberg, Darren | JR | Emmaus | 10:30.61 |
| 18 George, Jonah | SO | Liberty | 10:33.27 |
| 19 Crampton, Lucas | SR | Parkland | 10:35.04 |
| 20 Ceh, Jonathan | SO | Parkland | 10:35.85 |
| 21 Reilly, Brendan | SO | Liberty | 10:37.02 |
| 22 Traugher, Christopher | SR | NOR | 10:38.33 |

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Results

Finals ... (Event 51 Boys 3200 Meter Run Lehigh Valley)

| Name | Yr | School | Finals |
|------------------|----|----------|----------|
| 23 Ledyard, Josh | JR | Liberty | 10:39.47 |
| 24 Gross, Isaac | FR | Patriots | 10:40.05 |

Event 52 Girls Long Jump Lehigh Valley

| Name | Yr | School | Finals |
|------|----|--------|--------|
|------|----|--------|--------|

Finals

| | | | |
|-----------------------|----|-----------|----------|
| 1 Meade, Emily | SR | Nazareth | 16-10.50 |
| 2 Justus, Maria | SR | Emmaus | 16-08.00 |
| 3 Remely, Kaitlyn | SR | Nazareth | 16-07.50 |
| 4 Jones, Ivana | SO | Whitehall | 16-06.50 |
| 5 Luciano, Jordan | JR | Eas | 16-06.00 |
| 6 Dickenson, Toni-Ann | SR | Nazareth | 16-05.50 |
| 7 West, Kaylin | SO | Liberty | 15-11.00 |
| 8 Lewis, Gabrielle | JR | ALL | 15-10.50 |
| 9 Posch, Lauren | SR | BC | 15-09.00 |
| 10 Wolf, Darcy | JR | Acchs | 15-08.00 |
| 11 Hamscher, Taylor | JR | Whitehall | 15-04.50 |
| 11 Fink, Alex | JR | Acchs | 15-04.50 |
| 11 Tanczos, Rachel | FR | BC | 15-04.50 |
| 14 Edwards, Shay | SR | Parkland | 15-04.00 |
| 15 Horn, Allison | SR | NOR | 15-02.00 |
| 16 Walters, Olivia | SR | NOR | 14-11.50 |
| 17 Webber, Smantha | SO | Parkland | 14-10.00 |
| 18 Davis, Jenny | SR | Whitehall | 14-04.00 |

Event 53 Girls Discus Throw Lehigh Valley

| Name | Yr | School | Finals |
|------|----|--------|--------|
|------|----|--------|--------|

Finals

| | | | |
|-----------------------|----|-----------|--------|
| 1 Panny, Stephanie | SR | Parkland | 101-11 |
| 2 Smith, Cydnee | SR | Dieruff | 97-08 |
| 3 Blount, Aja | FR | NOR | 90-11 |
| 4 Aminu, Jazmyn | FR | Liberty | 89-06 |
| 5 Facchiano, Adriana | JR | Parkland | 88-09 |
| 6 Hoffman, Julie | JR | Acchs | 84-10 |
| 7 Erie, Giovanna | JR | Patriots | 84-02 |
| 8 Wilson, Sydney | FR | Liberty | 81-02 |
| 9 Hadeed, Vanessa | SO | Whitehall | 80-00 |
| 10 Sheregi, Miroslava | JR | Patriots | 79-08 |
| 11 Jacobi, Megan | SO | Nazareth | 78-11 |
| 12 Ortiz, Jazmin | SR | Patriots | 76-04 |
| 13 Hemingway, Meghan | SO | NOR | 74-05 |
| 14 Saraceni, Natalie | JR | Whitehall | 74-04 |
| 15 Alvarez, Katie | SO | Dieruff | 73-07 |
| 16 Carbone, Molly | SO | Acchs | 66-07 |
| 17 Scarfano, Madison | SR | Whitehall | 5-06 |

Event 54 Boys High Jump Lehigh Valley

| Name | Yr | School | Finals |
|------|----|--------|--------|
|------|----|--------|--------|

Finals

| | | | |
|-------------------|----|-----------|---------|
| 1 Schlegel, Scott | JR | Emmaus | 6-07.00 |
| 2 Falcon, Jean | SR | Whitehall | 6-03.00 |
| 3 Cook, Nicholas | SR | NOR | 6-02.00 |
| 4 Cary, Isaiah | SR | Whitehall | 6-00.00 |
| 5 Lienhard, Matt | JR | Acchs | 5-08.00 |

| | | | |
|----------------------|----|----------|----------|
| 5 Boyesen, Legend | SR | Parkland | 5-08.00 |
| 7 Leaser, Paul | JR | Acchs | J5-08.00 |
| 8 Manuel, Walik | JR | Eas | 5-06.00 |
| 9 Farley, Demond | JR | Patriots | J5-06.00 |
| 9 Briggs, Josh | SO | Nazareth | J5-06.00 |
| 11 Glackin, Nicholas | SR | Eas | J5-06.00 |
| 11 Sharif, Hasan | SR | Emmaus | J5-06.00 |

Event 55 Boys Pole Vault Lehigh Valley

| Name | Yr | School | Finals |
|------|----|--------|--------|
|------|----|--------|--------|

Finals

| | | | |
|-----------------------|----|-----------|-----------|
| 1 Miller, Nicholas | JR | Nazareth | 12-09.00 |
| 2 Kappes, Jacob | SR | Parkland | 12-03.00 |
| 3 Williams, Connor | JR | Nazareth | 11-09.00 |
| 4 Miller, Elliot | SO | Whitehall | J11-09.00 |
| 5 Hugo, Zachary | SO | Parkland | 11-03.00 |
| 6 Sebesta, Zane | SR | NOR | J11-03.00 |
| 7 Roseberry, Erik | SR | Eas | 10-09.00 |
| 8 Bernsdorf, Matt | JR | Nazareth | 10-03.00 |
| 9 Bartholomew, Andrew | JR | NOR | 9-09.00 |
| 10 Rockwell, Cameron | JR | ALL | 9-03.00 |
| 11 Bucha, David | SR | Emmaus | J9-03.00 |
| 12 Loam, Mirabel | | Emmaus | 8-09.00 |
| 13 Boychuck, Cole | SO | Parkland | J8-09.00 |
| 14 Wood, Gavin | FR | Whitehall | 8-03.00 |

Event 56 Boys Discus Throw Lehigh Valley

| Name | Yr | School | Finals |
|------|----|--------|--------|
|------|----|--------|--------|

Finals

| | | | |
|----------------------|----|-----------|--------|
| 1 Boyesen, Legend | SR | Parkland | 138-02 |
| 2 Heinrich, Adam | SR | Nazareth | 128-11 |
| 3 Sharo, Frank | SR | Nazareth | 117-02 |
| 4 Young, Ryan | SR | Liberty | 116-09 |
| 5 Aboulhoda, Michael | JR | Parkland | 116-08 |
| 6 Duggan, Jaohne | FR | Liberty | 112-09 |
| 7 Porter, Nicholas | SR | Nazareth | 109-11 |
| 8 Kappes, Jacob | SR | Parkland | 108-07 |
| 9 Walsh, Connor | JR | Acchs | 107-00 |
| 10 Nejad, Nicholas | SR | Whitehall | 106-01 |
| 11 Porter, Matthew | SO | Nazareth | 106-00 |
| 11 Gonzalez, Alfredo | JR | ALL | 106-00 |
| 13 Murphy, Joel | JR | Emmaus | 104-04 |
| 14 Barber, David | SR | Parkland | 98-00 |
| 15 Bisko, Tom | SR | Emmaus | 97-02 |
| 16 Mathews, Brett | JR | Acchs | 92-04 |

Event 57 Girls Pole Vault Lehigh Valley

| Name | Yr | School | Finals |
|------|----|--------|--------|
|------|----|--------|--------|

Finals

| | | | |
|--------------------|----|-----------|-----------|
| 1 Finn, Rachel | SO | Liberty | 11-00.00 |
| 2 Gumbrecht, Greer | SO | Eas | 10-06.00 |
| 3 Lynch, Kate | JR | Emmaus | 10-00.00 |
| 4 Collins, Karli | SO | Liberty | J10-00.00 |
| 5 Steiner, Rachel | SO | Liberty | 9-00.00 |
| 6 Hamscher, Taylor | JR | Whitehall | 8-06.00 |
| 7 Fox, Brooke | JR | Nazareth | 8-00.00 |

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Finals ... (Event 57 Girls Pole Vault Lehigh Valley)

| Name | Yr | School | Finals |
|----------------------|----|-----------|----------|
| 8 Sanders, Amy | JR | ALL | J8-00.00 |
| 9 Millets, Kelsey | SR | Whitehall | J8-00.00 |
| 10 Luetzgen, Caitlin | JR | Parkland | 7-06.00 |
| 11 Ashar, Riya | SO | Parkland | J7-06.00 |
| 11 Bercaw, Nicole | SO | Nazareth | J7-00.00 |
| 11 Adams, Emma | JR | Parkland | J7-00.00 |
| 14 Roszyk, Kathleen | JR | BC | J7-00.00 |
| 14 Miller, Makayla | SR | NOR | J7-00.00 |
| 16 Reese, Alyssa | SO | Liberty | J7-00.00 |

Event 58 Boys Triple Jump Lehigh Valley

| Name | Yr | School | Finals |
|----------------------------|----|-----------|----------|
| Finals | | | |
| 1 Jones, Darius | JR | Liberty | 45-01.50 |
| 2 Cary, Isaiah | SR | Whitehall | 44-00.00 |
| 3 Lienhard, Matt | JR | Acchs | 42-05.50 |
| 4 Brown-Andriulli, Dominic | SO | Whitehall | 41-10.50 |
| 5 Baez, Rodolfo | JR | Dieruff | 41-10.00 |
| 6 Harrison, Kyleem | SR | Whitehall | 41-04.50 |
| 7 Gonzalez, Victor | JR | Patriots | 40-11.00 |
| 8 Nation, Hunter | SR | Parkland | 40-07.00 |
| 9 Farley, Demond | JR | Patriots | 39-11.00 |
| 10 Todd, Greg | SR | Emmaus | 39-04.50 |
| 11 Kuronya, Adam | SO | NOR | 38-11.00 |
| 12 Recchia, Roberto | JR | Parkland | 38-09.50 |
| 13 Avent, Isaiah | JR | Liberty | 38-02.00 |
| 14 Fineran, Elijah | SO | BC | 37-07.50 |
| 14 Harmon, Tyshawn | SR | Dieruff | 37-07.50 |

Event 59 Girls Shot Put Lehigh Valley

| Name | Yr | School | Finals |
|-----------------------|----|----------|----------|
| Finals | | | |
| 1 Panny, Stephanie | SR | Parkland | 38-07.00 |
| 2 Aminu, Jazmyn | FR | Liberty | 35-03.50 |
| 3 Semler, Avery | JR | Parkland | 34-06.50 |
| 4 Bradley, Kirstin | JR | Nazareth | 33-01.00 |
| 5 Erie, Giovanna | JR | Patriots | 32-05.75 |
| 6 Wilson, Sydney | FR | Liberty | 31-01.75 |
| 7 Hansell, Rachael | JR | Parkland | 31-01.00 |
| 8 Blount, Aja | FR | NOR | 30-02.75 |
| 9 Lynch, CJ | SO | Acchs | 30-02.00 |
| 10 Sheregi, Miroslava | JR | Patriots | 29-08.75 |
| 11 Hoffman, Julie | JR | Acchs | 29-04.00 |
| 12 Miller, Kendall | SO | Eas | 28-11.75 |
| 13 Smith, Cydnee | SR | Dieruff | 28-05.00 |
| 14 Talib, Kamila | JR | ALL | 28-02.50 |
| 15 Garza, Taylor | JR | Patriots | 27-08.50 |
| 16 Kaiser, Karly | SO | Eas | 26-03.00 |
| 17 Jallah, Faith | JR | Liberty | 25-04.75 |

Event 60 Girls 1600 Meter Run Lehigh Valley

| Name | Yr | School | Finals |
|-----------------|----|--------|---------|
| Finals | | | |
| 1 Bacher, Katie | SO | Emmaus | 5:13.36 |

| | | | |
|------------------------|----|-----------|---------|
| 2 Hammerstone, Diana | SO | Eas | 5:15.60 |
| 3 Palmer, Shaina | JR | Patriots | 5:18.34 |
| 4 Gallagher, Lyndsey | FR | NOR | 5:20.08 |
| 5 McCarthy, Mandy | SR | Emmaus | 5:22.29 |
| 6 Yocco, Cassandra | SO | BC | 5:24.29 |
| 7 Stoudt, Mikayla | SO | Parkland | 5:25.66 |
| 8 Kochmaruk, Raisa | FR | Liberty | 5:26.29 |
| 9 Repsher, Alyssa | FR | Eas | 5:26.83 |
| 10 Daday, Colleen | SO | Acchs | 5:27.15 |
| 11 Reinbold, Jaclyn | JR | Emmaus | 5:29.77 |
| 12 DelVecchio, Sydney | FR | Parkland | 5:30.77 |
| 13 Brand, Emily | JR | Whitehall | 5:31.42 |
| 14 Childs, Willow | SO | Dieruff | 5:38.04 |
| 15 Keightley, Emma | FR | Emmaus | 5:42.25 |
| 16 Tarnowski, Bridget | SO | Patriots | 5:43.42 |
| 17 Gregory, Sabrina | JR | Nazareth | 5:44.57 |
| 18 Pepe, Rowan | FR | BC | 5:45.00 |
| 19 Leight, Cassidy | SO | Emmaus | 5:45.93 |
| 20 Smith, Carly | JR | Parkland | 5:50.31 |
| 21 Burkholder, Shannon | SO | Emmaus | 5:51.38 |
| 22 Nelson, Nicole | JR | Liberty | 5:52.52 |
| 23 Leszcynski, Mikala | FR | Nazareth | 5:58.22 |

Event 61 Boys 1600 Meter Run Lehigh Valley

| Name | Yr | School | Finals |
|-----------------------|----|-----------|---------|
| Finals | | | |
| 1 Abert, Colin | JR | Eas | 4:19.71 |
| 2 Paradise, Ryan | SO | Emmaus | 4:29.38 |
| 3 Schneck, Calvin | SO | Whitehall | 4:29.43 |
| 4 Lamm, Gabe | JR | Whitehall | 4:32.43 |
| 5 Fitch, Alex | JR | Liberty | 4:33.32 |
| 6 Vaughan, Chris | SO | Acchs | 4:37.03 |
| 7 Kelly, Chris | SR | Patriots | 4:37.91 |
| 8 Lapsansky, Kevin | SO | Eas | 4:39.43 |
| 9 Frank, Jordan | SR | Emmaus | 4:39.44 |
| 10 Sherman, Greg | SO | Eas | 4:40.20 |
| 11 Newman, Grant | JR | Parkland | 4:42.94 |
| 12 Kyvelos, Daniel | SO | Parkland | 4:43.40 |
| 13 Campbell, Nickolas | JR | NOR | 4:43.86 |
| 14 Burke, Brendan | SO | Parkland | 4:46.78 |
| 15 Alpaugh, William | SO | Patriots | 4:46.96 |
| 16 Vierling, Kile | SR | Emmaus | 4:48.61 |
| 17 Anchorstar, Jacob | JR | Parkland | 4:52.47 |
| 18 Masemore, Will | JR | Liberty | 4:52.97 |
| 19 Ceh, Jonathan | SO | Parkland | 4:54.21 |
| 20 Koch, Logan | FR | Eas | 4:56.13 |
| 21 Hartzell, Noah | SR | Nazareth | 5:02.01 |
| 22 Jones, Patrick | FR | Nazareth | 5:05.93 |

Event 62 Girls 400 Meter Dash Lehigh Valley

| Name | Yr | School | Finals |
|--------------------|----|----------|---------|
| Finals | | | |
| 1 Brosky, Hanna | SR | Emmaus | 58.11 |
| 2 Reed, Ashley | SR | Eas | 1:00.25 |
| 3 Stitzer, Allyson | SO | Nazareth | 1:00.60 |
| 4 Tucker, Megan | SR | BC | 1:01.36 |

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Finals ... (Event 62 Girls 400 Meter Dash Lehigh Valley)

| Name | Yr | School | Finals |
|------------------------|----|-----------|---------|
| 5 Wilcox, Emily | FR | Parkland | 1:01.82 |
| 6 Bross, Erica | JR | Parkland | 1:02.17 |
| 7 McDonald, Morgan | FR | Eas | 1:02.31 |
| 8 Sterner, Lauren | SO | NOR | 1:02.82 |
| 9 Weaver, morgan | FR | Patriots | 1:03.07 |
| 10 Hollawell, Emma | JR | Acchs | 1:03.23 |
| 11 King, Sarah | SO | Liberty | 1:03.74 |
| 12 Cardwell, Judea | JR | Eas | 1:03.77 |
| 13 Gallina, Anna | SO | Whitehall | 1:04.42 |
| 14 Durnin, Jessica | FR | Nazareth | 1:04.99 |
| 15 Guetzlaff, Jennifer | SO | Parkland | 1:05.20 |
| 16 Sopko, Alyssa | JR | Emmaus | 1:05.46 |
| 17 Manjarrez, Cristen | SR | Parkland | 1:05.47 |
| 18 Denger, Elana | SR | Nazareth | 1:05.82 |
| 19 George, Olivia | FR | Eas | 1:06.25 |
| 20 Dallam, Jade | FR | Liberty | 1:06.35 |
| 21 Bickel, Chelsey | SR | Parkland | 1:07.07 |
| 22 Frias, Laura | JR | Dieruff | 1:13.73 |

Event 63 Boys 400 Meter Dash Lehigh Valley

| Name | Yr | School | Finals |
|-------------------------|----|-----------|--------|
| 1 Johnson, Marlon | JR | Nazareth | 50.76 |
| 2 Geiger, Curtis | SR | Emmaus | 51.38 |
| 3 Maxwell, Colton | SO | NOR | 51.57 |
| 4 Liaci, Julian | FR | Nazareth | 51.89 |
| 5 Flatts, Anthony | JR | Patriots | 51.93 |
| 6 Falcon, Jean | SR | Whitehall | 52.88 |
| 7 Bianco, Mathew | SO | Parkland | 53.01 |
| 8 Susko, Tim | SO | Acchs | 53.22 |
| 9 Schnabel, Ryan | SR | Acchs | 54.05 |
| 10 Koehler, Kurt | SR | Whitehall | 54.10 |
| 11 Rivera, Alexander | JR | Patriots | 54.22 |
| 12 Rehrig, Chris | SR | NOR | 54.50 |
| 13 Ebersole, Chris | JR | Liberty | 54.51 |
| 14 Twigg, Ben | JR | Acchs | 54.66 |
| 15 Sanders, Donovan | FR | Eas | 54.76 |
| 16 Henn, Jared | SO | Nazareth | 54.77 |
| 17 Albright, Michael | SO | Parkland | 55.67 |
| 18 Maitski, Christopher | FR | Parkland | 55.71 |
| 19 Bermudez, Keauneau | JR | Liberty | 56.03 |
| 20 Jaindl, Greg | SO | Emmaus | 56.52 |
| 21 Hernandez, Johansen | JR | Dieruff | 58.08 |
| 22 Alexander, Jahvanne | FR | ALL | 58.63 |

Event 64 Girls 4x100 Meter Relay Lehigh Valley

| Team | Relay | Finals |
|-------------------------|------------------------|--------|
| 1 Emmaus | | 48.63 |
| 1) Wetherhold, Annae SR | 2) Boothman, Chanel SR | |
| 3) Blunt, Amber SR | 4) Hannis, Devyn SR | |
| 2 Easton | | 49.64 |

| | | |
|-------------------------|----------------------------|--|
| 3 Whitehall | 50.33 | |
| 1) Krayee, Decontee JR | 2) Cunningham, Kourtney JR | |
| 3) Cunningham, Kylee FR | 4) Pizarro, Arianie SR | |
| 4 Liberty | 50.55 | |
| 5 Bethlehem Catholic | 51.13 | |
| 6 Parkland | 53.11 | |
| 1) Brown, Olivia SR | 2) Hudson, Chelsea FR | |
| 3) Luchansky, Emily SR | 4) Reed, Grace FR | |
| 7 Nazareth | 54.85 | |
| 1) Denger, Elana SR | 2) Dickenson, Toni-Ann SR | |
| 3) Hill, Carrie SR | 4) Marchese, Abigail SO | |
| 8 Freedom | 56.69 | |

Event 65 Boys 4x100 Meter Relay Lehigh Valley

| Team | Relay | Finals |
|------------------------|--------------------------|--------|
| 1 Bethlehem Catholic | | 43.04 |
| 2 Dieruff | | 43.26 |
| 3 Easton | | 44.01 |
| 4 William Allen | | 45.01 |
| 5 Freedom | | 45.76 |
| 6 Northampton | | 46.14 |
| 7 Acchs | | 46.30 |
| 1) Ferrell, Darnell FR | 2) Schnabel, Ryan SR | |
| 3) Rivas, Isaiah FR | 4) Salvador, Jonathan SO | |

Event 66 Girls 800 Meter Run Lehigh Valley

| Name | Yr | School | Finals |
|-----------------------|----|-----------|---------|
| 1 Brosky, Hanna | SR | Emmaus | 2:17.77 |
| 2 George, Alexandra | JR | Eas | 2:20.53 |
| 3 Stella, Angela | SR | Whitehall | 2:20.60 |
| 4 Snyder, Haven | FR | Nazareth | 2:21.92 |
| 5 Bacher, Katie | SO | Emmaus | 2:23.52 |
| 6 Cardwell, Judea | JR | Eas | 2:24.39 |
| 7 Anderson, Devyn | FR | Parkland | 2:25.52 |
| 8 Reinbold, Jaclyn | JR | Emmaus | 2:28.07 |
| 9 Santy, Brooke | SO | Eas | 2:29.56 |
| 10 Santone, Alyxandra | JR | ALL | 2:29.58 |
| 11 Cassel, Shannon | JR | Parkland | 2:30.54 |
| 12 Sterner, Lauren | SO | NOR | 2:30.97 |
| 13 DeAngelo, Zoe | FR | Nazareth | 2:31.11 |
| 14 Dorner, Alexandra | SO | Whitehall | 2:31.21 |
| 15 Bray, Kristen | JR | Emmaus | 2:32.28 |
| 16 Eder, Cassandra | SO | Parkland | 2:33.32 |
| 17 Valladares, Naomi | JR | Liberty | 2:33.39 |
| 18 McDonald, Morgan | FR | Eas | 2:33.81 |
| 19 Thoet, Anna | JR | Emmaus | 2:34.57 |
| 20 Bernsdorf, Johanna | SR | Nazareth | 2:34.93 |
| 21 Manjarrez, Cristen | SR | Parkland | 2:34.96 |
| 22 Melhem, Margaret | JR | BC | 2:38.21 |

Event 67 Boys 800 Meter Run Lehigh Valley

| Name | Yr | School | Finals |
|-------------------|----|----------|---------|
| 1 Kopach, Michael | SR | Nazareth | 1:59.62 |

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Finals ... (Event 67 Boys 800 Meter Run Lehigh Valley)

| Name | Yr | School | Finals |
|----------------------|----|-----------|---------|
| 2 Frisch, Andrew | JR | Whitehall | 2:00.40 |
| 3 Betts, Ryan | JR | Eas | 2:01.05 |
| 4 Marrero, Roberto | SR | Liberty | 2:01.26 |
| 5 Waterman, Kevin | SR | Emmaus | 2:01.44 |
| 6 Shaffer, Matthew | SO | BC | 2:01.69 |
| 7 Paradise, Ryan | SO | Emmaus | 2:01.98 |
| 8 Stinner, Ethan | SR | Acchs | 2:04.18 |
| 9 Jaindl, Greg | SO | Emmaus | 2:05.13 |
| 10 Duignam, Daniel | JR | Nazareth | 2:05.20 |
| 11 Fernandez, Kiante | SR | ALL | 2:05.34 |
| 12 Collins, Paul | SR | Nazareth | 2:06.03 |
| 13 Belony, Sam | FR | Liberty | 2:06.68 |
| 14 Boychuck, Reece | SR | Parkland | 2:06.74 |
| 15 Maymon, Bar | FR | Parkland | 2:07.79 |
| 16 Tacca, Joshua | SR | Parkland | 2:08.22 |
| 17 Newman, Grant | JR | Parkland | 2:09.13 |
| 18 Faust, Justin | SR | Nazareth | 2:12.05 |
| 19 Sherman, Greg | SO | Eas | 2:12.50 |
| 20 Pluchinsky, Brian | | Whitehall | 2:16.13 |

Event 68 Girls 4x400 Meter Relay Lehigh Valley

| Team | Relay | Finals |
|----------------------------|------------------------|---------|
| Finals | | |
| 1 Nazareth | | 4:05.07 |
| 1) Buczek, Catherine SR | 2) Durnin, Jessica FR | |
| 3) Snyder, Haven FR | 4) Stitzer, Allyson SO | |
| 2 Emmaus | | 4:07.52 |
| 1) Wetherhold, Annae SR | 2) Sopko, Alyssa JR | |
| 3) Blunt, Amber SR | 4) Brosky, Hanna SR | |
| 3 Easton | | 4:08.14 |
| 4 Parkland | | 4:08.93 |
| 1) Anderson, Devyn FR | 2) Bross, Erica JR | |
| 3) Cassel, Shannon JR | 4) Wilcox, Emily FR | |
| 5 Bethlehem Catholic | | 4:09.66 |
| 6 Whitehall | | 4:17.82 |
| 1) Cunningham, Kourtney JR | 2) Gallina, Anna SO | |
| 3) Holland, Alyssa SO | 4) Stella, Angela SR | |
| 7 Liberty | | 4:18.58 |
| 8 Freedom | | 4:33.41 |
| 9 Acchs | | 4:41.12 |
| 1) Geis, Emmy JR | 2) Heffner, Hope SO | |
| 3) Hollawell, Emma JR | 4) Stein, Bridget SO | |

Event 69 Boys 4x400 Meter Relay Lehigh Valley

| Team | Relay | Finals |
|------------------------|------------------------|---------|
| Finals | | |
| 1 Nazareth | | 3:26.80 |
| 1) Johnson, Marlon JR | 2) Kopach, Michael SR | |
| 3) Liaci, Julian FR | 4) Taylor, Carter SR | |
| 2 Bethlehem Catholic | | 3:27.84 |
| 3 Easton | | 3:30.36 |
| 4 Parkland | | 3:30.46 |
| 1) Hawkins, Joseph JR | 2) Tempro, Connor FR | |
| 3) Szewczak, Daniel JR | 4) Williams, Kareem SR | |

| | | |
|----------------------|-----------------------|---------|
| 5 Freedom | | 3:34.83 |
| 6 Liberty | | 3:36.11 |
| 7 Northampton | | 3:36.99 |
| 8 Acchs | | 3:38.01 |
| 1) Twigg, Ben JR | 2) Susko, Tim SO | |
| 3) Schnabel, Ryan SR | 4) Pisko, Josh SR | |
| 9 Emmaus | | 3:45.58 |
| 1) Geiger, Curtis SR | 2) Jaindl, Greg SO | |
| 3) Fritz, John SO | 4) Waterman, Kevin SR | |
| 10 William Allen | | 3:47.64 |

Event 70 Boys Long Jump Lehigh Valley

| Name | Yr | School | Finals |
|-----------------------------|----|-----------|----------|
| Finals | | | |
| 1 Jones, Darius | JR | Liberty | 22-03.00 |
| 2 Leaser, Paul | JR | Acchs | 21-04.00 |
| 3 Harrison, Kyleem | SR | Whitehall | 20-11.50 |
| 4 Cook, Nicholas | SR | NOR | 20-05.00 |
| 5 Baez, Rodolfo | JR | Dieruff | 20-02.50 |
| 6 Reimert, Dayvon | SO | Liberty | 20-02.00 |
| 7 Santone, Lucas | JR | ALL | 19-11.00 |
| 7 Todd, Greg | SR | Emmaus | 19-11.00 |
| 9 Lienhard, Matt | JR | Acchs | 19-10.50 |
| 10 Avalos, Samuel | SO | Nazareth | 19-09.50 |
| 11 Cary, Isaiah | SR | Whitehall | 19-09.00 |
| 11 Gonzalez, Victor | JR | Patriots | 19-09.00 |
| 13 Brown-Andriulli, Dominic | SO | Whitehall | 19-06.00 |
| 14 Maxwell, Colton | SO | NOR | 19-04.50 |
| 15 Fineran, Elijah | SO | BC | 19-03.50 |
| 16 Kappes, Jacob | SR | Parkland | 18-07.00 |
| 17 Williams, Jonathan | JR | ALL | 17-00.50 |

Event 71 Boys Javelin Throw Lehigh Valley

| Name | Yr | School | Finals |
|----------------------|----|-----------|--------|
| Finals | | | |
| 1 Ziegenfuss, Derek | JR | Parkland | 180-02 |
| 2 Laird, Stephen | SR | Parkland | 173-08 |
| 3 Hassler, Nicholas | JR | Parkland | 171-03 |
| 4 Nejad, Nicholas | SR | Whitehall | 163-09 |
| 5 Hunt, Ryan | SR | Parkland | 160-03 |
| 6 Clearie, Casey | JR | Liberty | 154-11 |
| 7 Sakitis, Chase | JR | Liberty | 141-04 |
| 8 Wilson, Kelsey | SR | Eas | 139-04 |
| 9 Reed, Alex | JR | Parkland | 137-02 |
| 10 Mitton, Alexander | SR | Parkland | 135-01 |
| 11 Howett, Scott | SR | Whitehall | 134-06 |
| 12 Murphy, Joel | JR | Emmaus | 132-05 |
| 13 Ciza, Eric | SO | Liberty | 130-09 |
| 14 Werkheiser, Jacob | SO | Nazareth | 125-11 |
| 15 Marinelli, Ty | JR | NOR | 121-02 |
| 16 Hyland, John | SR | Emmaus | 117-10 |

Event 72 Girls High Jump Lehigh Valley

| Name | Yr | School | Finals |
|----------------|----|----------|---------|
| Finals | | | |
| 1 Meade, Emily | SR | Nazareth | 5-04.00 |

2014 Colonial League Meet - 5/6/2014 to 5/7/2014

Whitehall High School

Results

Finals ... (Event 72 Girls High Jump Lehigh Valley)

| Name | Yr | School | Finals |
|----------------------|----|-----------|----------|
| 2 Hoffman, Julie | JR | Acchs | 5-00.00 |
| 3 Buckley, Savannah | SR | Eas | J5-00.00 |
| 4 Filipovits, Erica | SR | NOR | J5-00.00 |
| 5 Jones, Ivana | SO | Whitehall | 4-10.00 |
| 6 Joyce, Lauren | SR | Acchs | J4-10.00 |
| 7 Justus, Maria | SR | Emmaus | J4-10.00 |
| 8 Alston, Alnisa | SO | Eas | J4-10.00 |
| 9 Sherwin, Morgan | FR | Parkland | 4-08.00 |
| 10 Schutter, Jordan | SO | Parkland | J4-08.00 |
| 10 Kreglow, Jillian | SO | Whitehall | J4-08.00 |
| 10 Benson, Danica | SR | Emmaus | J4-08.00 |
| 13 Nelson, Beth | JR | Liberty | J4-08.00 |
| 14 Wolf, Darcy | JR | Acchs | 4-06.00 |
| 14 Pinter, Katie | FR | Liberty | 4-06.00 |
| 16 Helmer, Cassandra | SO | Parkland | J4-06.00 |

Event 73 Boys Shot Put Lehigh Valley

| Name | Yr | School | Finals |
|-----------------------|----|-----------|----------|
| 1 Lucci, Angelo | SR | Acchs | 49-07.00 |
| 2 Vereen, Denzel | SR | Liberty | 48-03.75 |
| 3 Sutton, Brian | SO | Dieruff | 43-10.50 |
| 4 Aboulhouda, Michael | JR | Parkland | 43-02.50 |
| 5 Velasco, Daniel | JR | Emmaus | 42-05.00 |
| 6 Wagner, Tom | JR | Emmaus | 42-04.50 |
| 7 Muller, Zachary | JR | Emmaus | 41-04.25 |
| 8 Sharo, Frank | SR | Nazareth | 41-02.50 |
| 9 Kerchner, Jake | SR | Whitehall | 40-04.00 |
| 10 Heinrich, Adam | SR | Nazareth | 39-08.00 |
| 11 Barber, David | SR | Parkland | 38-11.50 |
| 12 Werkheiser, Nico | SR | Liberty | 38-10.75 |
| 13 Duggan, Jaohne | FR | Liberty | 38-09.00 |
| 14 Soltis, Derek | SR | Parkland | 38-06.00 |
| 15 Juma, Bradley | SR | Liberty | 37-06.00 |

Event 74 Girls Javelin Throw Lehigh Valley

| Name | Yr | School | Finals |
|----------------------|----|-----------|--------|
| 1 Marth, Hannah | JR | NOR | 117-00 |
| 2 Capuano, Nicole | SR | Liberty | 109-09 |
| 3 Zamolyi, Tessie | 9 | BC | 104-11 |
| 4 Saraceni, Natalie | JR | Whitehall | 103-11 |
| 5 Pachter, Erin | SR | Eas | 101-05 |
| 6 Cressman, Anna | JR | Emmaus | 93-06 |
| 7 Capuano, Jennifer | JR | Patriots | 93-01 |
| 8 Haberbosch, Kayla | SR | Parkland | 91-09 |
| 9 Huber, Vanessa | SO | Emmaus | 90-01 |
| 10 Carbone, Molly | SO | Acchs | 89-09 |
| 11 Laird, Rachel | FR | Parkland | 89-00 |
| 12 Taglang, Terese | SO | BC | 88-03 |
| 13 Medina, Brianna | JR | Liberty | 87-06 |
| 14 Morgan, Alexis | SR | NOR | 87-04 |
| 15 Hemingway, Meghan | SO | NOR | 83-11 |
| 16 Perosa, Avery | SO | Parkland | 81-07 |

17 Kriz, Shannon SR Parkland 77-08

Event 75 Girls Triple Jump Lehigh Valley

| Name | Yr | School | Finals |
|------------------------------|----|-----------|-----------|
| 1 Filipovits, Erica | SR | NOR | 35-03.00 |
| 2 Horn, Allison | SR | NOR | J35-03.00 |
| 3 Posch, Lauren | SR | BC | 35-02.50 |
| 4 Fink, Alex | JR | Acchs | 34-03.50 |
| 5 Meade, Emily | SR | Nazareth | 34-03.00 |
| 6 McFarland, Julia | SO | Nazareth | 33-06.00 |
| 7 Sterner, Lauren | SO | NOR | 33-04.50 |
| 7 Hoffman, Julie | JR | Acchs | 33-04.50 |
| 7 Heess, Lauren | JR | Liberty | 33-04.50 |
| 10 Hendricks, Jessica | FR | NOR | 32-08.00 |
| 10 Tanczos, Rachel | FR | BC | 32-08.00 |
| 12 Foose, Erika | SO | Parkland | 32-07.50 |
| 13 Roberts, Anna-Patrice | FR | Eas | 32-02.00 |
| 14 Walters, Olivia | SR | NOR | 31-09.50 |
| 15 Hamscher, Taylor | JR | Whitehall | 31-08.50 |
| 16 Mellen-Fontanelli, Lunder | FR | Nazareth | 31-01.50 |
| 17 Webber, Smantha | SO | Parkland | 31-01.00 |

Women - Colonial Valley - Team Rankings - 18 Events Scored

| | |
|---------------------------|-------|
| 1) Northwestern Lehigh | 148.5 |
| 2) Southern Lehigh | 101 |
| 3) Salisbury | 86 |
| 4) Wilson | 65 |
| 5) Palisades | 62 |
| 6) Palmerton Blue Bombers | 57.5 |
| 7) Notre Dame | 48.5 |
| 8) Bangor | 45 |
| 9) Saucon Valley | 40 |
| 10) Catasauqua | 17 |
| 11) Pen Argyl | 16.5 |
| 12) Northern Lehigh | 14 |

Women - Lehigh Valley - Team Rankings - 18 Events Scored

| | |
|-------------------------------|-----|
| 1) Emmaus | 137 |
| 2) Easton | 118 |
| 3) Liberty | 82 |
| 4) Nazareth | 78 |
| 5) Northampton | 73 |
| 6) Parkland | 57 |
| 7) Whitehall | 42 |
| 7) Allentown Central Catholic | 42 |
| 9) Bethlehem Catholic | 28 |
| 10) Freedom | 24 |
| 11) Dieruff | 19 |
| 12) William Allen | 2 |

Men - Colonial Valley - Team Rankings - 18 Events Scored

| | |
|---------------------------|-------|
| 1) Palmerton Blue Bombers | 140 |
| 2) Northwestern Lehigh | 129.5 |
| 3) Bangor | 83 |
| 4) Wilson | 78.5 |
| 5) Notre Dame | 74 |
| 6) Southern Lehigh | 52 |

2014 Colonial League Meet - 5/6/2014 to 5/7/2014**Whitehall High School****Results**

| | | | |
|---|----|-------------------------------|-------|
| 7) Salisbury | 51 | 9) Pen Argyl | 24.5 |
| 8) Catasauqua | 35 | 10) Northern Lehigh | 20.5 |
| | | 11) Palisades | 9 |
| | | 12) Saucon Valley | 4 |
| <hr/> | | | |
| Men - Lehigh Valley - Team Rankings - 18 Events Scored | | | |
| <hr/> | | | |
| | | 1) Parkland | 112.5 |
| | | 2) Whitehall | 94 |
| | | 3) Nazareth | 86 |
| | | 4) Liberty | 81 |
| | | 5) Easton | 68 |
| | | 6) Emmaus | 57.5 |
| | | 7) Bethlehem Catholic | 57 |
| | | 8) Allentown Central Catholic | 43.5 |
| | | 9) Northampton | 35 |
| | | 10) Dieruff | 34 |
| | | 11) Freedom | 25 |
| | | 12) William Allen | 6.5 |