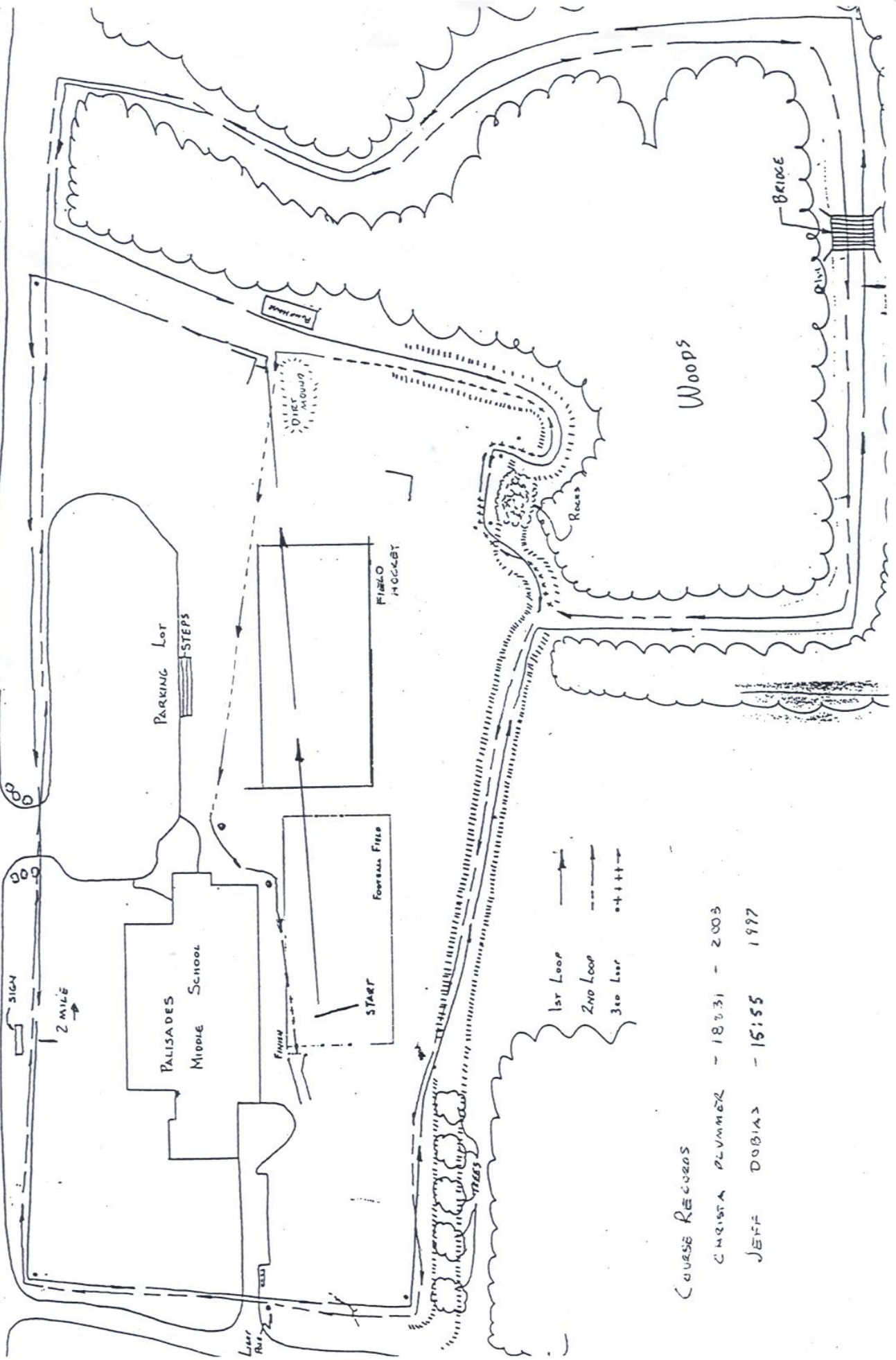


# PALISADES X-C COURSE

3.1 MILES

ROUTE 412

Rt. 412



COURSE RECORDS

CHRISTA PLUMMER - 18:31 - 2003

JEFF DOBIAS - 15:55 1977