

**COLONIAL LEAGUE BASEBALL**  
**RULES AND REGULATIONS**

1. Field conditions must be adequate. Good playing conditions should prevail.
2. The official baseball used by League schools shall meet National Federation Specifications.
3. Pregame practice should permit 30 minutes for home team and then 30 minutes for visitors.
4. A game shall be seven (7) innings in length.
5. First and third base coaching shall be done by eligible members of the team or by the coaches who must be in full uniform.
6. Night games may be scheduled by mutual agreement of both schools.
7. Ground Rules - It is recommended that the home team prepare written ground rules. The home team will review ground rules with the visiting team and umpires prior to the start of the game.
8. Play-offs should be played on a neutral field. A site and date shall be determined by the League Officials.
9. Coaches must submit a complete roster at home plate before the start of the game, including first and last names of all players.
10. The Colonial League prohibits the use of tobacco and/or tobacco products by participating and non-participating team personnel, including coaches, during any interscholastic athletic contest at any level of interscholastic athletic competition.
11. It is recommended that coaches wait up to 30 minutes after the regulation start time to permit the arrival of the assigned number of officials, unless agreement is reached between the two opposing head coaches to commence the game prior to the thirty minutes with fewer officials. The game shall begin no later than thirty minutes following the regulation start time with official(s) present.

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Miscellaneous

- |                   | <u>Saturdays</u> | <u>Evenings</u> | <u>Afternoons</u> |
|-------------------|------------------|-----------------|-------------------|
| 1. Starting Times | 1:00 p.m.        | 7:00 p.m.       | 4:00p.m.          |
2. Rule - Home team is required to call the game summaries to the Express-Times, Morning Call, and Lehighon Times-News.
  3. All-Star selections:
    - a. Coaches are requested to submit their nominees and statistics of each nominee under consideration to the school that heads the baseball committee.
    - b. Once these are received, these names are listed in alphabetical order by position. A Designated Hitter is considered a position for these purposes. A player may be nominated for more than one position.
    - c. At the conclusion of the season a Coaches' Meeting is held, at which time these nominees are presented to the coaches in attendance and voted upon.
    - d. According to the revised system (adopted in 2002, the coaches will be asked to vote for **four pitchers, six outfielders, one designated hitter, and two infielders from each of those positions.**
    - e. Athletes with the most votes in each position are considered *First Team*, the second highest number of votes will be designated *Second Team*, and all remaining nominated players will receive *Honorable Mention* status.
    - f. Only first team players will receive plaques from the league.
    - g. Coaches will then nominate and vote on the Colonial League MVP. The coaches have agreed to assume the cost of the MVP Award.