

School Name: Palisades School District
School Address: 35 Church Hill Road
Kintnersville, PA 18930
School Phone: (610) 847-5131
School FAX: (610) 847-2562
School Web Address: www.palisadesd.org

POSITION	NAME	EMAIL ADDRESS
H.S. Principal	Richard Heffernan	rheffernan@palisadesd.org
Athletic Director	Rebecca George	rgeorge@palisadesd.org
Atheltic Office Secretary	Tammy Labant	tlabant@palisadesd.org
Athletic Trainer	Amy Delahaut	chealth@palisadesd.org
Band Director	Nate Kirby	nkirby@palisadesd.org

SPORT / POSITION	NAME	EMAIL ADDRESS
Baseball (Head)	Barry Serfass	tserfass4@verizon.net
Baseball (Asst.)	Tom Poynton	thomaspoynton@yahoo.com
Baseball (JV)	Garry Greim	garry-greim-jr@merck.com

Basketball (Boy's Head)	Mike Viglianti	vigliantm@eastonsd.org
Basketball (Boy's JV)	Dion Myers	
Basketball (Asst.)	Mike Viglianti, Jr.	
Basketball (Boy's JH)	Richard Spering	rspering@palisadesd.org
Basketball (Boy's MS)	Bob Saltern	
Basketball (Boy's Asst. MS)	Eric Holden	eric.holden@sju.edu

Basketball (Girl's Head)	Robert Ruggeri	ruggerir@eastonsd.org
Basketball (Asst.)	Joy Wolf	joyw@remax440.com
Basketball (Girl's JV)	TBD	
Basketball (Girl's JH)	TBD	
Basketball (Girl's MS)	James Danko	jdankp@penncolor.com
Basketball (Girl's Asst. MS)	Robert Noonan	lookovernoonaus@aol.com

Cheering (Fall Head)	Dawn Snyder	dsnyder@palisadesd.org
Cheering (Fall Asst.)	Sandra Wallace	sdw72212354@hotmail.com
Cheering (Fall Asst.)	Christina Mackie	
Cheering (Winter Head)	Dawn Snyder	dsnyder@palisadesd.org
Cheering (Winter Asst.)	Sandra Wallace	sdw72212354@hotmail.com
Cheering (Winter Asst.)	Christina Mackie	
Cross Country (Head)	Thomas Brader	tbrader@qcsd.org
Cross Country (Asst.)	Scott Antoni	santoni@palisadesd.org
Field Hockey (Head)	Pam Cianni	pcianni@palisadesd.org
Field Hockey (Asst.)	Sarah Loux	harlan9@hotmail.com
Field Hockey (JV)	Tammy Labant	tlabant@palisadesd.org
Field Hockey (MS)	TBD	
Field Hockey (Asst. MS)	TBD	
Football (Head)	Brian Gilbert	bgilbert@palisadesd.org
Football (Asst.)	Kevin Ronalds	kronalds@palisadesd.org
Football (Asst.)	Tom Toth	totht@bnet1.bangorsd.org
Football (Asst.)	Clyde Freeman	Cfreeman@northamptoncounty.org
Football (Asst.)	Neil Jesowoski	njesiolowski@wehrungs.com
Football (Asst.)	Keith Varga	varga10@yahoo.com
Football (Asst.)	Tom Toth	thomas_toth@baxter.com
Football (Asst.) (JV)	Jim Perkins	j.e.perk@rcn.com
Football (Asst.) (MS)	John Rimmer	rimmer@epix.net
Football (Asst.) (MS)	Tom Rimmer	
Golf	N/A	
Boy's Soccer (Head)	Dennis Gluck	dgluck@palisadesd.org
Boy's Soccer (Asst.)	Jeremy Wolf	jwolf@palisadesd.org
Boy's Soccer (JV)	Martin Quirin	
Boy's Soccer (MS)	Wayne Moninghoff	pwmoning@localnet.com

Girl's Soccer (Head)	Mark Chilton	mchilton@palisadesd.org
Girl's Soccer (JV)	Joy Wolf	joyw@remax440.com
Girl's Soccer (MS)	Pete Becker	
Softball (Head)	Michelle Borzok	mborzok@palisadesd.org
Softball (Asst.)	Sandy Young	syoung@palisadesd.org
Softball (JV)	Katerine Lunger	klunger@palisadesd.org
Softball (MS)	Mike Reimbold	mfrnbold@epix.net
Softball (MS)	Susan Schneyer	mkdane0515@hotmail.com
Boy's Tennis (Head)	Jerry Fritz	jfritz@epix.net
Boy's Tennis (JV)	TBD	
Girl's Tennis (Head)	Jerry Fritz	jfritz@epix.net
Girl's Tennis (JV)	TBD	
Track & Field (Head Boy's)	Scott Antoni	santoni@palisadesd.org
Track & Field (Head Girl's)	Scott Antoni	santoni@palisadesd.org
Track & Field (Asst.)	Thomas Brader	tbrader@qcsd.org
Track & Field (Asst.)	Dawn Snyder	dsnyder@palisadesd.org
Track & Field (Asst.)	Kristin Avagliano	kavagliano@palisadesd.org
Track & Field (MS)	Robert Schlegel Jr.	rschlegel@palisadesd.org
Track & Field (MS)	Grant Broach	gbroach74@verizon.net
Track & Field (MS)	Pam Flesher	pflesher@palisadesd.org
Wrestling (Head)	Omar Porrata	oporrata@bethsd.org
Wrestling (Asst.)	James Quintana	jquintana@bethsd.org
Wrestling (Asst.)	TBD	
Wrestling (Asst.)	Ricci Bass	
Wrestling (JH)	Robert Schlegel Jr.	rschlegel@palisadesd.org
Wrestling (Asst. JH)	TBD	